

Immediate and Early Loading of Oxidized Tapered Implants in the Partially Edentulous Maxilla: A 1-Year Prospective Clinical, Radiographic, and Resonance Frequency Analysis Study

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ABSTRACT

Background: The use of immediate/early implant loading protocols offers obvious advantages for the patient. Although well documented in the totally edentulous mandible, information about clinical outcomes from such protocols in the partially edentate maxilla is lacking.

Purpose: The present study was conducted to clinically and radiographically evaluate a tapered implant design with an oxidized surface for immediate/early loading in the partially edentulous maxilla. The aim was also to correlate implant stability measurements using resonance frequency analysis (RFA) with implant diameter and length, bone quality and quantity, and marginal bone levels and marginal bone loss.

Materials and Methods: A total of 32 patients with a need of implant treatment in their partially edentulous maxilla were included in the study. A total of 53 Replace Select TiUnite™ implants (Nobel Biocare AB, Göteborg, Sweden) were used in the study; 16 for single tooth replacements in 16 patients and 37 implants for partial bridges in another 16 patients. The single tooth replacements were loaded the same day with a temporary crown, while permanent partial bridges were delivered within 16 days. Intraoral radiographs were taken at surgery and after 1 year for marginal bone measurements. RFA measurements were performed at baseline and after 3, 6, and 12 months.

Results: One implant used for a single tooth replacement failed, giving an overall survival rate of 98.1% after 1 year. On average, 1.1 mm (SD 1.0) bone was lost during 1 year; 1.5 mm (SD 1.0) in single tooth and 0.9 mm (SD 1.0) in partial cases. The implant stability increased with time from 63.3 implant stability quotient (ISQ) (SD 6.1) at baseline to 64.3 (SD 5.3), 65.0 (SD 4.6), and 66.8 (SD 5.6) after 3, 6, and 12 months, respectively. The average change from baseline to 1 year was 3.3 ISQ (SD 5.0) and was statistically significant ($p < .05$). There was no difference between single and partial cases. Implant stability correlated with bone quantity and quality at implant sites, but not with marginal bone level measurements.

Conclusions: It is concluded that immediate/early loading can be used in the partially edentulous maxilla with good clinical and radiographic short-term outcomes. Implant stability at placement correlated with bone quantity and quality, and increased with time as measured with RFA, indicating a favorable bone tissue response to the loaded implants. Any correlations between RFA and marginal bone level measurements were not observed in the present study.

KEY WORDS: clinical study, dental implants, partially edentulous maxilla, radiography, resonance frequency analysis

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An increasing number of published studies and reports on scientific meetings indicate that one-stage surgery and early/immediate loading of dental implants is a feasible concept for prosthetic rehabilitation of the edentulous patient.¹⁻³ However, in a review of the literature, Attard and Zarb⁴ concluded that such procedures are well documented in the totally edentulous mandible, but that studies are still lacking on other

indications, although promising outcomes have been reported.

In the past, most investigators used implants with a machined, minimally rough surface which, in good bone qualities, seems to result in similar high survival rates as previously reported for two-stage procedures. However, with this implant surface, the clinical documentation also points to an increased risk of failure in certain situations: (1) soft bone,^{5,6} (2) occlusal loading,⁵ (3) single tooth replacements,⁶⁻⁸ and (4) implants placed in extraction sockets.^{6,9} The data indicate that impaired biomechanics, that is, low degree of stability and high relative loading, may lead to failure, at least with the machined surface.

The use of resonance frequency analysis (RFA) has been suggested for identification of implants/patients suitable for immediate loading.^{3,10-13} Östman and colleagues^{3,13} used a primary stability value of 60 implant stability quotient (ISQ) as a threshold value for immediate loading. Glauser and colleagues¹¹ demonstrated a continuous decrease of stability until clinical failure for immediately loaded implants that were lost during 1 year in function, in spite of high primary stability. In a dog model, Sennerby and colleagues¹⁴ demonstrated a correlation between marginal bone loss and implant stability. Together, these findings indicate that repeated measurements of implant stability during clinical function may be used to identify implants at risk for failure.

It is well known from experimental research that modification of the implant surface by, for instance, blasting, etching, spraying, anodic oxidation, or combinations of techniques, results in more bone-implant contacts and a higher resistance to removal torque than machined control implants.¹⁵⁻¹⁷ It seems like the rough surface results in a firm contact with the blood clot, which in turn allows for migration and differentiation of precursor osteogenic cells which form bone directly at the implant surface.^{18,19} The surface irregularities also create a strong interlock between the implant and bone, which explains the high resistance to removal torque forces. Anodic oxidation of titanium results in an increased thickness of the native oxide layer and the formation of a porous surface structure.²⁰⁻²² Animal research and histology of clinically retrieved microimplants have demonstrated a more rapid and stronger bone response to oxidized implants than to machined control implants.²³⁻²⁷ However, the impact of implant surface modification on the clinical outcome of immediate/early loading is not fully known because

comparative studies are few. Fröberg and colleagues²⁸ compared machined and oxidized implants when used for immediate loading with a fixed provisional bridge in the mandible and found no differences. Rocci and colleagues²¹ reported a 10% higher failure rate for machined than for oxidized implants when used for immediate loading in the posterior mandible, which corroborates with the findings of Schincaglia and colleagues.²⁹ Similarly, Glauser and colleagues^{5,30} reported markedly higher failure rates for machined (17.2%) than for oxidized (3%) after 1 year when used for immediate loading in all regions of the jaws. The data indicate that surface-modified implants may perform better in challenging situations such as soft bone and in partially edentulous patients. Noncomparative studies using surface-modified implants confirm high survival rates also in partially edentulous jaws including single tooth replacements.³¹⁻³³

We have earlier shown the possibility of early loading in the totally edentulous maxilla using SLA implants.³⁴ The results support the idea that surface-modified implants may be used for early loading protocols also in softer bone densities. The results encourage to expand the indication of immediate or early loading also to the partially edentulous maxilla.

The present study was conducted to clinically and radiographically evaluate a tapered implant design with an oxidized surface for immediate/early loading in the partially edentulous maxilla. The aim was also to correlate implant stability measurements using RFA with implant diameter and length, bone quality and quantity, and marginal bone levels and marginal bone loss.

MATERIALS AND METHODS

Study Groups

A total of 32 patients with a need of implant treatment in their partially edentulous maxilla were included in the study: 16 patients (nine women and seven men, mean age 54 years, range 30 to 80 years) with single tooth loss and 16 patients (nine women and seven men, mean age of 65 years, range 52 to 81 years) lacking two or more teeth. The protocol for the study was approved by the Ethics Committee at Medical Faculty, Uppsala University, Sweden, and informed consent was obtained. Patients were enrolled in the study from June 2003 to May 2005. The patients were included if general and local health permitted oral surgery and a sufficient

TABLE 1 Implant Diameters and Lengths Used in the Study

Diameter (mm)	Length (mm)	Single Implants (n = 16)		Partial Bridges (n = 16)	
		Placed	Failed	Placed	Failed
5.0	10	1	0	5	0
5.0	13	2	1	2	0
5.0	16	0	0	1	0
4.3	10	1	0	5	0
4.3	13	7	0	12	0
4.3	16	5	0	12	0
Total		16	1	37	0

amount of bone was available for at least 10 mm implants as judged from clinical and radiographical examinations including panoramic and intraoral radiographs.

Surgical Procedure

Surgery was performed by one surgeon (K.F.). Prophylactic antibiotics were provided by administration of 3 g of amoxicillin (Amimox®, Tika Läkemedel AB, Lund, Sweden) orally 1 hour prior to surgery. Local anesthesia was induced by infiltration of lidocaine (Xylocaine®–Adrenaline, AstraZeneca, Södertälje, Sweden). The site was exposed via a crestal incision and raising of mucoperiosteal flaps. A total of 53 Replace Select TiUnite™ implants (Nobel Biocare AB, Göteborg, Sweden) were used in the study: 16 for single tooth replacements and 37 for partial bridges. The implants were placed according to instructions and drill sequences recommended by the manufacturer. The implants were placed with machine, and final tightening was made with a manual wrench with an insertion torque of at least 32 Ncm. Implant lengths and diameters are presented in Table 1. Implant sites were recorded according to tooth position (Figure 1). Bone quality and quantity were determined according to Lekholm and Zarb’s criteria³⁵ (Table 2). The implants were provided with sterile impression copings before suturing the mucoperiosteal flap.

Prosthetic Procedures

One dentist (M.B.) performed all the prosthodontic treatments. Immediately after surgery, impressions (Impregum Penta®, 3M ESPE Dental AG, Seefeld, Germany) of the implant and opposing jaw and a bite registration were taken. Healing abutments were placed

on the implant. Provisional crowns or bridges were fabricated by a dental laboratory. The single crowns were delivered within 6 hours and placed in light occlusion and with light interapproximal contacts and articulation to minimize lateral forces. After mean 3 months and 10 days (range 2 months and 27 days to 4 months and 15 days), a permanent crown made on a GoldAdapt® abutment (Nobel Biocare AB) was delivered from the laboratory. For partial bridges, the final construction was delivered after an average 16 days (range 14 to 24 days). All crowns and bridges were screw-retained and were tightened to 35 Ncm using a torque controller (Nobel

TABLE 2 Bone Quality and Quantity at Implant Sites for (A) Single Implants and (B) Partial Bridges According to Lekholm and Zarb

A					
Quality	1	2	3	4	
Implants	–	9	6	1 (1)	
Quantity	A	B	C	D	E
Implants	–	5	10 (1)	1	–

n = 16. Failure within brackets.

B					
Quality	1	2	3	4	
Implants	1	20	14	2	
Quantity	A	B	C	D	E
Implants	–	12	14	11	–

n = 37.

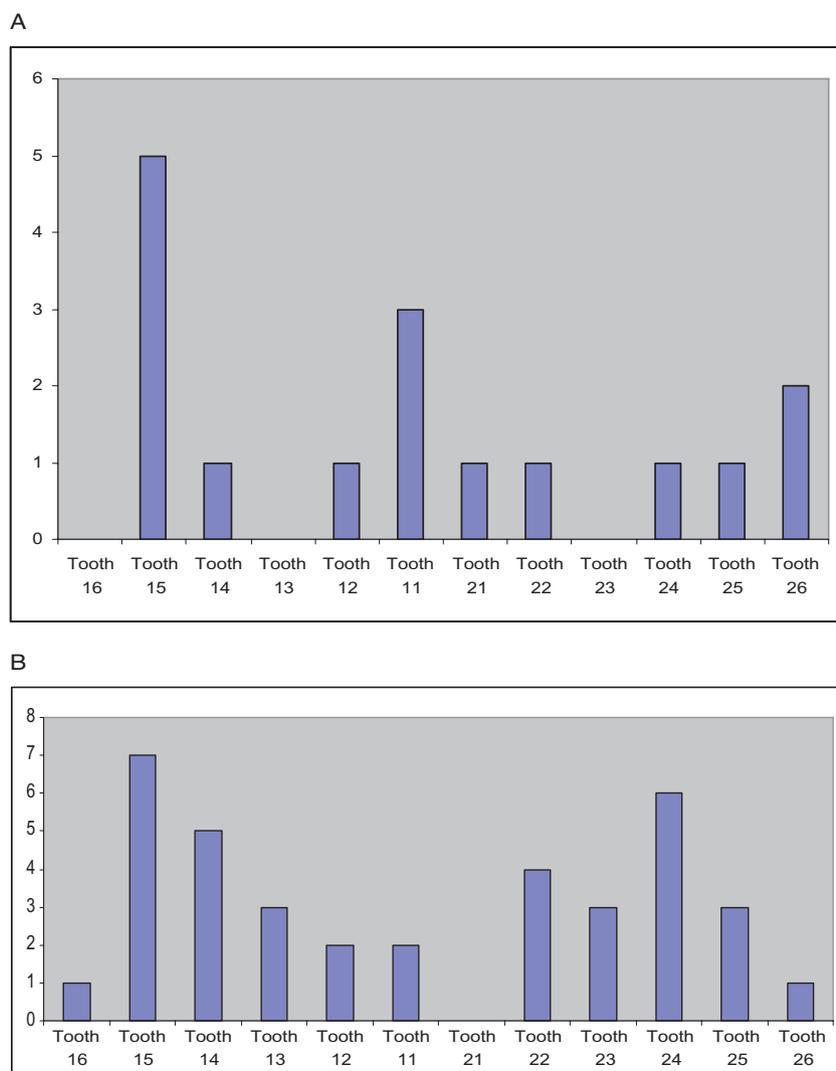


Figure 1 A, Number and position of single-tooth implants in the maxilla. B, Number and position of implants used for partial bridges I in the maxilla.

Biocare AB). The screw holes were closed with a silicon plug and composite filling.

Radiographic Examination

Radiographic examinations were executed at implant placement, at installation of the permanent crown (single tooth group), and at 12 months follow-up. Intraoral digital films (Digora, Soredex, Helsinki, Finland) were exposed with a paralleling technique so that the cervical implant threads were visible. Marginal bone level was measured by an independent specialist in oral radiology.

Implant Stability

During surgery, the primary implant stability was subjectively graded as 1 = poor, 2 = good, or 3 = excellent by

the surgeon. In addition, the stability of each implant was measured in ISQ units by RFA. Measurements were taken at implant placement; at installation of permanent crown (single tooth group); and after 3, 6, and 12 months of loading. At these occasions, the crown/bridge was removed and a transducer (type F13L5) was attached in a buccal-lingual direction, perpendicular to the bone. Only those measurements that exhibited graphs with a distinct resonance peak were included and analyzed.

Statistics

The Wilcoxon signed rank test was used for paired evaluations of possible changes of implant stability and marginal bone level with time. The Spearman

correlation test was used to find possible correlations between implant stability and other parameters such as implant length and diameter, bone quality and quantity, marginal bone levels, and loss of marginal bone. Moreover, RFA data were divided into quartiles where the values of the first (25% lowest values) and fourth (25% highest values) quartiles were analyzed with the Wilcoxon rank sum test for unpaired observations. A statistically significant change, difference, or correlation was considered if $p < .05$.

RESULTS

Clinical Findings

One implant was lost during 1 year in function giving an overall survival rate of 98.1%. The failed implant belonged to the single tooth group which showed a survival rate of 93.8%, while the partial group showed a survival rate of 100%. The failed implant was placed in quality 4 bone in the right second premolar region with poor primary stability (ISQ 56). The implant was found mobile and was removed 7 weeks after installation. The patient was successfully reoperated and withdrawn from the study.

Radiographic Findings

Radiographic measurements could be made at 48 implants at baseline and after 1 year. For all implants, the marginal bone level was located 0.7 mm (SD 1.1) above the reference point at baseline and 0.5 mm (SD 1.2) below after 1 year in function (Table 3). On average, 1.1 mm (SD 1.0) bone was lost during 1 year. For single tooth replacements, the marginal bone level was situated 0.5 mm (SD 0.7) above the reference point at baseline and 1.0 mm (SD 0.9) below after 1 year. The corresponding values for implants in partial cases were

0.7 mm (SD 1.1) and 0.2 (SD 1.2) at baseline and 1 year, respectively (see Table 3). Thus, the average marginal bone loss amounted to 1.5 mm (SD 1.0) and 0.9 mm (SD 1.0) for single tooth and partial cases, respectively, during the first year. The change was statistically significant ($p < .001$).

The proportions of implants showing more than 2 mm bone loss after 1 year were 18% (all implants), 25% (single), and 14.7% (partial). The corresponding proportions of implants showing more than 3 mm resorption were 6% (all implants), 6.3% (single), and 5.9% (partial).

RFA Findings

The implant stability increased with time as measured with RFA with no differences between single and partial implants (Figure 2). For all implants, measurements showed a mean ISQ value of 63.3 (SD 6.1) at baseline, and 64.3 (SD 5.3), 65.0 (SD 4.6), and 66.8 (SD 5.6) after 3, 6, and 12 months, respectively. The average change from baseline to 1 year was 3.3 ISQ (SD 5.0) and was statistically significant ($p < .05$).

Correlations

Statistically significant correlations were found between primary stability and bone quantity ($p < .05$) and quality ($p < .05$), but implant length and diameter did not correlate with stability. No correlations between marginal bone levels and ISQ values could be found for baseline and 1 year data. There was no correlation between change of ISQ and loss of marginal bone. Also, the quartile analyses failed to show any statistically significant differences in marginal level or bone loss (Table 4).

DISCUSSION

The present study showed that oxidized tapered implants placed in the maxilla to support single crowns or partial bridges can be loaded immediately after surgery or within 16 days with good results after 1 year of loading. Only one of 53 implants failed during 1 year of loading, giving a survival rate of 93.8% for the single implant group and 100% for the partial bridge group. In a previous study, 33 implants of the present tapered design were placed together with 90 parallel-walled implants in totally edentulous maxillae for immediate loading.³ After 1 year of loading, one (3%) of the tapered and none of the parallel-walled implants were lost.

TABLE 3 Marginal Bone Levels and Bone Loss for Immediately or Early Loaded Replace Select Tapered Implants in the Maxilla when Used for Single Tooth Replacements or Partial Bridges			
	Single	Partial	All
Bone level baseline	0.5 (0.7)	0.7 (1.1)	0.7 (1.1)
Bone level 1 year	-1.0 (0.9)	-0.2 (1.2)	-0.5 (1.2)
Mean bone loss	-1.5 (1.0)	-0.9 (1.0)	-1.1 (1.0)
>2 mm	25%	14.7%	18%
>3 mm	6.3%	5.9%	6%

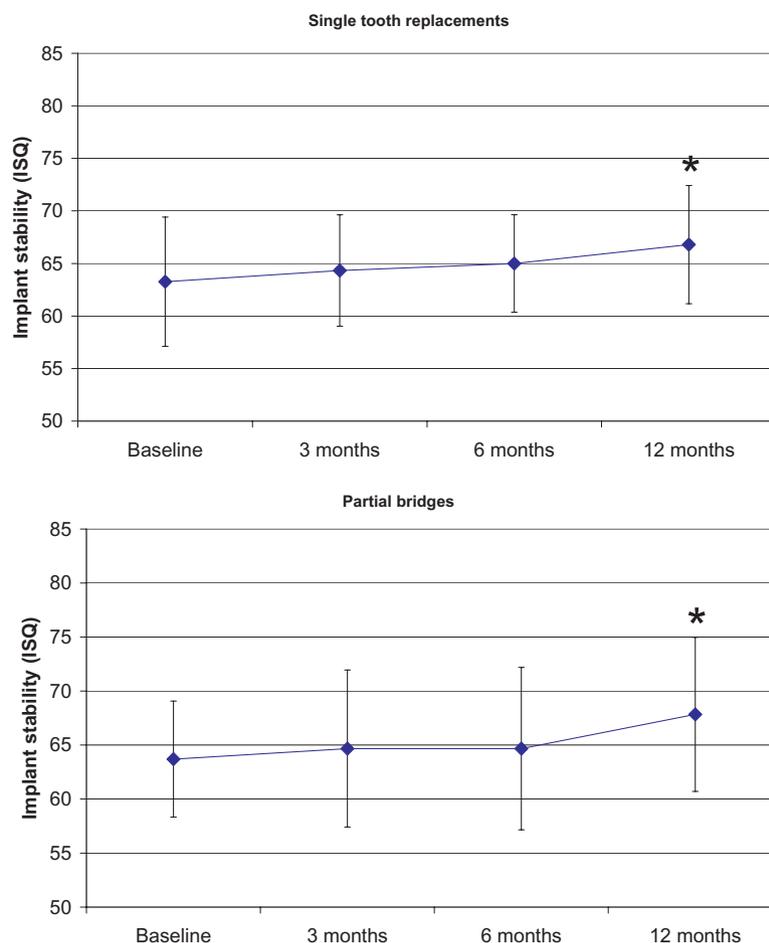


Figure 2 Results from resonance frequency analysis measurements, mean (SD). * $p < .05$ compared with baseline.

However, the results from marginal bone height measurements were not reported separately for the implant designs. Achilli and colleagues³⁶ evaluated 120 oxidized tapered implants where 32 were placed in the maxilla. The implants were loaded with fixed partial bridges within 24 hours or 6 weeks. No implant failures were reported. Rao and Benzi³⁷ followed 51 tapered implants used for single molar replacements in the mandible and lost no implants during 1 year of loading. Other authors have used similar implant designs but with hydroxyapatite-coated surface, and reported survival rates from 89.3 to 100% when used for single tooth replacements.^{38–42} In the present study, no implant was lost when used for partial bridges, which agrees with the results of Kan and Rungcharassaeng⁴³ who followed 14 implants in six patients with a similar design as in the present study. Recently, Ostman and colleagues⁴⁴ and Albrektsson and colleagues⁴⁵ reported failure rates of 5.2 and 11.8% with immediately loaded one-piece implants with the same surface and geometry as of the bone-

integrated part in the present study. The reason for the poor results may be attributed to this particular concept with the use of a one-piece implant, flap-less surgery, in situ high-speed grinding, and a rough oxidized surface in contact with the mucosa. Parallel-walled implants with the same oxidized surface as in the present study have been previously used for immediate loading with similar good outcome as in the present study.^{3,6,30,46–49}

The average marginal bone resorption was 1.1 mm for implants during 1 year in the present study, which is in line with previous reports on the same^{36,37} and other implant designs.⁵⁰ Three implants (6%) showed more than 3 mm of bone loss after 1 year, which is slightly more than previously reported for oxidized parallel-walled implants.^{13,51} The bone level was on average situated some 0.5 mm below the reference point after 1 year which is above the first thread (Figures 3 and 4). Because this implant has a 1.5 mm high smooth collar, it is not surprising that this part did not become bone integrated, which is in accordance with the experiences from

TABLE 4 Quartile Analyses of Resonance Frequency Analysis and Marginal Bone Measurements			
	ISQ at Placement		Statistics
	Q1	Q4	
Mean bone loss mm (SD)	-1.2 (0.8)	-1.2 (1.2)	ns
Bone level, 1 year mm (SD)	-0.6 (1.2)	-0.3 (1.4)	ns
	ISQ at 12 Months		Statistics
	Q1	Q4	
Mean bone loss mm (SD)	-1.0 (0.5)	-1.0 (0.8)	ns
Bone level, 1 year mm (SD)	-0.8 (1.1)	-0.7(1.4)	ns
	Change of ISQ		Statistics
	Q1	Q4	
Mean bone loss mm (SD)	-1.6 (1.5)	-1.0 (0.7)	ns
Bone level, 1 year mm (SD)	-0.5 (1.8)	-0.5(1.2)	ns

Q1 represents the 25% of implants with the lowest ISQ values, and Q4 the 25% of implants with the highest ISQ values at placement after 12 months, and the change from placement to 12 months. ISQ = implant stability quotient; ns = not significant.

a previous Brånemark® implant design with a 3.5 mm tapered collar.⁵² It has been suggested that some surface roughness is needed to better maintain the marginal bone. However, Ostman and colleagues⁴⁴ reported on extensive marginal bone resorption at one-piece implants with the same thread geometry and surface as in the present study, but with an oxidized surface all the way up, facing both bone and soft tissue. According to the manufacturer, this implant was designed to minimize marginal bone resorption because of the absence of an abutment/implant junction microgap and presence of the rough surface for bone and soft tissue integration. However, Ostman and colleagues⁴⁴ reported a mean bone loss of 2.1 mm after 1 year with 20% of the implants showing more than 3 mm of loss. Considering that the studied implant was designed to minimize bone resorption, these data are alarmingly poor. Finne and colleagues⁴⁶ performed marginal bone level measurements and concluded that the implants performed well. However, bone loss was not reported. Astrand and colleagues⁵³ compared the marginal bone response to

surface-modified Astra Tech® and machined Brånemark implants during 5 years, and no differences between the two types of implants were observed. Also, the Astra Tech implants showed an initial bone loss around the implant collar, in spite of the rough surface topography. Also, Wennstrom and colleagues⁵⁴ found no differences between implants with smooth or rough implant collars. Novel designs of implants have macroscopical modifications of the collar with, for instance, micro-threads which may facilitate to maintain the marginal bone level as demonstrated by Shin and colleagues.⁵⁵

Previous studies using two-stage techniques have shown high failure rates in soft bone.^{56,57} The assessment of primary stability is therefore of importance for the prognosis of implant treatment and especially in immediate loading. Primary implant stability is determined by

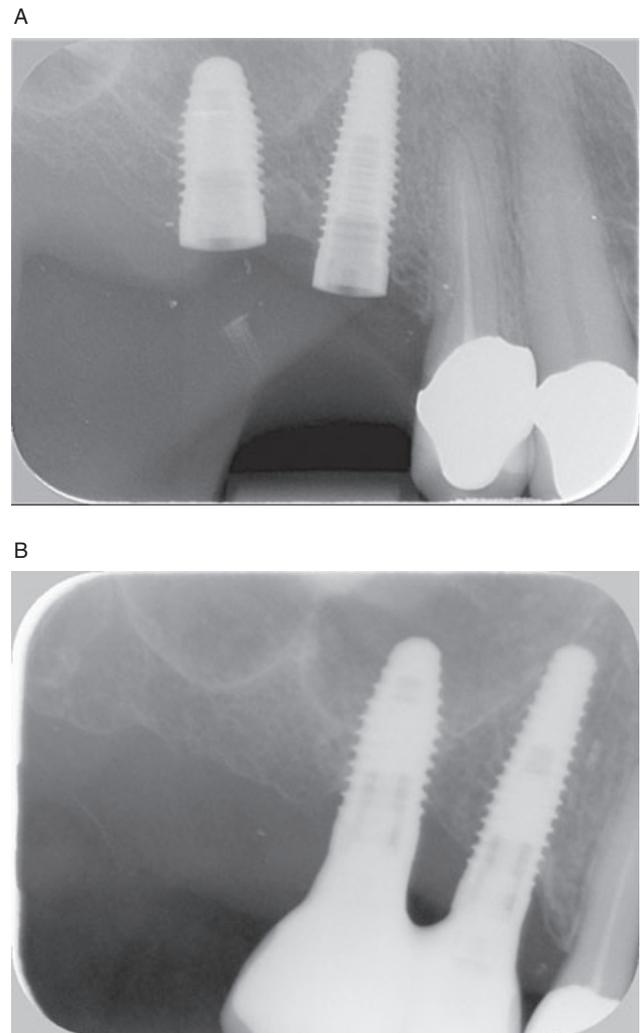


Figure 3 Radiographs from a patient treated with two implants in the posterior maxilla (A) at surgery and (B) at the 1-year follow-up showing bone remodelling to the first thread.

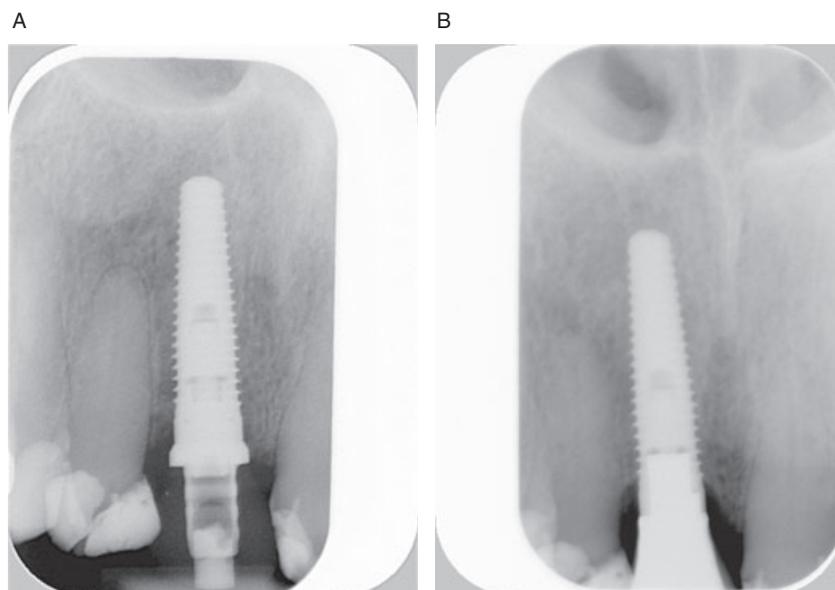


Figure 4 Radiographs from a patient treated with one implant in the anterior maxilla (A) at surgery and (B) at the 1-year follow-up showing bone remodelling to the first thread.

the bone density, implant design, and surgical technique.¹⁰ The bone density has commonly been assessed in a subjective manner by the surgeon during implant placement according to the Lekholm and Zarb index.³⁵ Several objective measurement techniques are available today such as resonance frequency measurement (RFA), Periotest, and insertion torque measurements. Alsaadi and colleagues⁵⁸ found that the subjective assessment of bone quality correlated well with the results from RFA, Periotest value, and placement torque measurement at implant insertion. In a clinical study, Östman and colleagues¹² found a correlation between RFA values and bone density, which indicates that the subjective assessment of bone density according to the Lekholm and Zarb index is useful. Also in the present study, a significant correlation between RFA at placement and bone quantity/quality could be established.

More recent follow-up studies have shown good results as also in soft bone.^{59,60} This may be the result of modified surgical techniques, that is, the use of self-tapping implants, tapered implants, and reduced final drill diameters. Astrand and colleagues⁶¹ showed no differences in survival rate and marginal bone level changes when comparing tapered Brånemark system Mark IV implants and standard Brånemark Mark II implants, both with a machined surface. However, Astrand and colleagues stated that compared to earlier results of Brånemark implants placed in soft bone, the Mark IV

implant demonstrated an improved survival rate. It may also be attributed to the development of new implant surfaces as implants with a moderately rough surface integrate more rapidly than machined controls.^{23–27} In the present study, one of 16 implants was placed in low bone quality, class IV, and this implant was lost. At surgery, the subjective primary stability of this implant was graded as poor and a low ISQ value was obtained, although not representing the lowest value of all implants. In a study on immediately loaded implants, Glauser and colleagues¹¹ showed that failing implants showed a continuous decrease of stability until failure. Low RFA levels after 1 and 2 months seemed to indicate an increased risk for future failure. In the present study, the implant was mobile 7 weeks after surgery when no RFA value was possible to obtain. The remaining implants in the present study were clinically successful and showed small stability changes over time. Huwiler and colleagues⁶² observed that a decrease of RFA occurred after the implant stability was lost and concluded that no predictive value for losing implant stability can be attributed to RFA.

Veltri and colleagues⁶³ have shown that the transducer orientation influences the measurements. In this study, the RFA measurements have been standardized with the transducer orientated in a buccal-palatal direction. Östman and colleagues¹² found higher ISQ values in men compared with women, in mandibles compared

with maxillae, in posterior compared with anterior sites, and for wide-platform implants in comparison with regular/narrow-platform implants. Sennerby and colleagues¹⁴ found, when comparing smooth (turned) and roughened (SLA) surfaces, a linear relationship between radiographic and RFA findings because of loss of marginal bone and decrease in implant stability. There was a tendency of more bone loss for implants showing the greatest loss of stability with time, but this could not be verified with statistical tests. In fact, no correlations between marginal bone levels and ISQ values could be found in the present study.

The type and magnitude of loading are probably of importance for the outcome of immediate loading. It is important to assess in which way the implants in various studies have been subjected to loading and whether centric and excursive contacts have been relieved or not. In a recent study of Hall and colleagues,⁶⁴ single-tapered implants in the anterior maxilla were restored either within 4 hours or after 26 weeks with a provisional screw-retained crown out of occlusion. After 1 year, no difference in clinical outcome for the two groups was found. Norton⁶⁵ investigated 25 patients treated with immediately restored maxillary single-tooth implants with nonfunctional esthetic provisional restorations. The survival rate was 96.4%. Glauser and colleagues⁵ reported that parafunction was one major risk factor for implant losses when using an immediate loading protocol. They also found that implants placed in the posterior maxilla were less successful than implants placed in other regions. Thus, the combination low bone density and presumably low implant stability and extensive loading should be avoided. In a retrospective study, Hultin and colleagues⁶⁶ suggested the use of wide-diameter and implants longer than 8.5 mm implants to better counteract high masticatory load and lateral forces. In the present study, all implants were 4.3 or 5.0 mm in diameter and with lengths of 10 to 16 mm.

It is concluded that immediate/early loading can be used in the partially edentulous maxilla with good clinical and radiographic short-term outcomes. Implant stability at placement correlated with bone quantity and quality, and increased with time as measured with RFA, indicates a favorable bone tissue response to the loaded implants. Any correlations between RFA and marginal bone level measurements were not observed in the present study.

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