BOOK REVIEWS

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Postgraduate notes in orthodontics, 5th edition (2009) Editor: Nikki Attack Publisher: Division of Child Dental Health, Dental School, University of Bristol, Bristol, UK Price: UK £50; International £55 ISBN: 978-0-9562712-0-4

The University of Bristol Dental School, Division of Child Dental Health, took the initiative for these 'Postgraduate Notes' in 1997 as it was felt that it would be useful to have a concise text containing facts and supporting relevant references in preparation for the MOrth examinations. Since then the text has been updated every 2–4 years.

The book divides the field of orthodontics into 14 main topics: theoretical aspects, growth, craniofacial anomalies, occlusion, malocclusion, anomalies, diagnosis, interceptive orthodontics, treatment, relapse and retention, risks, materials, research aspects, and miscellaneous issues. The format of the manual is that of short notes covering a certain topic, accompanied by key references that are arranged in an orderly manner in the right margin of the page. The key words in the left margin make it easy to find the topics. The book concludes with a question and answer section showing clinical photographs with related questions, where the reader can test their knowledge.

The book serves as an easy-reference manual for postgraduates in preparation for their examinations at the

end of the specialty programme in orthodontics. It is also a good guide for teachers as it gives a quick overview of the entire body of knowledge a postgraduate should have when finishing the programme. The drawback of this approach is that the book concentrates on facts rather than competencies.

The present paper edition does not allow the contents to be easily adapted when new scientific information is emerging. In a rapidly changing field such as bone biology, references are quickly outdated. In fact this book would be the ideal candidate for an online edition. In such a way it would be easy to keep this text updated. Knowing the authors, I am convinced that this will be the next step. Nevertheless in its present format, this manual is a helpful tool in preparation for the MOrth examinations in the UK. Besides that it could also serve as a reference guide for postgraduates and programme directors elsewhere in the world.

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