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### **Comprehensive dentistry (2008)**

Authors: Masahide Tsutsui and Teruko Tsutsui  
Publisher: Quintessence Publishing Co. Ltd, New Malden, Surrey, UK  
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As the title of the book already reveals, Drs Masahide and Teruko Tsutsui have taken on an ambitious task when preparing a book which covers all aspects of modern dentistry. The authors have developed a holistic diagnostic and treatment concept with the aim of 'controlling inflammation and forces'. The goal of the treatment is to obtain equilibrium in form and function between dental tissues, alveolar bone, soft tissues, masticatory and other facial muscles, and the whole body, even including the sleeping position. The concept tries to prove, by means of presentations of meticulously documented cases, the relevance of a holistic approach. Most treatments are extensive and are by no means minimally invasive, as the authors want to maintain.

Unfortunately, the presented concept is not substantiated by evidence based on research, but mostly on case presentations. Therefore, the postulates do not reach the high levels of evidence required, but remain in the lowest level of evidence, that is personal opinion. This makes it difficult to recommend the book to be used in modern dental education. At least one should be aware of the lack of sound scientific evidence. On the other hand, every author and editor should learn from Drs Tsutsui the way in which the cases have been presented: the quality of the clinical photographs is excellent throughout the book.

Timo Peltomäki

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