

# Influence of the matrix metalloproteinase inhibitor batimastat (BB-94) on periodontal bone destruction in Sprague-Dawley rats

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**Background:** Matrix metalloproteinases (MMPs) are proteolytic enzymes capable of degrading most macromolecules of the extracellular matrix. It has been assumed that an association exists between MMP activity and periodontal disease progression, but the precise role of MMPs in disease progression is still not fully clarified. Batimastat, or BB-94, is a synthetic broad-spectrum MMP inhibitor not previously examined in periodontal research. If there is an association between MMP activity and periodontal disease progression, then batimastat might be expected to reduce the progression of experimental periodontal disease in rats.

**Objectives:** The objective of the present study was to determine the effects of batimastat on periodontal status in healthy Sprague-Dawley (SPRD) rats as well as in rats with ligature-induced experimental periodontal disease.

**Methods and Results:** Periodontal bone destruction was used as a means of evaluating periodontal destruction by measuring periodontal bone loss on defleshed rat jaws and periodontal bone support on radiographs of the jaws. There was significantly more periodontal bone destruction in the groups treated with batimastat than in the placebo and control groups. This accounted for both ligated and non-ligated groups, irrespective of whether periodontal bone loss ( $p < 0.05$ ) or periodontal bone support ( $p < 0.05$ ) were measured.

**Conclusion:** In conclusion, the results of this study did not support the hypothesis that the MMP inhibitor batimastat could reduce the progression of experimental periodontal disease in rats. Instead, significantly increased bone destruction was found in rats treated with batimastat.

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Matrix metalloproteinases (MMPs) are a family of highly conserved  $Zn^{2+}$ -dependent proteolytic enzymes that collectively are capable of degrading most, if not all, macromolecules of the

extracellular matrix. For detailed information on the MMP family, see recent books and reviews (1–3).

MMPs are implicated in various pathological processes such as rheuma-

toid arthritis, cancer invasion and metastasis, atherosclerosis and periodontal disease (4–12) and it has been assumed that an association exists between MMP expression and periodontal disease

progression (13). Therefore, efforts have been made to inhibit the enzymes ever since the detection of the first collagenase (14). Inhibition of MMPs in periodontal disease has primarily focused on the use of tetracyclines, which mainly inhibit MMP-1, MMP-2, MMP-3, MMP-8, MMP-9 and MMP-13 with both chelation of active enzymes and by down regulation (3, 15). Non-antimicrobial and low dose tetracyclines have been shown to possess inhibitory effects on periodontal disease progression in both laboratory animals (16) and humans (17). Also, two non-tetracycline MMP inhibitors have recently shown beneficial effects on experimental periodontal disease in rats (18). Although there is some evidence on the role of MMPs in periodontal disease, their role in disease progression is still not fully clarified. A recent study showed that gingival fibroblasts from healthy controls dissolved type I collagen fibers twice as fast as fibroblasts from patients with juvenile, rapidly progressive, and slowly progressive periodontal disease (19). This result may indicate that there is no simple correlation between periodontal connective tissue breakdown and MMP expression by periodontal fibroblasts. Instead, the breakdown may rather be correlated to MMP activity as expressed by the ratio: activated MMPs/endogenous MMP inhibitors (TIMPs) (13, 19).

Inhibition of MMPs in an animal model of experimental periodontal disease is one of the methods that can be used to investigate the role of MMPs in periodontal disease (18, 20).

The synthetic MMP inhibitor batimastat, or BB-94 ([[(4-*N*-hydroxyamino)-2*R*-isobutyl-3*S*-(thienyl-thiomethyl)succinyl]-L-phenyl-alanine-*N*-methylamide), is a collagen peptide based hydroxamic acid that specifically mimics the site in the collagen substrate that is cleaved by the MMPs and works by a competitive, reversible inhibition (21, 22). Batimastat is a broad-spectrum MMP inhibitor with activity against, at least, MMP-1 (MMP-13 in rats) MMP-2, MMP-3, MMP-7, MMP-9 and MMP-14 (21, 22). It also binds to MMP-8 but the inhibitory potency is not known (23, 24). It is almost insoluble and

consequently has a very poor bio-availability when administered orally. Thus batimastat has to be injected into body cavities (peritoneal and pleural cavities) resulting in sustained plasma concentrations (21). Batimastat has primarily been used in cancer research and has been shown to inhibit both tumour growth, invasion and metastatic spread and to prolong survival in rodent cancer models (25–29). If the hypothesis is true that an association exists between MMP activity and periodontal disease progression, the MMP inhibitor batimastat might be expected to reduce the progression of experimental periodontal disease in rats.

The purpose of the present study was to describe the effects of batimastat on periodontal status in Sprague-Dawley (SPRD) rats with ligature-induced experimental periodontal disease, as well as in periodontally healthy rats. This was accomplished by measuring periodontal bone loss and periodontal bone support in the rats after treatment with batimastat for 31 days.

## Materials and methods

### Animals

The animals used in the present study were 119 fully barrier-reared, outbred, male Mol:SPRD Han rats (M&B A/S, Ry, Denmark). The rats were bred under special conditions to prevent the development of periodontal disease before the start of the experiment (30). Furthermore, the animals were anaesthetized and examined for signs of periodontal disease prior to entering the study (30). When the animals

reached the age of 8 weeks they were randomly moved to cages with two animals in each cage. A license to perform this study was obtained from the Danish National Experimental Animal Inspectorate.

### Experimental design

The 119 rats were randomly divided into six groups (Table 1). The discrepancy in group sizes was due to failure in delivery of rats for the study and loss of animals during the study (see Results). Experimental periodontal disease was induced in the rats in groups 4–6 as follows. The rats were anaesthetized with a 2 ml/kg mixture of Hypnorm (Janssen Pharmaceutical, Beerse, Belgium) and Midazolam (Dumax-Alpha AS, Oslo, Norway) and 4/0 silk ligatures (Perma-Hand® Seide, Ethicon GmbH, Norderstedt, Germany) were tied around the cervix of the second maxillary molar in the right and left side with a surgical knot on the palatal aspects of the teeth (31, 32). The animals in groups 4–6 were anaesthetized once a week and ligatures that were loose or missing were replaced by new ligatures (33, 34). Experimental periodontal disease was not induced in groups 1–3. Medication started simultaneously in all groups 3 days before placement of ligatures. The animals in groups 1 and 4 served as controls and received no medication. Groups 2 and 5 were placebo groups. The animals in both placebo groups received daily 12 ml/kg intraperitoneal (i.p.) injections of sterile phosphate-buffered saline (pH 7.4) containing 0.01% (v/v) Tween 80

Table 1. Experimental design and results from multiple comparisons of groups with different treatment<sup>a</sup>

Group	Ligation	Treatment	Periodontal bone loss			Periodontal bone support		
			<i>n</i>	Mean	<i>p</i> < 0.05	<i>n</i>	Mean	<i>p</i> < 0.05
1	No	Control	19	1.45	1 ≠ 2	19	46.37	1 = 2
2	No	Placebo	19	1.58	2 ≠ 3	19	46.34	2 ≠ 3
3	No	Batimastat	20	1.75	3 ≠ 1	20	43.91	3 ≠ 1
4	Yes	Control	18	3.09	4 = 5	18	40.20	4 = 5
5	Yes	Placebo	17	3.31	5 ≠ 6	16	38.61	5 ≠ 6
6	Yes	Batimastat	18	3.63	6 ≠ 4	18	32.88	6 ≠ 4

<sup>a</sup>= means that there was not a significant difference between the two groups, whereas ≠ stands for a significant difference between groups.

(Sigma Chemical Co., St. Louis, MO, USA). The animals in the test groups, group 3 and 6, received daily i.p. injections of batimastat, 30 mg/kg (22). Batimastat was mixed in sterile phosphate-buffered saline, 2.5 mg/ml, containing 0.01% (v/v) Tween 80. This mixture was vortexed for 15–30 s, sonicated in an ultrasonic tub at 220–240 V, 50–60 Hz, for 10 min (Metason 120, Struers, Copenhagen, Denmark) and finally sonicated with a sonic probe (MSE ultrasonic disintegrator, 100 W) for 5 min.

### Registration of periodontal bone destruction

Four weeks after the initial placement of ligatures all animals were killed. Periodontal bone destruction was used to evaluate periodontal tissue destruction by measurements of periodontal bone loss and periodontal bone support (35, 36). Briefly, periodontal bone loss was evaluated morphometrically by measuring the distance between the cemento-enamel junction and buccal alveolar bone crest at 15 sites in each upper jaw. The mean of the sums of the 15 measurements from the left and right side of the maxilla was used as a measure of periodontal bone loss in each animal. A higher value of periodontal bone loss indicates more periodontal bone destruction.

Periodontal bone support was measured on radiographs of the maxillary molars. This method measures the intrabony defects, not detected by the periodontal bone loss method. Briefly, the defleshed jaws were aligned in a way to achieve sufficient reproducibility, as described elsewhere (30). Radiographs were exposed for 20 s in a laboratory X-ray machine (Hewlett Packard Cabinet X-ray System, Faxitron Series) at 30 kV and 2.8–3.0 mA. The radiographs were scanned and digitized (Sprint Scan 35, model CS-3600, Polaroid Corporation, Cambridge, MA, USA) with a resolution of 2025 dots per inch. Measurements were performed on the mesial and distal aspect of the second molar in each side and the mean of the four registrations used to express periodontal bone support for each animal. The apex (A) of a

distal root and the distal cusp tip (C) were located and the distance between A and C (AC) traced and measured in pixels. A line was traced from the deepest bony defect, intersecting AC at a right angle. Finally, the intersection of the two lines (B) was located and the distance from the apex to the intersection (AB) measured in pixels. Periodontal bone support was calculated according to the formula: periodontal bone support =  $(AB/AC) \times 100\%$  (30, 35). Unlike periodontal bone loss, a higher value of periodontal bone support indicates less periodontal bone destruction. All measurements were performed blind with Digora for Windows 2.0 (Orion Corporation Soredex, Finland).

### Statistical analysis

A 5% level of significance was used for all tests. Periodontal bone loss and periodontal bone support were subjected to ANOVA with the independent variables ligation (ligated and non-ligated) and medication (control, placebo and batimastat), as well as ligation–medication interaction. Duncan's multiple range test was then used to compare the effects of different treatment modalities (control, placebo, batimastat) among experimental periodontal disease and non-ligated groups. Data were transformed by weighting each squared residual with the reciprocal of the variance of the respective group if variance homogeneity could not be assumed. All statistics were performed with SAS System for Windows 8.0 (SAS Institute Inc., SAS Campus Drive, Cary, NC 27513, USA).

### Results

A total of eight rats were lost during the study and therefore not used for measurements of periodontal bone support and periodontal bone loss. Seven of these were lost during anaesthesia and one rat had to be killed due to illness. Finally, one animal could not be used for measurement of periodontal bone support due to an accident during preparation. Thus, a total of 111 out of 119 rats were available for

measurement of periodontal bone loss and 110 for measurement of periodontal bone support (see Table 1). Two animals from group 6 got anaemic and lost weight, but recovered after suspension of medication for 1 and 3 days, respectively. One rat from group 1 and another from group 6 developed ascites. Data from the two sick rats and the rats with ascites did not influence the overall results.

### Measurement of periodontal bone loss and periodontal bone support

Both periodontal bone loss and periodontal bone support data were transformed since homogeneity could not be assumed ( $p < 0.0001$ ).

Both ligation and medication were significant as independent variables for periodontal bone loss ( $p < 0.0001$ ), but no ligation–medication interaction ( $p = 0.384$ ). The model was significant and explained 88% of the periodontal bone loss variation. Comparison within the non-ligated groups showed that there was significantly more periodontal bone loss in the placebo group than in the control group. The difference, however, was limited (Fig. 1). There was significantly more periodontal bone loss in the batimastat group than in both the placebo and control groups (Table 1 and Fig. 1). Comparison within the ligated groups showed that there was no significant difference between the control and placebo groups, but the batimastat group had significantly more periodontal bone loss than both the control and placebo groups.

Ligation ( $p < 0.0001$ ) and medication ( $p < 0.0001$ ), as well as ligation–medication interaction ( $p = 0.046$ ), were significant as independent variables and interaction for periodontal bone support. The model was significant ( $p < 0.0001$ ) and explained 72% of the periodontal bone support variation. Comparison within the non-ligated groups showed that the batimastat group had significantly less periodontal bone support than both the control and placebo groups, but there was no significant difference between the control and placebo groups. Within the ligated groups the batimastat group had significantly less

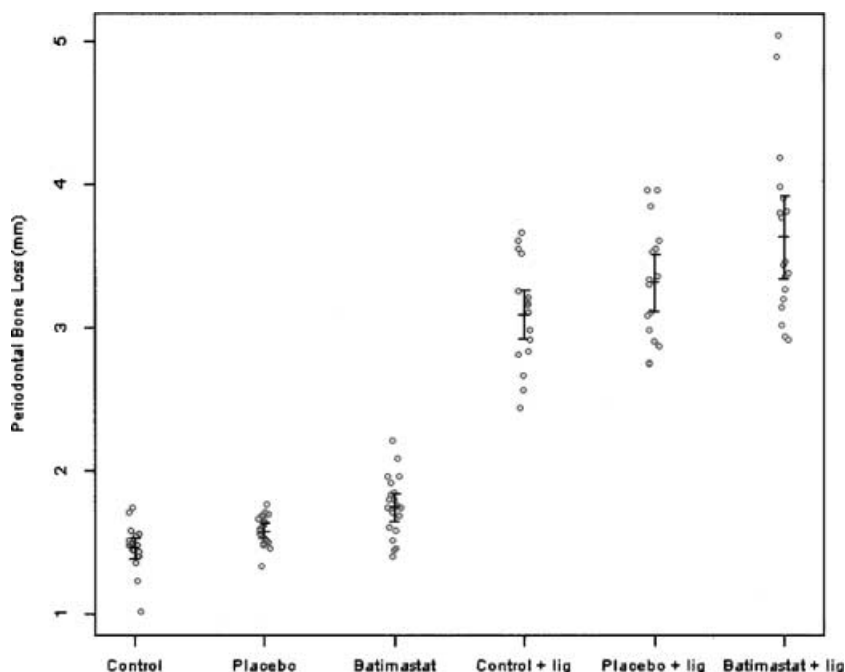


Fig. 1. Periodontal bone loss. Experimental periodontal disease was induced in the groups marked + lig. The vertical bars show the mean in each group and 95% confidence interval.

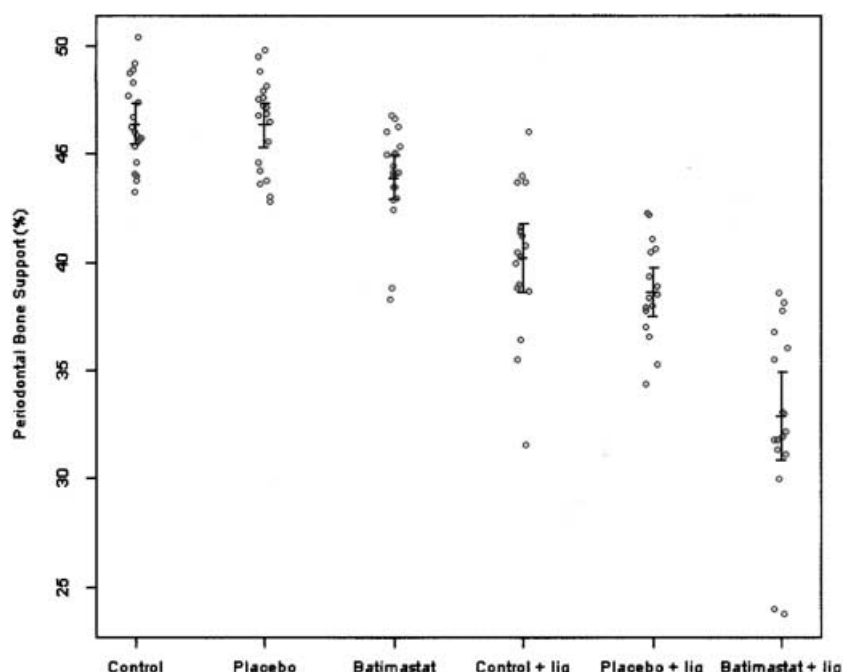


Fig. 2. Periodontal bone support. Experimental periodontal disease was induced in the groups marked + lig. The vertical bars show the mean in each group and 95% confidence interval.

periodontal bone support than both the control and placebo group, whereas there was no significant difference between the control and placebo groups (Table 1 and Fig. 2).

## Discussion

This study provided the unexpected result that the rats which were treated with the synthetic MMP inhibitor

batimastat had significantly more periodontal bone destruction than the control and placebo groups. These results were irrespective of whether experimental periodontal disease was induced in the rats with silk ligatures or not and whether periodontal bone loss or periodontal bone support was measured. Furthermore, the combination of batimastat and ligation further reduced periodontal bone support in the rats.

These results do not support the hypothesis that the MMP inhibitor batimastat could reduce progression of experimental periodontal disease in rats. Batimastat's effects on periodontal bone loss and periodontal bone support in the present study are neither in accordance with the results obtained with antimicrobial and non-antimicrobial tetracyclines (16) nor the effects of two non-tetracycline MMP inhibitors (18) on experimental periodontal disease in rats. The ability of tetracyclines to influence periodontal disease, irrespective of their microbiological effects, has to a great extent been attributed to their ability to inhibit certain MMPs (17, 37–39). Tetracyclines have both been used in sub-antimicrobial doses and chemically modified in order to prevent the formation of bacterial strains resistance to antibiotics. Their use has resulted in less periodontal breakdown and attachment loss in both laboratory animals and humans (17, 38, 40). However, tetracyclines' ability to inhibit experimental periodontal disease in rats and humans could also be attributed to properties other than their ability to inhibit MMPs, such as inhibition of interleukin-1 $\beta$ , tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ) and nitric oxide, as well as pro-anabolic effects on connective tissue and bone (for reviews see 15, 41). Therefore, it appears that the total effects of tetracyclines on periodontal disease are an assemblage of different mechanisms, which may be difficult to separate when the effects of non- or sub-antimicrobial tetracyclines on periodontal disease are valued. The broad-spectrum MMP inhibitor in this study is believed to have effect primarily on the matrix metalloproteinase pathway of tissue destruction and displays little detectable activity against other classes

of metalloproteinases (14). However, other hydroxamic-acid based MMP inhibitors (like batimastat) have been shown to be able to inhibit TNF- $\alpha$  converting enzyme, which belongs to the adamalysin family of metalloproteinases (42–45), and to inhibit TNF- $\alpha$  receptor shedding by a human colon adenocarcinoma cell line (46). It is currently not known if batimastat has this ability in rats and therefore unclear which role inhibition of TNF- $\alpha$  receptor shedding and TNF- $\alpha$  converting enzyme may have played in the present study.

It is possible that batimastat did not have specific local MMP inhibitory effects in the present study, as MMP expression and/or activity was not measured in gingiva or gingival crevicular fluid. However, analysis of data showed that it did have significant periodontal effects, measured as periodontal bone loss and periodontal bone support. The dosing used in the present study and the mode of administration are the same as in other studies where batimastat has shown its specific inhibitory effects (21, 22).

Even though the results of this study are not in accordance with the current hypothesis on the relationship between MMP activity and periodontal disease progression, they are in agreement with results from a preceding pilot study, conducted in the same way but with fewer animals and without placebo groups (results not shown). Some of the explanations for the results might be related to what is currently known about the role of MMPs in epidermal wound healing. Collagenase-1 expression by keratinocytes is induced in epidermal wound healing, where it is believed to provide migrating keratinocytes with a mechanism to maintain their course and directionality in the wound environment during re-epithelialization (47). Inhibition of MMPs with a hydroxamic acid inhibitor in a migration assay completely arrested keratinocyte migration and thus suggested that blockage of MMPs could have the potential of stopping wound healing (47). Furthermore, inhibition of MMPs in cutaneous wounds in pigs significantly decreased epithelial coverage (48). These studies

indicate that the presence of MMPs is essential for cutaneous wound healing and that MMP inhibition may have detrimental effects on the healing process. Likewise, it has been suggested that periodontal disease might progress or persist because of the inability of periodontal cells to cope with a persistent wound healing situation (19). Still it has to be kept in mind that the mechanisms of bone remodeling are not identical to soft tissue remodeling, as bone is a mineralized tissue with a more complex matrix composition and hence degradation pathway (1).

Recently a mutant mouse deficient in MT1-MMP (MMP-14) was generated (49). This mouse showed growth impairment, delayed ossification of bones, impaired removal of calvarial cartilage, osteopenia, severe generalized arthritis and fibrosis of tendons. The progressive osteopenia was a result of increased bone resorption as well as diminished bone formation, with the largest number of osteoclasts found near bone/soft tissue interfaces (49). These results showed that MMP-14 is essential for the development and maintenance of the hard tissues of the skeleton. A recent study showed that ligature-induced periodontitis in rats increases the expression of MMP-2 and MMP-14 in periodontal cells (20). The authors suggest that these MMPs may play a role in the destructive as well as healing phases of a periodontal lesion (20). The rats in the present study were still in active growth like the MMP-14 deficient mice. The increased periodontal bone loss and decreased periodontal bone support in non-ligated animals in the present study could possibly be explained by increased bone resorption as well as diminished bone formation like that found in the mice. Furthermore, the difference between batimastat's and tetracyclines' effects on experimental periodontal disease in rats may perhaps be explained by the difference in their ability to inhibit MMP-14.

In conclusion, the results of this study did not support the hypothesis that the MMP inhibitor batimastat could reduce the progression of experimental periodontal disease in

rats. Instead, a significantly increased bone destruction was found in rats treated with batimastat.

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