

# Validation of human periodontal ligament-derived cells as a reliable source for cytotherapeutic use

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#### Abstract

**Aim:** Periodontal ligament (PDL) is a reliable cell source for periodontal regeneration. In this study, an optimal protocol for the extraction, expansion, and characterization of human PDL (hPDL) cells was examined for clinical trials.

**Materials and Methods:** hPDL tissues were obtained from 41 surgically extracted teeth and digested with enzymes. Human adipose-derived stem cells (hADSCs), bone marrow-derived mesenchymal stem cells (hBMMSCs), and gingival fibroblasts (hGFs) were used for comparison. For each sample, the proliferative capacity, colony-forming ability, alkaline phosphatase activity, differentiation ability, the cell surface antigens, gene expression, and regenerative potential were examined.

**Results:** hPDL cells were more successfully extracted with collagenase/dispase [29/30 (96.7%)] than with trypsin/EDTA [8/11 (72.7%)], and exhibited osteogenic potential both in vitro and in vivo. The proliferation of hPDL cells was rapid at a low cell density. hPDL cells frequently differentiated into cementoblastic/osteoblastic lineage ( $\sim 60\%$ ). In contrast, their adipogenic and chondrogenic potentials were lower than those of hADSCs and hBMMSCs. Some genes (NCAM1, S100A4, and periostin) were preferentially expressed in hPDL cells compared with those of hBMMSCs and hGFs. Immunohistochemical studies revealed the expressions of S100A4 and periostin in hPDL tissue.

**Conclusion:** A protocol for the successful cultivation and validation of hPDL cells is proposed for clinical settings.

## Takanori Iwata<sup>1,2</sup>, Masayuki Yamato<sup>1</sup>, Zheng Zhang<sup>3</sup>, Shigeki Mukobata<sup>4</sup>, Kaoru Washio<sup>1</sup>, Tomohiro Ando<sup>2</sup>, Jan Feijen<sup>3</sup>, Teruo Okano<sup>1</sup> and Isao Ishikawa<sup>1,2</sup>

<sup>1</sup>Institute of Advanced Biomedical Engineering and Science; <sup>2</sup>Department of Oral and Maxillofacial Surgery, Tokyo Women's Medical University, Tokyo, Japan; <sup>3</sup>Department of Polymer Chemistry and Biomaterials, Institute for Biomedical Technology (BMTI), Faculty of Science and Technology, University of Twente, AE Enschede, The Netherlands; <sup>4</sup>CellSeed Inc., Tokyo, Japan

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Periodontal regeneration, i.e., the formation of new bone and new cementum with supportive periodontal ligament

# Conflict of interest and source of funding statement

The authors declare that they have no conflict of interests.

This research was supported by "Formation of Innovation Center for Fusion of Advanced Technologies in the Special Coordination Funds for Promoting Science and Technology" and a Grantin-Aid for Young Scientists (B) (20791479) from the Ministry of Education, Culture, Sports, Science, and Technology (MEXT) of Japan. (PDL), has been a challenge in periodontics, and numerous studies have attempted to induce true periodontal regeneration. The key source of periodontal regeneration is the "PDL tissue" (Karring et al. 1985). Once PDL tissues are removed from a dental root, ankylosis and root resorption occur (Nyman et al. 1980, Andreasen & Kristerson 1981). Therefore, researchers consider PDL tissue as a responsible source for periodontal regeneration. Based on this concept, selective proliferation of PDLderived cells has been clinically performed using barrier membranes (Nyman et al. 1982) or enamel matrix proteins (Hammarstrom et al. 1997). In addition, either alone or a combination use of synthesized and biological materials was utilized to enhance periodontal wound healing during surgical procedures. In most cases, however, only limited histological evidence of true regeneration has been demonstrated (Wang et al. 2005, Sculean et al. 2008).

To overcome the limitations of traditional procedures, transplantation of postnatal stem cells has the potential to significantly alter tissue engineering (Bianco & Robey 2001). Several studies have reported that PDL-derived cells possess stem cell-like properties (Seo et al. 2004, Trubiani et al. 2005, Nagatomo et al. 2006, Gay et al. 2007, Coura et al. 2008, Lindroos et al. 2008, Zhou et al. 2008, Xu et al. 2009). In addition, because PDL tissues have one of the highest metabolic turnover rates in the body (McCulloch & Bordin 1991, Ramakrishnan et al. 1995, Coura et al. 2008), researchers have hypothesized that a highly regenerative population of cells exists in PDL tissues and that they could be a source of cells for the regeneration of various tissues (Coura et al. 2008). Some studies developed PDL cell transplantation in combination with scaffolds and reported successful periodontal regeneration in animal models (Nakahara et al. 2004, Seo et al. 2004, Sonoyama et al. 2006, Liu et al. 2008, Iwata et al. 2009).

To realize the potential of stem cell therapy for periodontal regeneration, effective methods to extract and expand "human" PDL (hPDL) cells have to be established. Somerman et al. (1988) first reported on a method to culture PDL cells, and the method has been widely used because of its clear concept, "Extract cells from the mid-third of teeth". However, the proliferation of the cells was slow, and it took a great deal of time to expand the PDL cells required for transplantation. Therefore, recent studies have combined the use of enzymatic digestion and this concept to obtain a higher yield of cells (Seo et al. 2004, Sonoyama et al. 2006, Liu et al. 2008). Still, the characteristics of PDL cells remain to be elucidated, although some PDL-specific genes were proposed (Duarte 1998, Horiuchi et al. 1999, Yamada et al. 2001, Lallier et al. 2005, Nakamura et al. 2005, Nishida et al. 2007, Pi et al. 2007).

In this study, 41 teeth were collected from human patients, and the culture condition of hPDL cells was optimized. Moreover, distinguishable hPDL markers were confirmed for the identification of hPDL cells, and the potential of hPDL cells in tissue regeneration was evaluated both in vitro and in vivo.

#### Materials and Methods

This study was conducted according to the principles expressed in the Declaration of Helsinki. The study was approved by the Institutional Review Board of Tokyo Women's Medical University Human Subjects Research. All patients or guardians were fully informed and gave written consent for the donation of their teeth and their subsequent use in this research project. All animal procedures were approved by the Institutional Animal Care and Use Committee of Tokyo Women's Medical University.

### Cell culture

Normal human teeth were extracted for orthodontic or impaction reasons from 41 patients between 14 and 57 years of age at Tokyo Women's Medical University Hospital. The age, sex, and position of the extracted tooth from the donors are shown in Table 1. First, each tooth was rinsed five times with antibiotics (Unasyn) (Pfizer Japan, Tokyo, Japan). Then, the PDL tissue was gently separated from the surface of the mid-third of root and subsequently digested with trypsin/EDTA (0.25% trypsin and 1 mM EDTA) (Invitrogen, Carlsbad, CA, USA) or a solution of collagenase type I (varying concentrations) (SERVA Electrophoresis, Heidelberg, Germany) with 1200 PU/ml dispase (Godo Syusei, Tokyo, Japan) in  $\alpha$ -MEM glutamax (Invitrogen) for 60 min. at 37°C with vigorous shaking. Single-cell suspensions were obtained by passing the cells through a 70  $\mu$ m strainer (Falcon, Franklin Lakes, NJ, USA). After being strained, the

Table 1. Isolation and ALP activity of hPDL cells

#	Age (years)	Sex	Position	Enzyme	Cell expansion	ALP induction
1	19	F	18	Т	+	+
2	41	Μ	28	Т	+	+
3	34	F	38	Т	+	_
4	34	F	28	Т	+	_
5	14	Μ	22	Т	+	+
6	14	Μ	34	Т	-	
7	24	F	38	Т	+	+
8	26	Μ	38	Т	+	+
9	26	Μ	18	Т	+	+
10	30	F	42	Т	-	
11	24	F	24	C/D	+	+
12	24	F	14	C/D	+	+
13	26	F	38	Т	-	
14	25	F	38	C/D	+	+
15	19	F	38	C/D	+	+
16	32	F	48	C/D	+	+
17	26	F	48	C/D	+	+
18	30	Μ	28	C/D	+	+
19	57	F	18	C/D	+	+
20	25	М	18	C/D	+	+
21	57	F	28	C/D	+	+
22	18	Μ	28	C/D	+	+
23	30	F	28	C/D	+	+
24	25	F	48	C/D	+	+
25	19	F	48	C/D	+	+
26	57	F	38	C/D	+	+
27	35	Μ	38	C/D	+	+
28	23	Μ	38	C/D	-	
29	47	Μ	48	C/D	+	+
30	31	Μ	48	C/D	+	+
31	57	F	28	C/D	+	+
32	23	F	38	C/D	+	+
33	45	Μ	48	C/D	+	+
34	32	Μ	48	C/D	+	+
35	25	Μ	48	C/D	+	+
36	30	F	38	C/D	+	+
37	31	F	38	C/D	+	+
38	34	F	48	C/D	+	+
39	27	F	38	C/D	+	+
40	30	F	48	C/D	+	+
41	25	М	28	C/D	+	+

hPDL tissues from 41 patients were digested with trypsin–EDTA (T) or collagenase/dispase (C/D) and cultured. Tooth position was indicated by means of Zsigmondy and Palmer system (Peck & Peck, 1993). Cell expansion was judged from the microscopic view on Day 7 after the spreading. Expanded cells at Passages 3–5 were cultured with or without osteoinductive supplements (50  $\mu$ g/ml ascorbic acid, 10 mM  $\beta$ -glycerophosphate, and 10 nM dexamethasone), then ALP activity was measured and enhanced cells were considered as ALP induction positive (+). ALP, alkaline phosphatase; hPDL, human periodontal ligament; F, female; M, male.

cells were plated onto a T25 Primaria<sup>™</sup> culture flask (Falcon) (Passage 0). The cells were then cultured in complete culture medium [a-MEM glutamax containing 10% foetal bovine serum (FBS) (Moregate Biotech, Bulimba, Queensland, Australia), and 1% penicillin/streptomycin (Sigma-Aldrich, St Louis, MO, USA)]. After 48 h, unattached cells and debris were washed out, and new medium was added. The cells were subcultured using trypsin/EDTA on Day 5, and spread out on a T75 Primaria<sup>™</sup> culture flask (Passage 1). Subculture was performed every 3-4 days until Passage 3. Thereafter, cells were plated at a density of 50 cells/cm<sup>2</sup> on  $60\,\text{cm}^2$  culture dishes every 14 days until their proliferation potential was lost.

Human gingival fibroblasts (hGFs) from three different donors were purchased from ScienCell (Carlsbad, CA, USA). These hGFs were cryopreserved at Passage 1 and delivered frozen. Experiments were carried out with cells from the third to fifth passages. Three different lots of human bone marrow-derived mesenchymal stem cells (hBMMSCs) and human adipose-derived stem cells (hADSCs) were purchased from Cellular Engineering Technologies (Coralville, IA, USA). Similarly and unless otherwise noted, experiments were carried out with cells from the third to fifth passages. All cells were cultured in complete culture medium as described above.

#### Colony-forming assay

The cells were plated at a density of  $100 \text{ cells}/60 \text{ cm}^2$  dish, and cultured in complete medium for 14 days. The cells were stained with 0.5% crystal violet in methanol for 5 min. as previously described (Nimura et al. 2008). The cells were washed twice with distilled water, and the number of colonies was counted. Colonies <2 mm in diameter and/or faintly stained were ignored.

#### Alkaline phosphatase (ALP) activity

The cells were plated on 96-well plates at a density of  $1 \times 10^4$  cells/well and cultured in complete medium for 48 h. Then, the medium was changed to complete medium with or without various concentrations of osteoinductive supplements, ascorbic acid (AA) (Wako Pure Chemical, Tokyo, Japan),  $\beta$ -glycerophosphate ( $\beta$ GP) (Sigma-Aldrich), and/ or dexamethasone (DEX) (Fuji Pharma, Tokyo, Japan). After five additional days of culture, the cells were washed once with normal saline solution, and ALP activity was evaluated after incubation with 10 mM *p*-nitrophenyl-phosphate as a substrate in 100 mM 2-amino-2-methyl-1, 3-propanediol–HCl buffer (pH 10.0) containing 5 mM MgCl<sub>2</sub> for 5 min. at 37°C. The addition of NaOH quenched the reaction, and the absorbance at 405 nm was measured using a plate reader (Bio-Rad Model 450, Bio-Rad, Hercules, CA, USA).

#### Differentiation assay

For osteogenesis studies, 50 cells were plated in 60 cm<sup>2</sup> dishes and cultured for 14 days as described previously (Nimura et al. 2008) with slight modifications. The medium was then switched to a calcification medium consisting of complete medium supplemented with  $50 \,\mu \text{g/ml}$  AA, 10 mM  $\beta$ GP, and 10 nM DEX (osteoinductive medium) for an additional 21 days. These dishes were stained with 1% alizarin red solution, and alizarin red-positive colonies were counted. The same calcification cultures were subsequently stained with crystal violet, and the total cell colonies were counted. Colonies that were  $<2 \,\mathrm{mm}$  in diameter or appeared yellowish were ignored.

For adipogenesis experiments, 50 cells were plated in 60 cm<sup>2</sup> dishes and cultured in complete medium for 14 days. The medium was then switched to adipogenic medium, which consisted of complete medium supplemented with 100 nM DEX, 0.5 mM isobutyl-1-methyl xanthine (Sigma-Aldrich), and  $50 \,\mu M$  indomethacin (Wako Pure Chemical) for an additional 21 days. The adipogenic cultures were fixed with 4% paraformaldehyde and stained with fresh oil red O solution, and the numbers of the oil red O-positive colonies were counted. Colonies that were  $< 2 \,\mathrm{mm}$  in diameter or ones that appeared faint were ignored. The cultures were then stained with crystal violet, and the total number of cell colonies was counted.

For chondrogenesis studies, 250,000 cells were placed in a 15 ml polypropylene tube (Becton Dickinson, Mountain View, CA, USA) and centrifuged for 10 min. The pellet was cultured in chondrogenesis medium [high-glucose Dulbecco's modified Eagle's medium (Invitrogen) supplemented with 500 ng/ml bone morphogenetic protein 2 (R&D Systems, Minneapolis, MN, USA), 10 ng/ml transforming growth factor  $\beta$ 3 (R&D Systems), 10 nM DEX, 50  $\mu$ g/ml AA, 40  $\mu$ g/ml proline, 100  $\mu$ g/ml pyruvate, and 50 mg/ml ITS+Premix (Becton Dickinson)]. The medium was replaced every 3–4 days for 21 days.

For immunohistochemical staining, the pellets were embedded in OCT compound, and the specimen block was cut into 5  $\mu$ m frozen tissue sections. After being dried for 1 h at room temperature, the tissue sections were treated with chondroitinase ABC (0.25 U/ml) (Seikagaku Biobusiness, Tokyo, Japan) and hyaluronidase (type I-S) (Sigma-Aldrich) for 30 min. at 37°C. The sections were washed with Tris-buffered saline (TBS) (Takara Bio, Shiga, Japan). and incubated with TBS containing 5% donkey serum and 0.3% Triton X for 1 h to block non-specific reactions. The sections were then incubated with a mouse monoclonal antibody against human type II collagen (1:100 dilution) (Daiichi Fine Chemical, Toyama, Japan) for 12h at 4°C. The slides were again washed three times with TBS and incubated with a horseradish peroxidase-conjugated secondary antibody (1:1000 dilution) (Jackson ImmunoResearch Laboratories, West Grove, PA, USA) for 1 h at room temperature. Immunostaining was detected by 3, 3'-diaminobenzidine (DAB), and the counterstaining was performed with Mayer's haematoxylin.

# Isolation of RNA and polymerase chain reaction (PCR)

Total RNA was isolated with a OIA shredder and RNeasy Mini kit (Oiagen, Valencia, CA, USA) according to the manufacturer's instructions. Thereafter, cDNA was synthesized from 500 ng of the total RNA using the Superscript VILO cDNA Synthesis Kit (Invitrogen).  $\beta$ -Actin was utilized as the internal control gene from the results observed on the TaqMan Human Endogenous Control Plate (Applied Biosystems, Foster City, CA, USA). The mRNA expression levels of periodontal marker genes and osteogenic genes were quantitatively analysed by real-time PCR (ABI Prism 7300 Sequence detection system, Applied Biosystems) using sequencespecific primers. The primers used were as follows: asporin (Hs00214395\_m1),  $\beta$ -actin (4326315E), bone sialoprotein (BSP; Hs00173720\_m1), cementum protein 1 (CEMP1; Hs03004478\_s1), cyclin J (Hs00908190\_g1), FDC-SP (Hs00395131\_m1), milk fat globule-EGF factor 8 protein (MFGE8: Hs00170712 m1), MSX1 (Hs00427183 m1), MSX2 (Hs00741177 m1), neural cell adhesion molecule 1 (NCAM1;

Hs00941821\_m1), osteocalcin (OCN; Hs01587813 g1), osteopontin (OPN; Hs00167093 m1), periostin (Hs00170815 m1), S100A4 (Hs00243202 m1), and type II collagen (Col2A1; Hs01060345 m1). The samples were analysed in triplicate. The mRNA expression levels relative to  $\beta$ -actin were determined, and, in some cases, the fold changes were calculated using the values obtained by means of the  $2^{-\Delta\Delta C_t}$  method at each time point (Livak & Schmittgen 2001).

#### PCR array

Human osteogenesis RT<sup>2</sup> Profiler<sup>™</sup> PCR Array and Human Cell Surface Markers RT<sup>2</sup> Profiler<sup>™</sup> PCR Array (SuperArray Bioscience, Bethesda, MD, USA) were used to screen for the expression of multiple genes in hPDL cells, hBMMSCs, and hGFs according to the manufacturer's protocol, and the levels of gene expression were determined with the comparative  $C_t$  method.

#### Flow cytometric assay

One million cells were suspended in  $100 \,\mu l$  Dulbecco's phosphate-buffered saline (PBS) containing  $10 \,\mu g/ml$  of each specific antibody. For determining the surface markers, fluorescein isothiocyanate (FITC)- or phycoerythrin (PE)coupled antibodies against CD29, CD34, CD44, CD90, CD106, and CD146 (Becton Dickinson), ALP (R&D systems), STRO-1 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), CD14 and CD45 (Biolegend, San Diego, CA, USA), and CD105 (Ancell, Bayport, MN, USA) were used. As the isotype control, FITC- or PE-coupled non-specific mouse IgG (Becton Dickinson), and PE-coupled non-specific mouse IgM (Antigenix America, Huntington Station, NY, USA) were substituted for the primary antibodies. After being incubated for 30 min. at 4°C, the cells were washed with PBS and then suspended in 1 ml of PBS for further analysis. Cell fluorescence was determined using a flow cytometer (Epics-XL; Beckman Coulter, Fullerton, CA, USA).

#### Immunohistochemistry

A human tooth surrounded by alveolar bone was subjected to immunohistochemistry. The tissue was fixed with 4% paraformaldehyde and decalcified with neutralized 10% EDTA (pH 7.4) at 4°C for 2 weeks before dehydration

Validation of human periodontal ligament cells and paraffin embedding. Sections that resected for histological analysis. Three

were 5  $\mu$ m thick were collected on glass animals were used for each time point. slides. To enhance antigen retrieval, the The specimens were fixed with 4% paraslides were immersed in 1% antigen formaldehvde and routinely processed unmasking solution (Vector Laboratories, into 7-µm-thick paraffin-embedded sec-Burlingame, CA, USA) and blocked for tions. The paraffin sections were stained with either haematoxylin-eosin or ali-30 min. at room temperature with nonimmune rabbit serum, followed by a 16-h zarin red incubation with the specific primary antibodies. The primary antibodies and Data analysis dilutions used were anti-human S100A4 (1:100) (ab27957; Abcam, Cambridge, All values are expressed as means  $\pm$  SD. UK) and anti-human periostin (1:100) All samples were analysed by Student's (ab14041: Abcam). The slides were t-tests. Values of p < 0.05 were considthen rinsed, followed by incubation for ered statistically significant. 30 min. at room temperature with biotinylated secondary antibody (1:200) (Vectastain ABC kit AK-5002; Vector

Laboratories). The slides were washed

with PBS, and the avidin-biotin complex

was added for 30 min. at room temperature. The slides were then rinsed well

hPDL cells at Passage 5 were seeded on

temperature-responsive culture dishes

(35 mm in diameter, UpCell<sup>®</sup>, Cell-

Seed, Tokyo, Japan) at a cell density

of  $3 \times 10^4$  cells/dish and cultured in

complete medium for 2 days. Then,

the culture medium was changed to an

osteoinductive medium, and the cells

were cultured for an additional 14

days. For harvesting cell sheets, the

temperature was reduced to room tem-

perature. Then, the culture medium was

aspirated, and a wet sheet of woven

polyglycolic acid (PGA) (Neoveil<sup>®</sup>,

PGA Felt-Sheet Type, 0.15 mm in thick-

ness; Gunze, Tokyo, Japan) was used for

multi-layering, as described previously

(Iwata et al. 2009). Because the PGA

sheets stuck to the cell sheets within

several seconds, PGA sheets holding

cell sheets were harvested by peeling

them from the dishes with forceps. This

procedure was repeated, and eventually

four, six, eight, and 10 layers of hPDL

cell sheets were obtained. F344 athymic

rats (6-week-old male; Charles River

Japan, Tokyo, Japan) were anaesthe-

tized with 2% inhaled isoflurane and

ventilated using a rodent mechanical

ventilator. Incisions were made subcuta-

neously on the dorsa of the rats. Multi-

layered hPDL cell sheets-PGA constructs

were placed at the muscle surfaces, and

the incisions were closed with 5-0 silk

sutures (Nesco-suture; Alfresa, Osaka,

Japan). After 3 days, 10 days, or 4

weeks, the transplanted grafts were

with PBS and developed with DAB.

Transplantation

#### Results

#### Extraction and characterization of hPDL cells

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A total of 41 teeth (36 wisdom teeth and five other teeth) (Table 1) were obtained and digested with either collagenase/ dispase or trypsin/EDTA, both of which were conventionally used for tissue dissociation. The success rate of cell expansion with collagenase/dispase [29/30 (96.7%)] was higher than with trypsin/EDTA [8/11 (72.7%)]. In some trypsin/EDTA-digested samples, no ALP induction of hPDL cells was observed (2/8). Because of the small quantity of hPDL tissue, the initial cell density was extremely low (usually <50 cells/cm<sup>2</sup>) even when the small culture flask (T25) was used. hPDL cells proliferated clonally, and the population doubling time was <24 h for 50 days (Fig. 1a). The colony-forming efficiency of hPDL cells was approximately 30% at Passage 1 and increased with every passage (Fig. 1b). The proliferation rates of hPDL cells were higher when they were spread at lower densities (Fig. 1c). AA,  $\beta$ GP, or DEX treatment enhanced the ALP activity of hPDL cells in a dose-dependent manner, and their use in combination maximized the increase in ALP activity (Fig. 1d). In contrast, no induction of ALP activity was observed in hGFs (data not shown).

The osteogenic, adipogenic, and chondrogenic potentials of hPDL cells were investigated in comparison with that of hADSCs, hBMMSCs, and hGFs. Similar to hADSCs and hBMMSCs, hPDL cells showed high osteogenic potential ( $\sim 60\%$ of total colonies) (Fig. 2a and b). In contrast, no alizarin red-positive colony was observed in hGFs. In the adipogenic studies, hADSCs and hBMMSCs showed significant potential ( $\sim 85\%$ ) compared



*Fig. 1.* Proliferation, colony-forming unit-fibroblast (CFU-F), and alkaline phosphatase (ALP) activity of human periodontal ligament (hPDL) cells. (a) The growth and proliferative life span of hPDL cells from six different donors. Cells were seeded and subcultured at 50 cells/cm<sup>2</sup> every 2 weeks after Passage 3. (b) CFU-F of hPDL cells. hPDL cells from six donors were examined for colony-forming assay at Passages 1, 3, and 5 in triplicate. The bars and lines represent the means and SD of six samples. Statistically significant difference (\*p < 0.05; \*\*p < 0.01). (c) Effect of the seeding density on the proliferation of hPDL cells. Cells were plated in triplicate at densities of 50, 500, and 5000 cells/cm<sup>2</sup>, respectively. Medium was changed 24 h after seeding, and hPDL cells were cultured for an additional 7 days. The bars and lines represent the means and SD of streams and SD of three samples at Passage 3. \*\*Statistically significant difference (p < 0.01). (d) ALP activity of hPDL cells from three donors induced by the use of a combination of osteoinductive reagents, ascorbic acid (AA) ( $\mu g/m$ ),  $\beta$ -glycerophosphate ( $\beta$ GP) (mM), and dexamethasone (DEX) (nM). The bars and lines represent the means and SD.

with that of hPDL cells and hGFs ( $\sim 30\%$ ) (Fig. 2c and d). In the chondrogenic studies, hPDL cells differentiated into chondrocytes, which were positive for type II collagen antibody (Fig. 2e). Real-time PCR analyses showed that type II collagen expression was detectable in all types of cells (Fig. 2f) and hBMMSCs had a higher expression of type II collagen than other cells. hGFs appeared to have a higher expression of type II collagen than hPDL cells. However, there was no significant difference in type II

collagen expression among hPDL cells, hADSCs, and hGFs.

Next, we investigated the time course expression of osteogenic genes, OCN, OPN, and BSP, in hPDL cells. When hPDL cells were cultured in complete medium supplemented with AA,  $\beta$ GP, and DEX, the expression levels of OCN, OPN, and BSP were maximized on Day 14 (Fig. 3a), and an alizarin red-positive area was clearly observed at the same time (Fig. 3b). However, the expression levels of all three genes were decreased

on Day 21. When hPDL cells were cultured with AA and  $\beta$ GP, but without DEX, the gene expression levels of OCN, OPN, and BSP were increased up to Day 21.

#### Surface epitopes of hPDL cells

The expression of putative mesenchymal stem cell markers (CD29, CD44, CD90, and CD105 positive, and CD14, CD34, and CD45 negative) was observed in all types of cells (Fig. 4). CD146, CD106, and ALP were more frequently positive in hPDL cells compared with hGFs. STRO-1, an epitope originally suggested as a marker for MSCs, was expressed in <20% of cells for all types of cells.

#### Gene expression profile

Previous studies demonstrated that hPDL cells have osteogenic potential. Thus, we performed both osteogenesis and cell surface markers PCR array on hPDL cells and compared it with hBMMSCs (Table 2A) or hGFs (Table 2B). Several genes were preferentially expressed in hPDL cells. Neural cell adhesion molecule 1 (NCAM1) was strongly expressed in hPDL cells compared with hBMMSCs and hGFs. This difference was statistically significant. In addition to these PCR arrays, each of the known PDL marker genes was also verified with a TaqMan<sup>®</sup> gene expression assay.  $\beta$ -Actin was chosen as the endogenous control from the results of the TaqMan<sup>®</sup> Human Endogenous Control Plate because of the stability of the signal between the cell types and its level of expression (data not shown). The expression levels of MSX1, NCAM1, and S100A4 in hPDL cells were higher than in hBMMSCs (Fig. 5a). Moreover, the expression levels of NCAM1 and periostin in hPDL cells were higher than in hGFs (Fig. 5a). The immunohistochemical analyses confirmed the positive signals of both S100A4 and periostin in hPDL tissues between the alveolar bone and dentin (Fig. 5b-e).

#### Transplantation

To verify the osteogenic potential in vivo, multi-layered hPDL cell sheets were transplanted into the backs of athymic rats. After being cultured with an osteoinductive medium for 14 days, hPDL cells were multi-layered (four,



*Fig.* 2. Differentiation potential of human periodontal ligament (hPDL) cells. (a) hPDL cells positively stained with alizarin red. hPDL cells were cultured for 21 days in osteoinductive medium. (b) The ratio of alizarin red-positive colonies in the total number of colonies. Each sample was examined in triplicate, and the means of each sample were used for statistical analysis. The bars and lines represent the means and SD of human adipose-derived stem cells (hADSCs) (n = 3), human bone marrow-derived mesenchymal stem cells (hBMMSCs) (n = 3), human gingival fibroblasts (hGFs) (n = 3), and hPDL cells (n = 7). \*p < 0.05 versus hPDL cells. (c) hPDL cells positively stained with oil red O. hPDL cells were cultured for 21 days in adipogenic medium. (d) The ratio of oil red O-positive colonies in the total number of colonies. Each sample was examined in triplicate, and the means of each sample were used for statistical analysis. The bars and lines represent the means and SD of hADSCs (n = 3), hBMMSCs (n = 3), hGFs (n = 3), and hPDL cells (n = 7). \*p < 0.05 versus hPDL cells (n = 7). \*p < 0.05 versus hPDL cells (n = 7). \*p < 0.05 versus hPDL cells (n = 7). \*p < 0.05 versus hPDL cells (n = 7). \*p < 0.05 versus hPDL cells (n = 7). \*p < 0.05 versus hPDL cells. (e) Immunohistochemical analysis for type II collagen. hPDL cells were pelleted and cultured for 21 days in the defined medium described in the "Materials and Methods". A macro picture of cartilage pellets with 100  $\mu$ m scale is shown. (f) Gene expression analysis for type II collagen on Day 21 was analysed by real-time PCR. The bars and lines represent the means and SD of hADSCs (n = 3), hBMMSCs (n = 3), and expression relative to  $\beta$ -actin were calculated using the values obtained from hPDL cells as a calibrator by means of the  $2^{-\Delta\Delta C_t}$  method (Livak & Schmittgen 2001). \*p < 0.05 versus hPDL cells.



*Fig. 3.* Osteoblastic/cementoblastic gene expression during osteoinduction in human periodontal ligament (hPDL) cells. (a) Effects of osteoinductive supplements on the expression of osteocalcin (OCN), osteopontin (OPN), and bone sialoprotein (BSP). After hPDL cells were treated with or without supplements [AA ( $50 \mu g/ml$ )+ $\beta$ GP (10 mM) or AA+ $\beta$ GP+DEX (10 nM)], the gene expression at various time points (4–21 days) was analysed by real-time PCR. Two individual PDL cells were examined in triplicate, and the average values are shown. The mean fold changes in gene expression relative to  $\beta$ -actin were calculated using the values obtained from hPDL cells without induction on Day 4. (b) Alizarin red staining of hPDL cells cultured with or without osteoinductive supplements. PDL cells were spread at a density of 5000 cells/cm<sup>2</sup>. After 48 h, the culture medium was switched to complete medium only (c) or complete medium+AA ( $50 \mu g/ml$ ) (A); AA+ $\beta$ GP (10 mM) (AB); or AA+ $\beta$ GP+DEX (10 nM) (ABD), and cultured for 14 or 21 days.

six, eight, or 10 layers) with woven PGA and transplanted into the backs of athymic rats. Layering structures were clearly seen on Day 3 (Fig. 6a and b).

An area that was alizarin red positive was observed on Day 3, and it grew until Day 10 in both eight- and 10-layer transplantation.

#### Discussion

Human teeth are routinely extracted because of caries or orthodontic reasons. even though they retain healthy PDL or pulp tissues. Therefore, researchers have utilized dental stem cells as non-invasive cell sources for regenerative medicine. In fact, PDL cells (Nakahara et al. 2004, Sonoyama et al. 2006, Liu et al. 2008, Iwata et al. 2009) and dental pulp cells (Iohara et al. 2004, 2006) have already been examined for their regenerative potential in large animal models. Importantly, the clinical outcomes of these studies were superior to those of traditional therapies. Thus, human clinical trials using hPDL cells have the potential to treat various defects, which have until now been thought to be difficult to cure. Although the prospects are increasing, appropriate methods for extracting and expanding hPDL cells are still not well established. In this study, we determined the optimal method for the isolation and expansion of hPDL cells. We then examined their gene expressions and differentiation potentials and eventually validated the common characteristics of hPDL cells from 41 samples.

First, the method of enzymatic digestion for hPDL tissues was optimized. Because hPDL tissue mainly consists of collagen, the dose-response effect of collagenase (0.075, 0.75, and 1.5 PZ-U/ml) was studied, resulting in 0.75 PZ-U/ml as the optimal concentration (data not shown). The success rate of cell expansion with collagenase/dispase was 96.7% (29/30), which was superior to the original explant method (76%) (Somerman et al. 1988). Only one sample (#28, a 23-year-old male) exhibited bacterial contamination during the initial days of culture. Trypsin/EDTA also extracted cells from hPDL tissues (72.7%). However, some of the samples lost their osteogenic potential (Table 1) and had low proliferation (data not shown). Thus, collagenase/dispase was chosen for further studies. Primaria culture dishes were used in this study because the initial cell attachment was enhanced compared with normal Falcon dishes (data not shown). The cells were cultured in  $\alpha$ -MEM glutamax for rapid cell expansion as described previously (Sotiropoulou et al. 2006). hPDL cells exhibited an increased proliferation compared with other mesenchymal tissue-derived cells (Matsubara et al. 2005, Sakaguchi et al. 2005). Usually, the number of hPDL



*Fig. 4.* Surface molecule characterization by flow cytometry. Expression of cell surface proteins on human adipose-derived stem cells (hADSCs), human bone marrow-derived mesenchymal stem cells (hBMMSCs), human gingival fibroblasts (hGFs), and human periodontal ligament (hPDL) cells as determined by flow cytometry. The bars and lines represent the means and SD of three samples from each source. \*p < 0.05 versus hPDL cells.

Table 2A. Differentially expressed genes between hPDL cells and hBMMSCs by PCR array

Name of gene	Description	Fold up- or down	- <i>p</i> -
		regulation	value
NCAM1	Neural cell adhesion molecule 1	27.10	0.0001
MSX1	Msh homeobox 1	15.55	0.0011
FLT1	Fms-related tyrosine kinase 1 (vascular endothelial growth factor)	12.74	0.0287
BMP4	Bone morphogenetic protein 4	6.14	0.0213
HLA-DRA	Major histocompatibility complex, Class II, DRa	5.95	0.2112
IL12RB1	Interleukin 12 receptor, β1	5.83	0.0060
CD40	CD40 molecule, TNF receptor superfamily member 5	5.64	0.0189
COL14A1	Collagen, type XIV, α1	4.41	0.3085
CD24	CD24 molecule	-4.05	0.1410
CD36	CD36 molecule (thrombospondin receptor)	-4.23	0.1536
CD70	CD70 molecule	-4.57	0.2035
ST6GAL1	ST6 $\beta$ -galactosamide $\alpha$ -2,6-sialyltranferase 1	-4.81	0.0012
BMP6	Bone morphogenetic protein 6	-5.30	0.0050
ITGA2	Integrin, α2 (CD49B, α2 subunit of VLA-2 receptor)	) - 6.27	0.0510
KRT18	Keratin 18	-9.06	0.0102
KRT8	Keratin 8	-9.74	0.0044
DPP4	Dipeptidyl-peptidase 4 (CD26, adenosine deaminase complexing protein 2)	e – 14.06	0.0579
COMP	Cartilage oligomeric matrix protein	-56.27	0.0024
TEK	TEK tyrosine kinase, endothelial (venous malformations, multiple cutaneous and	- 109.90	0.0001

Three different individuals of hPDL cells and hBMMSCs were examined with "cell surface markers" and "osteogenesis" PCR arrays and statistical analyses were performed. Genes with defined threshold of 4-fold differential expression are listed. If hPDL cells >hBMMSCs, "+"; if hPDL cells <hBMMSCs, "-". A grey box indicates a statistically significant change. P < 0.05. hPDL, human periodontal ligament; hBMMSCs, bone marrow-derived mesenchymal stem cells.

cells exceeded 1 million within the first 2 weeks. hPDL cells become senescent after 70–100 days of cultivation, and no transformation of cells was observed in this study. The colony-forming efficiency of hPDL cells was in agreement with previous studies (Nagatomo et al. 2006). Surprisingly, the colony-forming efficiency of hPDL cells increased with every passage. Therefore, it is possible that the method of cell expansion used in this study, in which seeding density was low, exclusively selected highly proliferative and replicative hPDL cells.

Next, the gene expression of hPDL cells was examined. Generally speaking, hPDL cells have higher ALP activity than that of hGFs and possess osteogenic potential (Somerman et al. 1988, Murakami et al. 2003). All hPDL samples extracted with collagenase/dispase exhibited such characteristics, suggesting that the experiment was properly conducted. The effect of osteoinductive supplements, AA,  $\beta$ GP, and DEX, on ALP activity of hPDL cells was investigated, and the maximum induction was determined to be as much as the conventional concentration of an osteoinductive medium (50 µg/ml AA, 10 mM  $\beta$ GP, and 10 nM DEX).

In differentiation assays, the method described by Sekiya et al. (2002) was used because this method could simultaneously evaluate the rate of differentiation potentials as well as the colony-forming efficiency. hPDL cells differentiated into the osteoblastic lineage with high frequency as much as that of hADSCs and hBMMSCs. Furthermore, the expression of osteoblastic genes during osteoinduction was also investigated to determine the optimal culture period for hPDL cells. When DEX was used in addition to AA and  $\beta$ GP, the expression levels of OCN, OPN, and BSP were maximized on Day 14 and were decreased on Day 21. It is known that the continuous presence of DEX can modulate differentially the osteoblastic phenotypes of cells (Hoemann et al. 2009). Considering the culture condition of this study, in which AA,  $\beta$ GP, and DEX were continuously supplied, it was quite presumable that the expression of these genes was modified by the long-term DEX treatment. Similar results were observed by Zhou et al. (2008) using hPDL cells. Alizarin red staining also confirmed that cultivation for 14 days was enough to form mineralized nodules when cells were cultured with AA,  $\beta$ GP, and

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Table 2B.	Differentially	expressed	genes	between	hPDL	cells	and	hGFs	by	PCR	arra	١
	2		<i>u</i>						~			~

Name of gene	Description	Fold up- or down-regulation	<i>p</i> -value
HLA-DRA	Major histocompatibility complex, Class II, DRa	30.30	0.0557
VCAM1	Vascular cell adhesion molecule 1	23.88	0.0269
ALPL	Alkaline phosphatase, liver/bone/kidney	23.25	0.0486
TPSAB1	Tryptase α/β1	20.98	0.0216
NCAM1	Neural cell adhesion molecule 1	19.53	0.0456
COL14A1	Collagen, type XIV, α1	9.46	0.1882
FGFR2	Fibroblast growth factor receptor 2	7.04	0.0019
TGFB3	Transforming growth factor $\beta$ 3	6.77	0.0310
MYOCD	Myocardin	6.22	0.3872
CD4	CD4 molecule	5.79	0.3811
ITGAM	Integrin, $\alpha M$ (complement component 3 receptor 3 subunit)	5.39	0.0178
CD74	CD74 molecule, major histocompatibility complex, Class II invariant	5.34	0.3486
BGN	Biglycan	4.75	0.0652
EGF	Epidermal growth factor ( $\beta$ -urogastrone)	4.25	0.0658
IGF1	Insulin-like growth factor 1 (somatomedin C)	4.20	0.2378
ITGA2	Integrin, $\alpha 2$ (CD49B, $\alpha 2$ subunit of VLA-2 receptor)	-5.10	0.0830
COL15A1	Collagen, type XV, α1	-6.38	0.3418
CTSK	Cathepsin K	- 7.22	0.0301

Three different individuals of hPDL cells and hGFs were examined with "cell surface markers" and "osteogenesis" PCR arrays and statistical analyses were performed. Genes with defined threshold of four-fold differential expression are listed. If hPDL cells >hGFs, "+"; if hPDL cells <hGFs, "-". A grey box indicates a statistically significant change. p < 0.05.

hPDL, human periodontal ligament; hGFs, human gingival fibroblasts.



*Fig.* 5. Expression of PDL-specific markers. (a) Real-time PCR analysis of known PDL-specific genes. The bars and lines represent the means and SD of human bone marrow-derived mesenchymal stem cells (hBMMSCs) (n = 3), human gingival fibroblasts (hGFs) (n = 3), and human periodontal ligament (hPDL) cells (n = 7). Statistically significant difference (\*p < 0.05; \*\*p < 0.01). The tissue sections of a human tooth with surrounding bone were immunostained with anti-human S100A4 (b and c) or periostin (d and e) polyclonal antibodies. The positive staining is shown by a reddish-brown colour. All sections were counterstained with haematoxylin (blue). The scale bars, 1 mm (B and D) and 50  $\mu$ m (C and E). AB, alveolar bone and D, dentin.

8 layered hPDL cell sheets

10 layered hPDL cell sheets



*Fig. 6.* The in vivo potential of multi-layered human periodontal ligament (hPDL) cell sheets that were subcutaneously transplanted in athymic rats. Eight (a)- or 10 (b)-layered hPDL cell sheets with woven PGA carrier were transplanted, and sacrificed on Day 3 (a and b) or Day 10 (c and d). The dissected samples were stained with haematoxylin–eosin (a and c) or alizarin red (b and d). The bars show 100  $\mu$ m. Note that obvious alizarin red-positive areas are observed on Day 10 in both eight (a)- and 10 (b)-layered transplantation of hPDL cell sheets.

DEX. Thus, we concluded that osteoinductive cultivation with DEX for 14 days was sufficient to enhance the osteoblastic differentiation of hPDL cells.

Next, the adipogenic and chondrogenic potentials of hPDL cells were examined. Both potentials were lower in hPDL cells than in hADSCs or hBMMSCs. These results correlated with a previous report examining alveolar bone marrow-derived cells (Matsubara et al. 2005). It is possible that the origin of the cells may affect their potential. Both PDL tissue and alveolar bone are neural crest-derived mesenchymal stromal cells (Chai et al. 2000, Cho & Garant 2000). A recent study showed that neural crest-derived osteoblasts exhibited stronger bone formation activity than cells derived from the mesoderm (Leucht et al. 2008). Thus, further investigation is needed to clarify the originspecific plasticity of hPDL cells.

In the adipogenic differentiation study, hGFs differentiated into oil red O-positive cells. It is possible that the method used in this study, where all cells have colony-forming ability, may affect the potential of adipogenic differentiation in hGFs. Additional studies should be undertaken to determine the differentiation properties of hGFs.

FCM analysis showed the similarity of surface epitopes among four types of cells. Putative markers for MSC (CD29, CD44,

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CD90, and CD90) were expressed in all kinds of cells. The expression of CD146, CD106, and ALP in hPDL cells was significantly higher than in hGFs, and these results agreed with those of other studies (Seo et al. 2004, Gronthos et al. 2006, Lindroos et al. 2008, Wada et al. 2009). In this study, only a small fraction of hPDL cells was STRO-1 positive ( $4.2 \pm 2.0\%$ ). It is possible that the STRO-1 expression may be lost over time, as suggested in other studies (Matsubara et al. 2005, Zhou et al. 2008, Itaya et al. 2009).

Next, we studied the distinguishable marker genes of hPDL cells. Although similar approaches have been performed by others (Han & Amar 2002, Lallier et al. 2005, Fujita et al. 2007), the results of our PCR array showed NCAM1 as a new marker of hPDL cells. In addition, the proposed PDL markers (asporin, CEMP1, cyclin J, FDC-SP, MFGE8, MSX1, MSX2, periostin, and S100A4) (Ishikawa et al. 2009) were also investigated using commercially available PCR primer sets. The strong expression of both S100A4 and periostin was detectable in all hPDL cells. However, individual variability in the expression levels of asporin, MSX1, and MSX2 was observed. In this study, the expression of FDC-SP was rarely observed in all types of cells (data not shown), and no preferential expression of CEMP1, cyclin J, or MFGE8 was observed in hPDL cells (Fig. 5). It is possible that the culture conditions used in this study may affect the expression of these genes. Still, immunohistochemical studies confirmed that both S100A4 and periostin had specific signals in hPDL specimens. Thus, these two genes can be useful to identify hPDL cells.

To assess the in vivo osteogenic potential, multi-layered hPDL cell sheets cultured with osteoinductive medium were transplanted into athymic rats. Because no alizarin red-positive area was observed in the control sites, the calcification was speculated to be induced by transplanted hPDL cell sheets. The alizarin red-positive area was expanded dramatically on Day 10 compared with Day 3, suggesting that hPDL cells promoted calcium deposition around them. Unfortunately, we could observe no calcified tissues in 4-week samples. It is possible that immunorejection may occur in this subcutaneous transplantation model with athymic rats.

From these results, hPDL cells were successfully extracted, expanded, and examined, and the characteristics and distinguishable markers of hPDL cells were proposed. Because true periodontal regeneration was already reported in a canine model using similar methods (Iwata et al. 2009), the methods described in this study might be helpful for the cultivation and validation of hPDL cells for human clinical application.

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#### **Clinical Relevance**

Scientific rationale for the study: Cytotherapy using PDL cells has proven to be effective. However, there is no standard protocol for the culture of human PDL cells. In this study, we validated the culture con-

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ditions and characteristics of human PDL cells for human clinical trials. *Principal findings*: Human PDL cells were successfully extracted with collagenase/dispase and exhibited high proliferative capacity, high ALP activity, and multi-potency. Some genes Zhou, Y., Hutmacher, D. W., Sae-Lim, V., Zhou, Z., Woodruff, M. & Lim, T. M. (2008) Osteogenic and adipogenic induction potential of human periodontal cells. *Journal of Periodontology* 79, 525–534.

Address: Teruo Okano Institute of Advanced Biomedical Engineering and Science Tokyo Women's Medical University 8-1 Kawada-cho Shinjuku-ku Tokyo 162-8666 Japan E-mail: tokano@abmes.twmu.ac.jp

(NCAM1, S100A4, and periostin) were preferentially expressed in human PDL cells and can be useful markers for the identification of human PDL cells. *Practical implications*: Human PDL cells could be a promising source of cells for regenerative medicine.

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