

## BOOK REVIEW

# Invisible Orthodontics: Current Concepts and Solutions in Lingual Orthodontics

Guiseppe Scuzzo and Kyoto Takemoto; ISBN 3-87652-181-5; Quintessenz; 2003; £65

This is a beautifully presented book that covers most of the important aspects of the lingual appliance technique. The book presents the philosophy behind the lingual appliance system and biomechanics in a logical and ordered way.

Case selection in the initial chapters could be a little more comprehensive although this is more than compensated for by the extremely well-presented chapters on the laboratory procedures. The text is clear and the illustrations of a high quality. The authors present their preferred indirect bonding technique and although this is very high on laboratory time looks very effective. The chapter on biomechanics is rather complex but tries to give the reader some insight into the rationale behind lingual appliances. The next two chapters present extraction and non-extraction cases. The concepts are clearly illustrated with good clinical cases, photographs

and explanatory drawings. Chapter 11 gives a useful insight into the developments of the lingual appliance technique and some technical nuances. The final chapter makes the point that retention is not an afterthought and provides clear guidance as to the authors' preferred retention regimes.

Overall this book can be highly recommended for practitioners who undertake lingual orthodontics and offers a clear introduction to those who wish to become familiar with the technique. The quality of the book is high and the authors are to be congratulated in producing on the whole a readable and educational addition to any orthodontists' library.

**J. H. Noar**

*Eastman Dental Institute for Oral Health Care Sciences  
University College London (UCL)  
University of London  
E-mail: [j.noar@eastman.ucl.ac.uk](mailto:j.noar@eastman.ucl.ac.uk)*

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