

## Book Reviews

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### Clinical facial analysis. Elements, principles and techniques (2005)

Author: Fabio Meneghini

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This book is written by a facial aesthetic surgeon, and as such is undoubtedly aimed at cosmetic plastic surgeons rather than orthodontists. The text is clearly laid out and includes numerous photographs and diagrams which are of a consistently high standard. The initial chapters intensively cover various practical aspects of facial examination and photography. Chapter 5 describes a system and checklist for facial soft tissue analysis, and Chapters 6 and 7 discuss the eyes and nose. While these sections of the book will be of obvious interest to plastic and maxillofacial surgeons, orthodontists involved in orthognathic treatment will also find some areas useful. Dentofacial aesthetics are discussed in Chapters 8 and 9, and although these deal with severe malocclusions requiring orthognathic management, these topics are more comprehensively addressed in other texts. Nevertheless, as an orthodontist spending a large proportion of clinical practice in treating orthognathic cases, I found

these chapters enjoyable and interesting as they are written from the viewpoint of a facial surgeon rather than an orthodontist. The remaining chapters deal with the 'ageing face', post-treatment follow-up, and suggestions for further reading. The final chapter is entitled 'Surround yourself with experts' and includes advice and quotations from various experts in the field, including some particularly useful advice from a psychiatrist on the patient/surgeon relationship: 'If you can't elicit a smile from a patient, don't operate'.

Overall this is an interesting book, although the emphasis is strongly on cosmetic facial examination rather than orthodontic/orthognathic diagnosis and treatment. Nevertheless, members of orthodontic/maxillofacial teams should find some useful tips and advice within its pages.

Chris Johnston

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