

Multidisciplinary treatment of complicated subgingivally fractured permanent central incisors: two case reports

CASE REPORT

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Accepted 22 February, 2008

Abstract – Subgingival crown fractures with pulp exposure in permanent teeth present both endodontic and restorative problems with unfavorable prognosis. Numerous restorative techniques such as resin composite restorations with and without pins, crowns and reattachment of the fractured dental fragment could be listed as the treatment options. There are several successful cases in the literature where advantages of less microleakage and proper gingival biocompatibility in cases with reattachment of the tooth fragment were reported. Two cases of palatal subgingival crown fractures are reported. Both had been restored by reattachment of the fragment and composite with the help of the flap surgery. Follow up visits (Case 1 for 4 years and Case 2 for 1 year) revealed satisfactory esthetics and function.

Dentoalveolar traumas are very common in children and adolescents mostly caused by falling, fighting and vehicle accidents, and as a result of sports (1). Dental fractures because of trauma usually occur in the maxillary anterior teeth and these fractures subsequently lead to esthetic, functional and phonetic problems (2, 3).

The traditional conservative treatment of crown fractures has been restorations with composite resin and dental bonding systems (4, 5). Complicated crown fractures or extension of the fracture line subgingivally lead to problems in treatment. Complicated crown fracture is a fracture involving enamel, dentin, and exposing the pulp and therefore require the treatment of the pulp by pulp capping, pulpotomy, or pulpectomy. If the fracture extends further subgingivally, flap surgery combined with osteoplasty/osteotomy procedures is required (6, 7).

Recently, it has become possible to preserve the fractured segment of the tooth by the use of reattachment technique with the availability of the adhesive systems. This presents advantages over resin composite restorations by offering good esthetic and function (6, 8). This technique can be applied both to the fractures, which include simple enamel-dentin portions, and to the more complex situations in which pulp and periodontium are involved (9–13). Conservation of the fractured original crown fragment is the important aspect for reattachment.

In this paper, two case reports where the reattachment technique was used will be presented.

Case 1

A 12-year old boy with traumatized permanent maxillary right central incisor attended to the clinic with complicated palatal subgingival crown fracture.

The medical history of the patient revealed no systemic disease. The patient reported that he had a bicycle accident 1 month ago and had injured his tooth and that no treatment had been performed.

Clinic examination revealed no hemorrhage, lacerations or swelling in the related area but a complicated crown fracture of maxillary right central incisor was present. There was no alveolar bone fractures detected on radiographs. Radiographic investigation revealed that the root formation of the affected tooth was complete, the periodontal ligament has enlarged and the subgingival fracture was extending to the coronal third of the root. The tooth was diagnosed as non-vital by electrical pulp test.

At the first visit, a rubber dam was placed and the necrotic pulp was extirpated without removing the fractured tooth fragment. After necessary irrigation and shaping procedures, the canal was dressed with a calcium hydroxide paste and the access cavity was restored with glass-ionomer cement. The root canal was obturated by gutta-percha and root canal paste (Diaket, 3M Espe, Seefeld, Germany) 1 week later (Fig. 1).

The fracture surface was opened by flap surgery and the fractured tooth fragment was removed a week after



Fig. 1. The periapical radiograph of the root canal filled with gutta percha and a root canal filling paste.



Fig. 2. Flap surgery.

the root canal treatment (Figs 2 and 3). The fragment and the fractured tooth were etched with 32% phosphoric acid gel for 20 s. The bonding agent (Single Bond, 3M Espe, Seefeld, Germany) was applied to the etched surfaces and reattached by composite (Z-100, 3M Espe, Seefeld, Germany) (Fig. 4). Tetracycline hydrochloride was applied on the root surfaces and the flap was sutured (Fig. 5). A week later the sutures were removed and the remaining restoration of the tooth was performed by composite (Z-100, 3M) (Fig. 6).

The patient was recalled every 6 months and the 4th year evaluation revealed satisfactory esthetics and function (Fig. 7).

Case 2

A 10-year old girl with traumatized permanent maxillary left central incisor attended to the clinic with complicated



Fig. 3. Tooth fragment.



Fig. 4. The reattachment of the tooth fragment during the flap surgery.

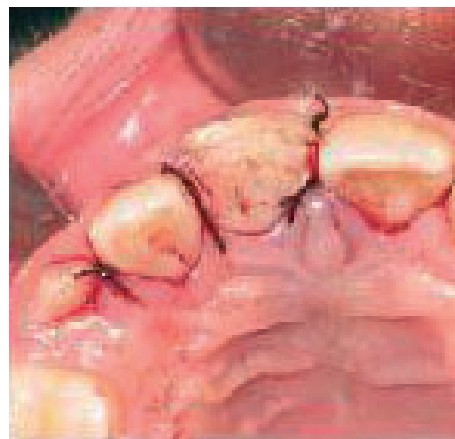


Fig. 5. Intraoral views after the flap surgery.



Fig. 6. Final coronal restoration with composite at the end of the treatment.



Fig. 7. Intraoral view of the patient 4 years after the treatment.

palatal subgingival crown fracture (Fig. 8). The medical history of the patient revealed no systemic disease. The patient reported that she had fallen 18 days ago and had injured her tooth and that no treatment had been performed. She had complaints of pain because of moving fractured fragment on the palatal side of the affected tooth.

Clinic examination revealed irritation on the gingiva because of the moving fragment (Figs 9 and 10). There was no alveolar bone fractures detected on radiographs. Radiographic investigation revealed that the root



Fig. 9. Frontal view of the complicated crown fracture and moving fragment.



Fig. 10. Palatal appearance of the tooth.



Fig. 8. Frontal view of the complicated crown fracture at the initial visit (18 day after the injury).



Fig. 11. Initial periapical radiograph of the fractured maxillary incisor.



Fig. 12. Flap surgery.



Fig. 15. Intraoral views after the flap surgery.



Fig. 13. Tooth fragment.



Fig. 16. The periapical radiograph of the root canal filled with ProTaper-gutta percha and a root canal filling paste.

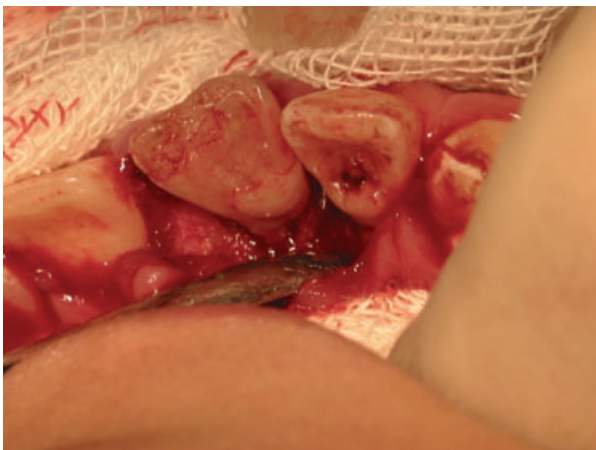


Fig. 14. The reattachment of the tooth fragment during a flap surgery.

formation of the affected tooth was complete and the subgingival fracture was extending to the coronal third of the root (Fig. 11). The vitality of the tooth could not be diagnosed clearly by electrical pulp test.



Fig. 17. Final coronal restoration with composite at the end of the treatment.



Fig. 18. Intraoral view of the patient 12 months after the treatment.

After delivering the local anesthesia, the fragment was removed and intrasulcular incision, full thickness buccolingual mucoperiosteal flap was elevated (Figs 12 and 13). The fragment and the fractured tooth were etched with 32% phosphoric acid gel for 20 s. The bonding agent (Single Bond, 3M) was applied to the etched surfaces and reattached by composite (Z-100, 3M) (Fig. 14). Tetracycline hydrochloride was applied on the root surfaces and the flap was sutured (Fig. 15). A week later the sutures were removed and the pulp was extirpated. The root canal treatment was performed by rotary root canal instruments (ProTaper Rotary File, Dentsply, Tulsa, Oklahoma, USA) and obturated by gutta percha (ProTaper Gutta-Percha Points, Dentsply, Tulsa, Oklahoma, USA) and diaket (3M) (Fig. 16). After the completion of the root canal treatment, remaining restoration of the tooth was performed by composite (Z-100, 3M) (Fig. 17).

The patient was recalled every 6 months and the first year evaluation revealed satisfactory esthetics and function (Fig. 18).

Discussion

The treatment of tooth fractures that are extending below the gingival margin has been the center of debate for a long time. The alternative treatment modalities of such crown-root fractures are composite resin restoration, fragment reattachment, full crown coverage or extraction (14). It is advised to extrude the tooth orthodontically or surgically so that the fracture line is above the gingival margin but this shortens the root length and create further problems (14–17).

It has been reported that a resin composite has a favorable subgingival reaction and the formation of junctional epithelium and connective tissue adjacent to subgingival restorative materials in humans (18, 19). However, it is very important to consider the fit and contour of the margin of subgingival restoration as well. Therefore, reattachment of the fractured tooth fragment is preferable with possibility of good adaptation because

of the original tooth contour (20). This technique requires only a thin layer of a resin composite and restores the tooth by original form and color of the tooth (21). This is the most outstanding advantage of the technique for the fractures related with the gingival margin.

Many articles reported such cases with different follow-up periods (7, 10–13, 20, 21). These showed the success in good adaptation of the fragment, associated with the sealing effect of the restorative material used and the proper fit and contour of the margin.

The fracture depths in both cases represented were almost similar. We might assume that palatine avoids deeper fractures and we may accept better healing on the gingival margin. Long and short time follow-ups of both cases represented here revealed good performance both in esthetics and in periodontal health.

In conclusion, with the improvements in bonding agents and restorative resins better and long lasting results may be obtained in reattachment technique.

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