

### Molecular approaches for viable bacterial population and transcriptional analyses in a rodent model of dental caries

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#### SUMMARY

Culturing methods are the primary approach for microbiological analysis of plaque biofilms in rodent models of dental caries. In this study, we developed strategies for the isolation of DNA and RNA from plaque biofilms formed in vivo to analyse the viable bacterial population and gene expression. Plaque biofilm samples from rats were treated with propidium monoazide to isolate DNA from viable cells, and the purified DNA was used to quantify total bacteria and the Streptococcus mutans population via quantitative polymerase chain reaction (qPCR) and specific primers; the same samples were also analysed by counting colony-forming units (CFU). In parallel, RNA was isolated from plaque-biofilm samples (from the same animals) and used for transcriptional analyses via reverse transcriptionqPCR. The viable populations of both S. mutans and total bacteria assessed by qPCR were positively correlated with the CFU data (P < 0.001; r > 0.8). However, the qPCR data showed higher bacterial cell counts, particularly for total bacteria (vs. CFU). Moreover, S. mutans proportion in the plaque biofilm determined by qPCR analysis showed strong correlation with incidence of smooth-surface caries (P = 0.0022, r = 0.71). The purified RNAs presented high RNA integrity numbers (>7), which allowed measurement of the expression of genes that are critical for *S. mutans* virulence (e.g. *gtfB* and *gtfC*). Our data show that the viable microbial population and the gene expression can be analysed simultaneously, providing a global assessment of the infectious aspect of dental caries. Our approach could enhance the value of the current rodent model in further understanding the pathophysiology of this disease and facilitating the exploration of novel anti-caries therapies.

#### INTRODUCTION

Dental caries continues to be the single most common and costly biofilm-dependent oral disease in the USA and worldwide (Marsh, 2003; Dye *et al.*, 2007). Dental biofilms, clinically known as plaque, are complex biofilms formed on susceptible tooth surfaces. The interactions of specific microorganisms (and their products), salivary constituents and dietary carbohydrates (e.g. sucrose) are responsible for the establishment of virulent cariogenic biofilms. The major controlling virulence factors modulating the pathogenesis of dental caries are the formation of an extracellular polysaccharide (EPS) matrix by mutans streptococci (especially *Streptococcus mutans*) and acidification of the dental biofilm milieu (Quivey *et al.*, 2000; Bowen & Koo, 2011).

Oral biofilms in vivo harbor a mixed flora (Dewhirst et al., 2010). In cariogenic biofilms, the microorganisms are embedded or covered by EPS, are usually potent producers of acid, and are acid tolerant; which creates a highly adhesive, cohesive and acidic milieu. Among oral bacteria, mutans streptococci (mainly S. mutans) are prime EPS-rich matrix formers through the synthesis of glucan by glucosyltransferases (S. mutans Gtf B, C and D) and fructan by fructosyltransferases. These exoenzymes can be incorporated into the pellicle and bacteria surfaces, and use sucrose as substrate for EPS matrix formation (as reviewed by Bowen & Koo, 2011). Therefore, the development of cariogenic biofilms is a result of complex diet-host-pathogen interactions. Several approaches have been employed to study the dental caries development process, including analyses of clinical samples (Loesche, 1986; Marsh, 2003; Dewhirst et al., 2010), in situ caries models (Zero, 1995), and a rodent model of dental caries (Fitzgerald & Keyes, 1960, 1963; Keyes, 1960).

The rodent model of dental caries using cariogenic streptococci is well established (Fitzgerald & Keyes, 1960, 1963; Keyes, 1960; Tanzer, 1979; Bowen et al., 1988a,b, 1991), which was fundamental for advancing our understanding about the complex pathophysiological aspects of the disease. For example, studies using the animal model provided critical information on (i) the infectious character of the disease (Fitzgerald & Keyes, 1960, 1963; Keyes, 1960; Tanzer, 1979; Bowen et al., 1988a, 1991); (ii) the contribution of specific genes in expression of virulence through colonization, transmissibility and carious lesions evaluations (Yamashita et al., 1993; Fozo et al., 2007); and (iii) investigation of host factors such salivary proteins on dental caries development (Bowen et al., 1988a,b; Catalán et al., 2011). Moreover, it has been valuable for investigating the potential therapeutic effects of cariostatic agents (Koo et al., 2005, 2010).

The animal model has at least two key evaluation components, scoring of carious lesions and microbiological assessment of plaque-biofilms. The caries scoring system (Keyes' method) has been thoroughly tested and is well established and standardized

(Larson, 1981). In contrast, the plaque-biofilm analyses are still based on determination of microbial population via culturing methods and colony-forming unit (CFU) counting, which have inherent limitations (e.g. uniform and consistent biofilm dispersion, specificity of culture media, oxygen tension, pH, plating variability). With the availability of modern genomics and transcriptomic tools, additional and improved information could be extracted to understand the infectious aspects of the disease. For example, precise measurement of the viable microbial population and gene expression profile of the microorganisms inhabiting within biofilms formed in vivo could be achieved. However, to the best of our knowledge, there is a lack of methods for such analyses in rodent models. Therefore, the aim of this study was to develop molecular approaches to (i) isolate genomic DNA for quantification of viable bacteria population, and (ii) purify RNA to determine gene expression from in vivo plaque-biofilm samples using a well-established rat model of dental caries.

#### MATERIALS AND METHODS

#### Animal study

The animal experiment was performed according to methods described previously (Bowen et al., 1988a,b, 1991; Koo et al., 2005). Pups aged 19 and 20 days, from 3 litters, were infected by mouth using an actively growing biofilms of S. mutans UA159 (Koo et al., 2005). These biofilms were 4-days old, which have not reached stationary phase. The stationary phase is characterized by reduced metabolic activity, detachment of the biofilm from the apatitic surface, and lack of further growth (and accumulation) even when continuously fed with fresh medium. At age 21 days, the animals were weaned and randomly housed in pairs. A total of 16 animals was provided with a cariogenic diet (diet 2000, which contains 56% sucrose; Harlan Teklab, Madison, WI) and 5% sucrose water ad libitum (Bowen et al., 1988a, 1991). Establishment of infection was confirmed by platting oral swab directly on Mitis Salivarius Agar (Difco, Franklin Lakes, NJ). The experiment proceeded for 3 weeks; then the rats were killed by CO<sub>2</sub> asphyxiation. The standard microbiological assessment (via plating) and caries evaluation were carried out using previously described methods (Koo

DNA and RNA from in vivo plaque biofilms

*et al.*, 2005). Molecular approaches were developed to evaluate viable bacterial content and *S. mutans* gene expression within plaque biofilms as depicted in Fig. 1.

Briefly, the lower left and right jaws were aseptically dissected (including incisors) and gently rinsed three times with saline solution (0.9% NaCl). The left jaw was suspended in 5.0 ml sterile saline solution, and sonicated on ice using a Branson Sonifier 450 (three 10-s pulses with 15-s intervals at 7 W; Branson Ultrasonics Co, Danbury, CT), to remove biofilms formed on tooth surfaces. One milliliter of the biofilm suspension was serially diluted with saline solution and the dilutions were plated on Mitis Salivarius Agar (Difco) containing bacitracin (Sigma, St Louis, MO) to estimate the S. mutans population, and Blood Agar (Blood Agar base plus 5% sheep blood) to determine the total cultivable microbiota (i.e. CFU data; Bowen et al., 1988a, 1991). The remaining 4 ml of biofilm suspension was centrifuged and the pellet was stored at - 20°C, and later submitted to DNA extraction for quantification of bacterial cells via quantitative polymerase chain reaction (PCR). The lower right jaw was incubated in 5 ml RNALater<sup>®</sup> solution (Ambion, M.I. Klein et al.

Austin, TX) for 1 h at room temperature. This incubation time is enough to preserve the integrity of the RNA and avoid dental erosion due to the low pH of this solution as tested experimentally (data not shown). After the incubation, sonication was performed (1 pulse of 10 s; 7 W) and the biofilm suspensions were transferred to new 15-ml tubes. An additional 5 ml 1 × ice-cold phosphate-buffered saline was added to each tube containing the jaws (vortexed briefly), followed by sonication (1 pulse of 10 s; 7 W). The suspension was then transferred to the 15-ml tubes containing the initial 5 ml of each biofilm suspension, and centrifuged (5500 g at 4°C for 20 min). This step was repeated once, and the biofilms were submitted immediately to RNA extraction for further gene expression analysis. Fast processing time is critical to maintain RNA integrity. Blood and epithelial contamination was not a problem for the DNA and RNA analyses as shown in the following sections. The animals' jaws were transferred to new containers and stored for caries score evaluation. All jaws were defleshed, and the teeth were prepared for caries scoring by means of Larson's modification of Keyes' system (Larson, 1981). This study





Figure 1 Experimental design. Stepwise approach used to evaluate planktonic culture, in biofilm samples in vitro and in vivo.

was reviewed and approved by the University of Rochester Committee on Animal Resources (Protocol number UCAR #2003–124; University of Rochester Medical Center, Rochester, NY).

## Isolation of DNA and quantification of bacteria population via real-time qPCR

### Optimization of procedure in vitro

A comprehensive and stepwise procedure was performed to optimize genomic DNA extraction and purification from viable bacterial cells with intact membrane and further quantification via gPCR (see details in Supplementary material, Appendix S1). First, planktonic cultures were used to test the correlations of optical density at 600 nm (OD<sub>600</sub>), CFU (viable cells), and number of cells by the counting chamber method and by qPCR. Propidium monoazide (PMA) before DNA isolation was then used to determine whether PMA would interfere with the accurate quantification of bacterial cells (Nocker et al., 2007a). Second, the methodology combining PMA, DNA isolation and qPCR was explored using biofilms formed in vitro. The results of these analyses demonstrated that the addition of PMA before DNA isolation was the optimal condition for guantification of viable bacterial cells via gPCR (see Supplementary material, Appendix S1), and so was used for our in vivo biofilm samples. The combination of PMA and qPCR will quantify only the cells with intact membrane (i.e. viable cells) because the PMA crosslinked to DNA of dead cells and extracellular DNA (present on the extracellular matrix of biofilms) modifies the DNA and inhibits the PCR amplification of the extracted DNA (Nocker et al., 2006, 2007a,b; Nocker & Camper, 2009).

#### In vivo analyses

The *in vivo* biofilm pellets (stored at  $-20^{\circ}$ C) were resuspended with 500 µl TE (50mM Tris, 10mM EDTA, pH 8.0). Using a pipette, the biofilm suspensions were transferred to light transparent 1.5-ml microcentrifuge tubes; then mixed with PMA as described by Nocker *et al.* (2007a). Briefly, 1.5 µl PMA (20 mM in 20% dimethyl sulfoxide; Biotium, Hayward, CA) was added to the biofilm suspensions. The tubes were incubated in the dark for 5 min, at room temperature, with occasional mixing. Next, the samples were exposed to light for 3 min (600-W

halogen light source). After photo-induced crosslinking, the biofilm suspensions were centrifuged (13,000 g/10 min/4°C) and the supernatant was discarded. The pellet was resuspended with 100 µl TE (50mM Tris, 10mM EDTA, pH 8.0), followed by incubation with 10.9  $\mu$ l lysozyme (100 mg ml<sup>-1</sup> stock) and 5  $\mu$ l mutanolysin (5 U  $\mu$ l<sup>-1</sup> stock) (37°C/30 min). Genomic DNA was then isolated using the Master-Pure DNA purification kit (see Fig. 2). The total bacteria and S. mutans contents, in each in vivo biofilm sample, were determined using qPCR. Ten nanograms of genomic DNA per sample and negative controls (without DNA) were amplified by a MyiQ real-time PCR detection system with iQ SYBR Green supermix (Bio-Rad Laboratories, Inc., Hercules, CA) and specific primers. For S. mutans quantification a 16S rRNA primer was used (Klein et al., 2010). A standard curve based on the genome size of S. mutans (2.03 Mb) was prepared as described previously (Doležel et al., 2003). Briefly, one genome copy represents one S. mutans cell; and the range tested was 10<sup>8</sup>-10<sup>2</sup> cells (PCR efficiency: 98-102%). This standard curve was used to transform the guantification cycle (Cq) values to the relative number of S. mutans cells. To determine the number of S. mutans cells in the original sample, the numbers of cells detected in the qPCR runs were multiplied by



**Figure 2** DNA isolated from biofilm samples *in vitro* and *in vivo*. (A) DNA purified from *in vitro Streptococcus mutans* biofilms (68 h old). Lanes 1–4: biofilms grown with 1% sucrose; lanes 5–8: biofilms grown with 1% sucrose + 1% starch. NO PMA: samples not mixed with propidium monoazide (PMA) before DNA isolation; PMA: samples mixed and incubated with PMA before DNA isolation. (B) DNA isolated from *in vivo* biofilms (lanes 1–8), all samples were incubated with PMA. the dilution factor from the DNA dilution step. For the total bacteria content determination a universal primer was designed (5'-GGTTAAGTCCCGCAACG-AGC-3' and 5'-AGGGGCATGATGATTTGACG-3') using BEACON DESIGNER 2.0 software (Premier Biosoft International, Palo Alto, CA). The standard curve was based on the average oral bacteria genome size of sequenced oral bacteria (2.45 Mb), as available on http://www.oralgen.lanl.gov/ (at the time that our experiments were performed). This curve was tested by preparing it with three distinct templates: (i) S. mutans genomic DNA, (ii) a pool of DNA from four oral bacteria S. mutans UA159, Actinomyces naeslundii ATCC 12104, Streptococcus gordonii DL-1, Streptococcus oralis ATCC 35037 (from planktonic cultures at mid-exponential phase), and (iii) DNA extracted from an in vivo plaque-biofilm sample selected arbitrarily. These three curves were evaluated based on the detection of S. mutans proportion to the total bacteria content in samples (in vitro planktonic and biofilm) with known cell numbers and CFU data. The standard curve prepared with DNA extracted from in vivo plaque biofilm was selected because it provided the best correlation with the cell numbers/CFU data.

## RNA extraction and purification from *in vivo* biofilms

The RNA extraction and purification from plaque-biofilm samples was conducted according to the optimized protocol for in vitro biofilms as detailed elsewhere (Cury & Koo, 2007). The pellets from five in-vivo-formed biofilms (pre-incubated in RNALater® solution) were combined and resuspended with 750 µl NAES (50 mm sodium acetate pH 5.0, 10 mm ethylenediaminetetraacetic acid, 1% sodium dodecyl sulfate in molecular grade water), followed by the recommended DNAse treatments for RNA purification (Cury & Koo, 2007). The quality of the purified RNA was examined using an Agilent 2100 Electrophoresis Bioanalyzer (Agilent Technologies, Santa Clara, CA) (Mueller et al., 2004), which provides the RNA integrity number (RIN). A RIN greater than five is considered to be a good total RNA guality for reverse transcription (RT) -qPCR (Fleige & Pfaffl, 2006). Biofilm samples were pooled to isolate enough RNA for downstream analysis (i.e. RNA yield for cDNA synthesis and RT-qPCR), as tested experimentally. We also tested whether MICROBEnrich<sup>™</sup> kit (Ambion), which is designed to enrich bacterial RNA from mixtures containing human, mouse, or rat RNA and bacterial RNA, could improve our RNA extraction and purification procedure (following the manufacturer's instructions). However, the use of the kit resulted in significant loss of RNA without improving the overall quality of the RNA (i.e. RIN number), and therefore was not used in this study.

#### Reverse transcription quantitative real-time PCR

The RT-gPCR was performed to evaluate the expression of the genes gtfB, gtfC and gtfD (and internal control 16S rRNA). These genes were selected because they are critical virulence genes associated with the pathogenesis of dental caries as determined in rodent models (Yamashita et al., 1993). Briefly, 200 ng RNA and specific primers (Koo et al., 2006) were used to generate cDNA in duplicate (Super-Script III Reverse Transcriptase; Invitrogen, Carlsbad, CA). For each sample, a mock reaction without addition of reverse transcriptase was performed (negative RT control) to check for DNA contamination. Superscript III Reverse Transcriptase in combination with specific primers was used to improve the efficiency of cDNA synthesis (Ståhlberg et al., 2004). The resulting cDNAs and negative controls were amplified by a MyiQ real-time PCR detection system with iQ SYBR Green supermix (Bio-Rad Laboratories, Inc.) and specific primers for gtfB, gtfC, gtfD and 16S rRNA as described previously (Koo et al., 2006; Aires et al., 2008). Standard curves for each gene were prepared as described elsewhere (Yin et al., 2001). The standard curves were used to transform the quantification cycle (Cq) values to the relative number of cDNA molecules. Total cDNA abundance was normalized using the S. mutans-specific 16S rRNA gene as an internal control (Koo et al., 2006; Klein et al., 2009, 2010).

#### Statistical analyses

An exploratory data analysis was performed to determine the most appropriate statistical test; the assumptions of equality of variances and normal distribution of errors were also checked. Spearman correlation tests were carried out using the original data to evaluate the relationship between (i) bacterial population determined by CFU and number of cells by

#### M.I. Klein et al.

qPCR, (ii) CFU (or number of cells) and caries scores (total smooth or sulcal caries lesions, including severity of lesions). Statistical software JMP version 8.0 (SAS Institute, Cary, NC) was used to perform the analyses. The level of significance was set at 5%.

#### RESULTS

In this study we established a methodology for the quantification of viable bacterial cells using *in vitro* biofilm samples. The details of the optimization of the methodology are described in the Supplementary material, Appendix S1. Then, we used the rodent model for dental caries development for analyses of *in vivo* biofilms. After 3 weeks of experiment, all animals presented caries lesions. The incidence and severity of smooth-surface and sulcal-surface caries are shown in Table 1. The *in vivo* cariogenic biofilms were further evaluated, as follows.

# DNA isolation from *in vivo* biofilms for assessment of viable bacteria populations

The DNA yield from animal plaque ranged from 8.40 DNA biofilm to 48.22 μg per (per jaw:  $20.00 \pm 13.62 \ \mu g$  DNA). These DNA samples were used for downstream analysis using qPCR. The number of viable bacteria cells correlate positively with the CFU data, for both total bacteria and S. mutans (r and P values were 0.87 and <0.0001 for total bacteria, and 0.82 and 0.0007 for S. mutans, respectively; see Fig. 3). The proportion of S. mutans (in relation to total bacteria) within plaque biofilm is higher for plating than for gPCR (Table 2). One explanation is that qPCR may quantify total bacteria

 Table 1
 Development of dental caries in rats (Larson's modification of Keyes' score)

Caries	Smooth-surface caries	Sulcal-surface caries
Enamel Severity	59.8 (17.0)	45.5 (10.2)
Ds	19.9 (10.6)	42.6 (3.0)
Dm	7.8 (5.6)	14.1 (5.1)
Dx	6.2 (4.8)	8.0 (5.3)

Values denote means with SD in parentheses (n = 16).Ds, dentin exposed; Dm, three-quarters of the dentin affected; Dx, whole dentin affected.



**Figure 3** Bacterial population detected in animal plaque at 3 weeks. The relationship between number of bacterial cells with intact membranes (cells per biofilm) and colony-forming unit (CFU) data are shown for both total bacteria (A) and *Streptococcus mutans* (B) in biofilms formed *in vivo*. Spearman correlation coefficient r and *P* value were r = 0.87 and P < 0.0001 for total bacteria (A), and r = 0.82 and P = 0.0007 for *S. mutans* (B).

Table 2 Bacterial population detected in the animal plaque

Data	$\text{CFU}\times 10^6 \text{ ml}^{-1}$	$\text{Cells} \times 10^7 \text{ ml}^{-1}$
Total counts	7.58 (3.13)	23.1 (12.3)
Streptococcus mutans counts	4.32 (2.09)	6.6 (3.2)
% of Streptococcus mutans	56.99	28.57

Values denote means with SD in parentheses (n = 16).CFU, colony-forming units.

more precisely than standard culturing, as plating/ CFU counting could miss those organisms that are strict anaerobes or not cultivable in the conditions performed in our study (e.g. lower amounts or unavailability of an essential nutrient in the culture media used). There were no qPCR inhibitors in the DNA samples recovered from in vivo plague biofilms (Fig. 4). Moreover, the proportion of S. mutans population detected in the plaque biofilms by qPCR was superior to CFU correlating with the incidence of smooth caries (E) (r = 0.7 and P = 0.0022 for qPCR vs. r = 0.28 and P > 0.05 for CFU). Furthermore, the qPCR data also correlated with incidence of sulcal caries (*r* = 0.52; *P* = 0.0405). However, *S. mutans* populations detected by both culture and qPCR methods correlate with neither severity of smoothsurface caries nor severity of sulcal caries.

# RNA isolation from *in vivo* biofilms for gene expression analysis by RT-qPCR

Based on a RIN value, our RNA was of good quality and integrity for *in-vivo*-formed biofilms (Fleige & Pfaffl, 2006). The RIN values were 9.2 and 7.7



Figure 4 Quantitative polymerase chain reaction (qPCR) amplification plot and standard curve data for *Streptococcus mutans* quantification. There are no qPCR inhibitors in the plaque-biofilm samples and the values of expression detected for the tested samples (unknowns) are within the standard curve range.

(Fig. 5); but one sample presented RIN < 5 (RIN = 4.1) because of a prolonged processing time (emphasizing the importance of fast sample manipulation to avoid RNA degradation), and was not included in the RT-qPCR assay. The yield of purified RNA ranged from 3.25 to 8.45  $\mu$ g per pooled biofilms from five jaws (5.62 ± 2.63  $\mu$ g), which is sufficient to synthesize cDNA and perform gene expression assays. There were no RT-qPCR inhibitors, as shown by the amplification plot depicted in Fig. 6. We successfully measured the expression of genes *gtfB*, *gtfC* and *gtfD*, which are known to generate low transcript abundance (Fig. 7).

### DISCUSSION

Dental caries is a highly complex biofilm-dependent infectious disease. Moreover, this disease is a major public health concern worldwide. The rodent model of dental caries offers an unparalleled approach to further understand the complexity of diet-pathogen-host interactions involved in the pathophysiology of the disease, and to explore new preventive approaches. A major limitation with the model is the lack of any improvement of methodologies to examine the plaque biofilms formed on the animals' teeth. Of fundamental value is the ability to precisely determine the content of viable microbial populations. More importantly, the level of gene expression by microorganisms within biofilms can be determined to evaluate virulence in biofilms formed *in vivo*. In this study, we established two methods: (i) to measure the number of viable cells via combination of PMA with qPCR; and (ii) to purify RNA from *in vivo* biofilms with good RIN for downstream gene expression evaluation.

# Improving quantification of microbial viable cell populations

An inherent characteristic of *in vitro* and *in vivo* biofilms is the presence of intact live bacterial cells at distinct growth phases and dead cells or cells with damaged membrane, which are considered 'dead' cells (Nocker & Camper, 2009). Moreover, biofilm matrices present extracellular DNA as a result of mainly bacteria autolysis (Steinberger & Holden, 2005; Kreth *et al.*, 2009; Perry *et al.*, 2009; Klein *et al.*, 2010). Therefore, an extra step before genomic DNA isolation was introduced to allow the differentiation of live and dead bacteria by the selective

#### M.I. Klein et al.



Figure 5 RNA samples isolated from *in vitro* (A) and *in vivo* (B) biofilms. (A1) Bioanalyser gel visualization. RNA samples extracted and purified from *in vitro* biofilms: sample 1 [RNA integrity number (RIN) 10.0] and sample 2 (RIN 9.8). (A2) Electropherogram summary for sample 1. (B1) Bioanalyser gel visualization. RNA samples extracted and purified from *in vivo* biofilms: 1 Pink R (RIN 9.2) and 2 Pink 1L (RIN 7.7). (B2) Electropherogram summary for sample 1 Pink R.

removal of DNA from dead cells and extracellular DNA using PMA and ethidium monoazide (for details about the principle see Nocker *et al.*, 2006). This strategy was successful for both gram-positive and gram-negative organisms grown *in vitro*, including oral bacteria species (Nocker *et al.*, 2006, 2007a,b; Nocker & Camper, 2009; Loozen *et al.*, 2011).

Here, we demonstrated that the approach of combining PMA incubation before DNA isolation, followed by qPCR amplification works well for characterization of viable population from animal plaque. The quantification of viable cells by qPCR correlates well with the traditional CFU counting method, which is considered the standard method for assessment of microbial populations in the animal model of dental caries. Furthermore, the number of viable cells detected *in vivo* by qPCR correlated well with incidence of smooth-surface and sulcal-surface caries lesions. Future studies using a longer experimental period (e.g. 5 weeks) may clarify whether there could be a correlation of number of cells and severity of smooth and sulcal caries lesions.

One great advantage of using PMA and qPCR in combination is the flexibility to design multiple







Figure 6 Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) amplification plot and standard curve data for *gtfB*. There are no RT-qPCR inhibitors in the plaque-biofilm samples and the values of expression detected for the tested samples (unknowns) are within the standard curve range.



**Figure 7** Expression of *Streptococcus mutans* genes *gtfC*, *gtfB* and *gtfD*. The mRNA level of *gtfB*, *gtfC* and *gtfD* in each sample was normalized to that of 16S rRNA. Data are expressed as means  $\pm$  SD (n = 2; samples with RNA integrity number >5.0; each sample was run twice).

species-specific probes to analyse different proportions and types of microorganisms within the same sample. This would be nearly impossible with standard culturing methods based on a combination of various selective media. Because any genus-specific, species-specific, subspecies-specific probes can be designed, the options are limitless for assessing the microbiota, and the dominance of a specific organism or group of organisms that are not only associated with caries but also other oral infectious diseases (e.g. periodontitis). Hence, microbial population and composition assessment via qPCR could be a more sensitive and versatile alternative to culturing-based techniques for evaluation of in vivo samples, including in human plaque studies. Several studies using human dental plaque samples have quantified microorganisms using DNA isolated from both live and dead cells (including extracellular DNA), without using any approach to select out DNA from viable cells only (Gross et al., 2010; Tanner et al., 2011). Therefore, the PMA-based strategy would provide more reliable estimation of the viable oral microorganisms within plaque.

The use of PMA may have some disadvantages. The main drawbacks are the penetration of PMA in viable cells with reversibly damaged membranes, and the limited access of this chemical to all dead microorganisms (Fittipaldi *et al.*, 2011). Hence, particular attention should be given during sample homogenization when adding PMA, to allow optimum access of this chemical to DNA from dead cells, from membrane compromised cells and extracellular DNA. Nevertheless, the approach described in this study clearly improved the detection of viable cells in both our *in vitro* and, more importantly *in vivo* biofilms.

# Assessing gene expression in biofilms formed *in vivo*

The virulence of biofilms can be determined by quantification of physiological and metabolic processes of (potential) pathogens in their natural habitat. Assessment of transcriptomic responses by these pathogens within biofilms could provide critical information about their expression of virulence in vivo. Furthermore, we could identify the molecular mechanisms of action of therapeutic agents that modulate development of cariogenic biofilm. However, information about gene expression from in vivo samples is sparse (Aires et al., 2008; Toro et al., 2010). The methodology used here can yield excellent RNA quality from animals' dental plaque, which is not only important for RT-qPCR (particularly for assessing low-abundance transcripts) but also for other transcriptome analyses such as RNAseq.

We used S. mutans genes gtfB, gtfC and gtfD to demonstrate the utility of the method. These genes were selected because they are (i) associated with sucrose-mediated bacterial binding and S. mutans colonization in vivo, (ii) responsible for EPS-rich matrix formation, and (iii) proven virulence factors associated with cariogenesis (as reviewed in Bowen & Koo, 2011). The detection of gtfBCD genes transcripts is relevant from a technical standpoint because they are detected at low abundance under most biofilm growth conditions in vitro. These genes rarely meet the minimum intensity filters for cDNA microarrays (Klein et al., 2010), so it is critical to optimize the gtfBCD expression via RT-qPCR. This successful methodology has important implications because the number of S. mutans detected within plaque biofilm may be less important than the expression of the genes involved in the cariogenic biofilm formation.

Additional microorganisms may also be involved in the pathogenesis of dental caries, particularly through their ability to produce acids and tolerate an acidic environment within the plaque-biofilm milieu (Gross *et al.*, 2010; Kanasi *et al.*, 2010; Palmer *et al.*, 2010). Most oral bacteria do not participate in the assembly of the insoluble EPS matrix, which is associated with cariogenicity (Bowen & Koo, 2011). In contrast, *S. mutans* are the prime developers of the EPS-rich matrix in cariogenic biofilms through the actions of glucosyltransferase enzymes. The construction of a complex three-dimensional extracellular matrix enmeshing the bacterial cells provides a highly adherent and cohesive biofilm (Bowen & Koo, 2011). The presence of EPS surrounding bacterial clusters appears to be essential for the assembly of protective (against antimicrobials) and acidic microenvironments facilitating *S. mutans* and other aciduric organisms to survive and thrive, contributing to the onset of a cariogenic biofilm (Bowen & Koo, 2011).

Hence, the use of the methodology presented here for the evaluation of the expression of known virulence factors of this bacterium (i.e. *gtfBCD*), and possibly novel genes that could be related to virulence *in vivo*, may open new ways to characterize potential novel therapeutic targets. We are currently assessing the expression of *S. mutans* genes in animal plaque treated or not with novel and well-established (e.g. fluoride) therapeutic agents. Moreover, our approach may have applications for further investigation of the role of other organisms (via expression of gene products *in vivo*) in the pathogenesis of the disease.

It is noteworthy that there are limitations to this methodology. The data generated are an average of expression of all cells present throughout the in vivo plaque biofilm; not all S. mutans cells may be expressing gtf genes within the biofilm. The microorganisms growing in biofilms present physiological heterogeneity. Some cells may be undergoing cellular division, others may not be metabolically active, others may present alteration in the membrane composition, and some cells may be dead (Stewart & Franklin, 2008). The RNA yield is another limitation of evaluation of biofilms formed in vivo. To have enough purified RNA, it is necessary to combine five plaque-biofilm samples. In addition, rapid sample processing is warranted to avoid RNA degradation. Additional optimization of the method is warranted to improve RNA yield, so that RNA can be isolated from a single plaque-biofilm sample instead of pooled samples.

Clearly, the simultaneous assessment of microbial population, expression of virulence genes (e.g. linked to colonization and development of cariogenic biofilms) and caries scores improved the quantity and quality of information obtained from the rodent model. These approaches may be more time consuming DNA and RNA from in vivo plaque biofilms

than traditional methods used in animal studies, but on the other hand the yield of biologically relevant data is greatly enhanced, which may have direct applications in clinical/translational research. The inclusion of advanced molecular biology tools brings a novel dimension to a classical animal model of dental caries that may advance this well-established scientific model.

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### CONFLICT OF INTEREST

None.

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M.I. Klein et al.

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### SUPPORTING INFORMATION

Additional supporting information may be found in the online version of this article:

**Appendix S1.** Detailed strategy for viable cell quantification using quantitative polymerase chain reaction.

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