

The high prognostic value of the histologic grade at the deep invasive front of tongue squamous cell carcinoma

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BACKGROUND: Although many histopathologic factors in squamous cell carcinoma of the tongue predict the prognosis, the major predictive factors have not been identified clearly. This study analyzed the prognostic value of the histologic grade at the deep invasive front of tongue squamous cell carcinoma.

METHODS: The clinicopathologic features of 124 consecutive patients seen between January 1985 and December 1999 with previously untreated squamous cell carcinoma of the tongue were reviewed. Their mean age was 58.5 years (range: 23–90) and the male–female ratio was 1.8:1 (79 men and 45 women). There were 41, 40, 30, and 13 cases at stage I to stage IV, respectively. The clinicopathologic factors, especially the histologic grade at the deep invasive front (invasive front grade, IFG), were analyzed to determine factors predicting prognosis.

RESULTS: The 5-year disease-free survival rate of the patients treated with curative aim only was 66.7%. Clinicopathologic factors significantly associated with the prognosis were T classification, tumor size, stage classification, tumor depth, macroscopic appearance, cervical lymph node metastasis (nodal metastasis), microvascular invasion, and IFG. In a multivariate analysis, patients with tumor depth ≥ 4 mm, IFG ≥ 8 points, and nodal metastasis had a reduced disease-free survival and IFG ≥ 11 points had a predictive value for nodal metastasis (odds ratio: 7.34; $P = 0.0019$).

CONCLUSION: This study found that a high IFG malignancy score had a high prognostic value for squamous cell carcinoma of the tongue.

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Keywords: deep invasive front; histologic grade; oral squamous cell carcinoma; prognostic factor; tongue carcinoma

Introduction

Patients with oral squamous cell carcinoma can die from failure to control the primary lesion or regional lymph node metastases (1–4). An analysis of the prognostic factors is important for predicting the prognosis and achieving a high survival rate in these patients (4–8). Several reports have examined the usefulness of clinical and pathologic factors related to the prognosis of oral squamous cell carcinoma (1–12). These factors have only slightly significant effects on prognosis and have not been well described. Furthermore, few studies have applied multivariate analysis to the clinicopathologic factors associated with cervical lymph node metastasis and prognosis to squamous cell carcinoma of the tongue (4, 11, 13–15). This study is a retrospective review of the clinical and pathologic data on tongue carcinomas, and sought to determine the factors predicting cervical lymph node metastasis and prognosis.

Patients and methods

We reviewed the medical records of 147 patients who were treated for squamous cell carcinoma of the tongue at the Second Department of Oral and Maxillofacial Surgery of Kyushu Dental College between 1985 and 1999. We excluded 23 patients with disseminated disease, other serious illnesses or poor general condition, which made treatment with curative intent impossible. Our study focuses on the remaining 124 patients from whom biopsy specimens with proven tumor infiltration into the connective tissue of sufficient quantity for malignancy grading were obtained. All the patients underwent partial glossectomy, hemiglossectomy, or total glossectomy with immediate reconstruction using skin graft, myocutaneous flaps, or free flaps. No patients received pre-operative treatment. Classical or modified radical neck dissection was performed in all patients with clinically positive neck nodes.

The patients consisted of 79 men (63.7%) and 45 women (36.3%). Their mean age was 58.5 years (range:

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23–90). There were 41, 40, 30, and 13 cases at stages I–IV, respectively. The macroscopic appearances were classified as exophytic (superficial, papillomatous, and granulomatous) or endophytic (ulcerative and erosive). Tumor size was expressed as the maximum tumor diameter.

Histopathologic evaluation

Paraffin-embedded specimens were retrieved from the files of the Oral Pathology Department. Serial sections were cut 4–6 µm thick. Alternate sections were stained with hematoxylin and eosin (H & E). The initial biopsy for histologic diagnosis was undergone so that the excised specimen included a portion that was as deep as possible in terms of the tumor-host border, and contained a representative portion to determine the histologic grade of the malignancy.

The histologic grade of the malignancy was determined using the grading system of Anneroth et al. (16) (Anneroth's malignancy). The histologic malignancy grade of the deep invasive front area (invasive front grade, IFG) was determined using the method of Bryne et al. (17). For each tumor, the degree of keratinization, nuclear polymorphism, pattern of invasion, and host response (degree of leukocyte infiltration) were graded and given scores between 1 and 4 (Table 1). Tumor depth was measured from the surface of the normal mucosa to the deepest portion of the tumor (4). Microvascular invasion was also recorded. Two pathologists and two oral surgeons, who were blind to the clinical data, reviewed all the pathologic specimens. The histologic assessments were judged by agreement of three or more reviewers.

Statistical analysis

All the data were tabulated, and statistical tests were performed using the STATVIEW software package (SAS Institute, Cary, NC, USA). The correlation between Anneroth's malignancy and IFG was evaluated using the Spearman rank correlation test. The correlation between clinicopathologic factors and disease-free survival was analyzed using the log-rank test. Survival curves were plotted using the Kaplan–Meier method (18). The prognostic significance of clinicopathologic factors on disease-free survival was assessed using

Cox's multivariate proportional hazards regression analysis. The prognostic significance of clinicopathologic factors in cervical lymph node metastasis (nodal metastasis) was assessed using Fisher's exact test, univariate and multivariate logistic regression analyses. The results were considered significant when the $P < 0.05$.

Results

The mean total score of histologic malignancy was 13.2 ± 3.3 points for Anneroth's malignancy and 9.5 ± 2.7 points for IFG. A linear correlation between Anneroth's malignancy and IFG was observed ($P = 0.771$, $R^2 = 0.596$, $P < 0.0001$; Fig. 1). After the selection of cut-off levels, single parameter analysis by means of log-rank test revealed significant results for total malignancy scores. Figure 2 shows the disease-free survival for IFG. Patients with < 8 points had significantly better prognoses than did those with more than 8 points.

Univariate analysis of disease-free survival

Forty of the 124 patients died because of failure to control the primary site (25 patients), regional lymph node metastasis (13 patients), or distant metastasis (two patients). The disease-free survival rate at 5 years for the patients was 66.7%. Disease-free survival was correlated with T classification ($P < 0.0001$), tumor size ($P < 0.0001$), Stage classification ($P < 0.0001$), tumor depth ($P < 0.0001$), macroscopic appearance ($P = 0.0051$), nodal metastasis ($P < 0.0001$), microvascular invasion ($P = 0.0024$), and IFG ($P < 0.0001$). Disease-free survival was not correlated with late cervical lymph node metastasis only (Table 2).

Cox's proportional hazard regression analysis of disease-free survival

As with the multivariate analysis of the clinicopathologic factors in disease-free survival, the clinicopathologic factors were divided into five broad categories: tumor size (T-classification and Stage classification), tumor depth, cervical lymph node metastasis, macroscopic appearance, and IFG (Anneroth's malignancy and microvascular invasion). Cox's proportional

Table 1 Histological malignancy grading system by Bryne et al. (17) used in the present study

Morphologic feature	Score			
	1	2	3	4
Degree of keratinization	Highly keratinized ($> 50\%$ of the cells)	Moderately keratinized (20–50% of the cells)	Minimal keratinization (5–20% of the cells)	No keratinization (0–5% of the cells)
Nuclear polymorphism	Little nuclear polymorphism ($> 75\%$ mature cells)	Moderately abundant nuclear polymorphism (50–70% mature cells)	Abundant nuclear polymorphism (25–50% mature cells)	Extreme nuclear polymorphism (0–25% mature cells)
Pattern of invasion	Pushing, well delineated infiltrating borders	Infiltrating, solid cords, bands and/or strands	Small groups or cords of infiltrating cells ($n > 15$)	Marked and widespread cellular dissociation in small groups and/or in single cells ($n > 15$)
Host response (infiltration of leukocytes)	Marked	Moderate	Slight	None

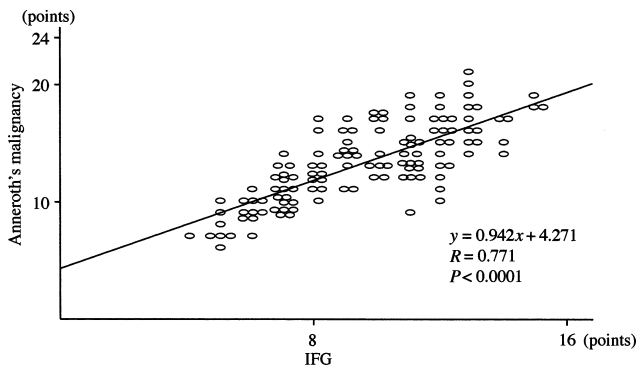


Figure 1 Correlation between Anneroth's malignancy and invasive front grade (IFG).

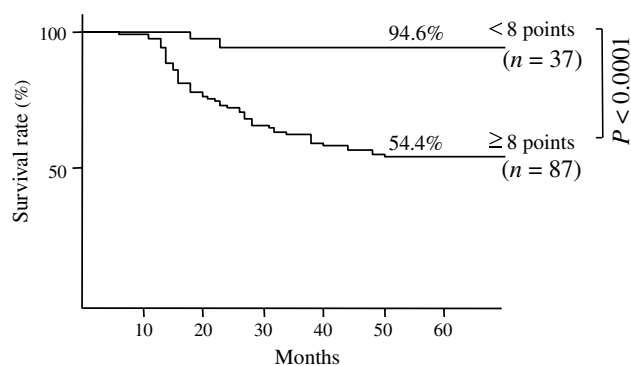


Figure 2 Disease-free survival curves in relation to total invasive front grading score.

Table 2 Univariate analysis of disease-free survival

Factors	Hazards ratio	95% CI	P-value
T classification	2.79	1.99–3.91	< 0.0001
Tumor size			
< 30 mm vs. ≥30 mm	6.10	1.31–11.49	< 0.0001
Stage classification	13.70	6.21–30.30	< 0.0001
Tumor depth			
< 4 mm vs. ≥4 mm	9.75	3.47–27.44	< 0.0001
Macroscopic appearance			
Exophytic vs. endophytic	3.87	1.50–9.99	0.0051
Nodal metastasis			
Absent vs. present	5.45	2.89–10.27	< 0.0001
Late nodal metastasis			
Absent vs. present	1.98	0.913–4.31	0.0835
Microvascular invasion			
Absent vs. present	2.64	1.41–4.93	0.0024
Anneroth's malignancy			
< 13 points vs. ≥13 points	4.21	1.49–10.34	0.0002
IFG			
< 8 points vs. ≥8 points	10.44	2.52–43.32	< 0.0001

hazards regression analysis of these five categories demonstrated that tumor depth ≥4 mm ($P = 0.0360$), nodal metastasis ($P = 0.0211$), and IFG ≥8 points ($P = 0.0035$) had predictive values (Table 3).

Table 3 Cox's multivariate proportional hazards regression analysis of disease-free survival

Factors	Hazards ratio	95% CI	P-value
Tumor size			
< 30 mm vs. ≥30 mm	1.35	0.90–2.04	0.1490
Tumor depth			
< 4 mm vs. ≥4 mm	3.26	1.08–9.82	0.0360
Nodal metastasis			
Absent vs. present	2.41	1.14–5.09	0.0211
Macroscopic appearance			
Exophytic vs. endophytic	1.50	0.56–4.06	0.4229
IFG			
< 8 points vs. ≥8 points	12.64	1.28–24.8	< 0.0035

Table 4 Logistic regression analysis in cervical lymph node metastasis

Factors	Univariate analysis		Multivariate analysis	
	Odds ratio	P-value	Odds ratio	P-value
Tumor size				
< 30 mm vs. ≥30 mm	4.19	0.0011	2.95	0.176
Macroscopic appearance				
Exophytic vs. endophytic	7.27	0.0003	3.22	0.076
Tumor depth				
< 4 mm vs. ≥4 mm	4.55	0.0010	2.88	0.360
IFG				
< 11 points vs. ≥11 points	3.19	0.0066	7.34	0.0019

Logistic regression analysis of clinicopathologic factors correlated with nodal metastasis

Four clinicopathologic factors that correlated with nodal metastasis were selected: tumor size, macroscopic appearance, tumor depth, and IFG. A comparison between nodal metastasis and total malignancy scores was tested under and above 11 points by mean of Fisher's exact test. If the cut-off level was set at 11 points, a significant difference was seen with number of patients with nodal metastasis. The multivariate logistic regression analysis of the four factors showed a correlation between nodal metastasis and IFG ≥11 points ($P = 0.0019$; Table 4).

Discussion

Numerous studies (8, 10, 12, 15, 16, 19–23) have examined the histologic grading of malignancy in squamous cell carcinoma in the head and neck region since Broder's classification system (24) based on the proportion of differentiated cells to undifferentiated or anaplastic cells was first published. Subsequently, a two-factor grading system involving the degree of cellular differentiation and growth in depth was introduced and has generally been accepted. Broder's classification (24) of squamous cell carcinoma based on the differentiation or maturation of the tumor cell population alone remains of limited value when evaluating both the prognosis and choice of treatment. Jacobsson et al. (25) extended these two factors to four parameters for each and applied the resulting microscopic multifactorial

principle to glottic carcinoma. They found a correlation between the sum of eight parameters and the prognosis. Eneroth and Moeberger, Willen et al. (26), Lund et al. (27), and Crissman et al. (28) subsequently used this system. Anneroth et al. (16) reported that the histopathologic grading system, which is a modification of the method recommended by Jacobsson et al. (25), proved to be of high, independent prognostic value in oral squamous cell carcinoma. Recently, tumor differentiation, mode of invasion, mitotic activity, nuclear polymorphism, microvascular invasion, lymphoplasmacytic infiltration, and histologic grade of the malignancy have all been reported to affect overall survival (5–8, 11, 13–15). However, these factors reflect the characteristics of the entire tumor, and have only a slightly significant effect on prognosis. Generally, most tumors consist of heterogeneous cell populations with variable biologic behavior, and tumor behavior is dependent on a complex interrelationship between tumor and host (29–34). Recent evidence suggests that cells present at the invasive tumor front of a carcinoma have different molecular characteristics than those in superficial areas of the tumor, making the invasive tumor front the most important area of the tumor for prognostication (18, 35–37). Bryne et al. (17) first described a multiple histologic grading system for the invasive tumor front area in head and neck tumors, based on the pattern of invasion, degree of keratinization, nuclear polymorphism, and host response. They reported a strong correlation between the total malignancy grade and prognosis in glottic carcinoma. However, few studies have used multivariate analysis to identify the predictive value of the histologic malignancy scores of the invasive tumor front in association with the prognosis and survival rates in oral squamous cell carcinoma (23, 38, 39). This study analyzed the prognostic value of the histologic grade of malignancy in the deep invasive front in tongue squamous cell carcinoma. Bryne et al. (17) and Kearsley et al. (40) observed strong correlation between the total malignancy grade of several pathologic parameters and prognosis in oral squamous cell carcinoma. In our study, the univariate analysis showed that the 5-year survival rates differed significantly between each strata of clinicopathologic factor: T classification, tumor size, Stage classification, tumor depth, macroscopic appearance, cervical lymph node metastasis, microvascular invasion, and IFG. Cox's multivariate analysis showed that tumor depth ≥ 4 mm, cervical lymph node metastasis, and IFG ≥ 8 points were all significant independent prognostic factors for squamous cell carcinoma of the tongue.

Generally, cervical lymph node metastasis in oral squamous cell carcinoma patients indicates a poor prognosis (1, 2, 4, 12, 40–42). The various histopathologic factors reported as reliable parameters for determining regional metastasis are not available preoperatively and so cannot be used to decide on regional treatment (4). In our univariate analysis, tumor size, macroscopic appearance, tumor depth, and IFG all differed significantly between patients with and without cervical lymph node metastasis. Moreover, our

multivariate analysis identified IFG ≥ 11 points as having a powerful predictive value for cervical lymph node metastasis.

We concluded that tumor depth ≥ 4 mm, IFG ≥ 8 points, and cervical lymph node metastasis decreased the disease-free survival and IFG ≥ 11 points had predictive value for cervical lymph node metastasis in squamous cell carcinoma of the tongue. Therefore, the malignancy IFG provides useful prognostic information when selecting the most appropriate treatment modalities.

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