

Detection frequency of periodontitis-associated bacteria by polymerase chain reaction in subgingival and supragingival plaque of periodontitis and healthy subjects

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The aim of this study was to compare the detection frequencies of 25 bacterial species in subgingival and supragingival plaque of 18 untreated periodontitis subjects and 12 periodontally healthy subjects. Genomic DNA was extracted from subgingival and supragingival plaque samples, and bacterial detection was performed by polymerase chain reaction of the 16S rRNA genes. Fourteen bacteria showed no relationship with periodontitis, and 11 of these 14 species were frequently detected ($\geq 50\%$) in subgingival plaque in both periodontitis and healthy subjects. Nine bacteria such as *Eubacterium saphenum*, *Prevotella intermedia*, and *Treponema denticola* seemed to be related to periodontitis; their detection frequencies in subgingival plaque samples were higher in periodontitis than in healthy subjects, but these differences were not statistically significant by multiple comparisons ($0.002 \leq P < 0.05$). Two species (*Mogibacterium timidum* and *Porphyromonas gingivalis*) were detected significantly more frequently in subgingival plaque of periodontitis subjects than of healthy subjects ($P < 0.002$), with *P. gingivalis* being detected only in periodontitis subjects, suggesting that these two species are closely related to periodontitis. There were no significant differences in the detection frequencies of the 25 bacteria between subgingival and supragingival plaque, suggesting that the bacterial flora of supragingival plaque reflects that of subgingival plaque.

Key words: 16S rRNA genes; periodontitis; polymerase chain reaction; subgingival plaque; supragingival plaque

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The composition of dental plaque microbiota in the human oral cavity is diverse and complex. It has been previously estimated by culturing and molecular biological methods that more than 600 species of bacteria inhabit the human oral cavity (13, 25, 27, 37, 49). The initiation and progression of

periodontitis is thought to be caused by several species of these bacteria accumulating in subgingival periodontal pockets. *Porphyromonas gingivalis*, *Tannerella forsythia* (*Tannerella forsythensis*, formerly *Bacteroides forsythus*), and *Treponema denticola* are widely regarded as major

periodontal pathogens (38), and numerous etiologic investigations of periodontal disease have therefore targeted these species. *Campylobacter rectus*, *Eikenella corrodens*, *Fusobacterium nucleatum*, *Micromonas micros* (formerly *Peptostreptococcus micros*), *Treponema amylovorum*,

Treponema maltophilum, *Treponema medium*, *Treponema socranskii*, *Treponema vincentii*, *Mogibacterium timidum* (formerly *Eubacterium timidum*), *Capnocytophaga ochracea*, and *Capnocytophaga sputigena* have also been recognized as pathogens of periodontitis based on their presence and relative numbers in healthy vs. diseased sites (18, 24, 48, 51). *Actinomyces actinomycetemcomitans*, *Prevotella tanneriae*, *Prevotella intermedia*, *Prevotella nigrescens*, *Centipeda periodontii*, and *Selenomonas sputigena* have been found in subgingival lesions of periodontitis patients (1, 23, 25, 36). *Dialister pneumosintes*, *Slackia exigua* (formerly *Eubacterium exiguum*), *Eubacterium saphenum*, and *Porphyromonas endodontalis* have also been considered to be associated with periodontitis (10, 18, 46).

Although all 25 bacterial species mentioned above are thought to be related to periodontitis, they have not been considered in the same study. Therefore, firstly, we undertook a comprehensive investigation of the 25 bacteria in subgingival and supragingival plaque using polymerase chain reaction (PCR) of the 16S rRNA genes. Secondly, we evaluated the relationship between periodontitis and the detection frequency of these bacteria. Thirdly, we compared the bacterial detection frequencies in subgingival plaque with the frequencies in supragingival plaque.

Material and methods

Subject population

Eighteen patients with periodontitis (mean age 63 ± 10.4 years; range 41–77 years) and 12 periodontally healthy subjects (mean age 27 ± 1.8 years; range 22–29 years) were randomly selected for this study. They had not received periodontal treatment or antimicrobial therapy for at least 6 months and were free of systemic diseases. Informed consent was obtained from each subject. Probing depths were measured in all teeth at six sites per tooth in each subject, and the teeth with the deepest probing depths were chosen as the target sites of sampling. The deepest probing depths were <4 mm (range 2.0–3.0 mm; mean 2.4 ± 0.5 mm) in periodontally healthy subjects ($n = 12$) and ≥ 4 mm (range 4.0–10.0 mm; mean 6.2 ± 2.1 mm) in subjects with periodontitis ($n = 18$).

Collection of samples

Supragingival plaque samples were taken with sterile explorers. For subgingival

plaque samples, each of the target teeth was isolated with cotton rolls and air-dried after thorough removal of supragingival plaque with sterile cotton pellets. The samples were then collected using sterile periodontal pocket probes. In addition, alveolar mucosal samples (7 of 12 healthy subjects, 6 of 18 periodontitis subjects) were collected at the same sampling sites by swabbing 10 times with sterile swabs. All samples were immediately suspended in 1 ml of sterile distilled water and stored at -20°C before extraction of genomic DNA.

DNA extraction and nested PCR detection

After thawing, samples were centrifuged at $7740 \times g$ for 5 min and the supernatants removed. Genomic DNA was then extracted from the pellets using an InstaGene Matrix Kit (Bio-Rad Laboratories, Richmond, CA) according to the manufacturer's instructions.

In the first amplification, the 16S rRNA genes were amplified by PCR with universal primers 27F and 1492R (19, 34, 35) and Taq DNA polymerase (HotstarTaq Master mix; Qiagen GmbH, Hilden, Germany) according to the manufacturer's instructions. The primer sequences were: 27F, 5'-AGA GTT TGA TCC TGG CTC AG -3'; and 1492R, 5'-TAC GGG TAC CTT GTT ACG ACT T -3'. PCR mixtures were 5 μl of genomic DNA and 95 μl of reaction mixture containing 1.5 mM MgCl_2 . PCR amplification was performed in a PCR Thermal Cycler MP (TaKaRa Biomedicals, Ohtsu, Shiga, Japan) programmed for 15 min at 95°C for initial heat activation, 35 cycles of 1 min at 94°C for denaturation, 1 min at 60°C for annealing, and 1.5 min at 72°C for extension, and 10 min at 72°C for final extension. The predicted PCR product with the universal primers was 1505 bp in length.

The 25 bacteria were identified by amplification of the first PCR amplification products using species-specific primers (Table 1) based on 16S rRNA gene sequences. PCR mixtures were 1 μl of the first PCR amplification mixture and 24 μl of reaction mixture containing 1.5 mM MgCl_2 . PCR amplification was performed in a PCR Thermal Cycler MP (TaKaRa Biomedicals) programmed for 15 min at 95°C for initial heat activation, 35 cycles of 1 min at 94°C for denaturation, 1 min at 55°C for annealing, and 1.5 min at 72°C for extension, and 10 min at 72°C for final extension. The predicted sizes of PCR products with species-specific primers are listed in Table 1.

The PCR products were separated on 2% agarose gels (High Strength Analytical Grade Agarose, Bio-Rad Laboratories) in Tris-borate EDTA buffer (100 mM Tris, 90 mM borate; 1 mM EDTA, pH 8.4) stained with ethidium bromide and photographed under ultraviolet light. A 100-bp DNA Ladder (Invitrogen Corp., Carlsbad, CA) was used as a molecular size marker.

Data analysis

Fisher's exact probability tests were applied to compare the detection frequencies of the bacterial species between the healthy and periodontitis subjects, and between supragingival and subgingival plaques to evaluate significance. *P*-value was adjusted from 0.05 to 0.002 based on the Bonferroni correction for multiple comparisons.

Results

The detection frequencies of target bacteria in subgingival and supragingival plaque are shown in Fig. 1. The bacterial species were listed in order of the differences (*P*-values) in their detection frequencies in subgingival plaque between healthy and periodontitis subjects. There were no significant differences ($P \geq 0.05$) in the detection frequencies of the first 14 bacteria between healthy and periodontitis subjects. Eleven of the 14 species (*F. nucleatum*, *C. rectus*, *E. corrodens*, *P. nigrescens*, *C. ochracea*, *T. maltophilum*, *S. exigua*, *M. micros*, *T. forsythia* (*T. forsythensis*), *C. sputigena*, and *C. periodontii*) were frequently detected in subgingival plaque samples ($\geq 50\%$) of both periodontitis and healthy subjects. *A. actinomycetemcomitans*, *T. amylovorum*, and *T. vincentii* were infrequently detected in both periodontitis and healthy subjects (Fig. 1).

Of the last 11 species in Fig. 1, the detection frequencies of nine bacteria (*E. saphenum*, *P. intermedia*, *T. denticola*, *P. tanneriae*, *T. medium*, *D. pneumosintes*, *T. socranskii*, *P. endodontalis*, and *S. sputigena*) seemed to be higher in subgingival plaque samples from periodontitis subjects than in healthy subjects, although these differences were not statistically significant by multiple comparisons ($0.002 \leq P < 0.05$, Fig. 1). The detection frequencies of *M. timidum* and *P. gingivalis* of periodontitis subjects were significantly higher ($P < 0.002$) than those of healthy subjects. In addition, *P. gingivalis* was not detected in the subgingival plaque of healthy subjects (Fig. 1).

Table 1. Target bacteria and their species-specific primers

Species	Sequence (5'-3')	Size	References
<i>Actinobacillus actinomycetemcomitans</i>	CTC AGA GAT GGG TTT GTG CC AGA TTC ACT CCC CAT CGC TG	273 bp	(47)
<i>Campylobacter rectus</i>	TTT CGG AGC GTA AAC TCC TTT TC TTT CTG CAA GCA GAC ACT CTT	598 bp	(1)
<i>Capnocytophaga ochracea</i>	AGA GTT TGA TCC TGG CTC AG GAT GCC GTC CCT ATA TAC TAT GGG G	185 bp	(4)
<i>Capnocytophaga sputigena</i>	AGA GTT TGA TCC TGG CTC AG GAT GCC GCT CCT ATA TAC CAT TAG G	185 bp	(4)
<i>Centipeda periodontii</i>	AGA GTT TGA TCC TGG CTC AG TTA CAA AGG ATT ATT CGC CC	450 bp	(36)
<i>Dialister pneumosintes</i>	TTC TAA GCA TCG CAT GGT GC GAT TTC GCT TCT CTT TGT TG	1105 bp	(6)
<i>Eikenella corrodens</i>	CGA TTA GCT GTT GGG CAA CTT ACC CTC TGT ACC GAC CAT TGT AT	410 bp	(9)
<i>Eubacterium saphenum</i>	TCT ACT AAG CGC GGG GTG A A CCC GAT TAA GGG TAC	430 bp	(12)
<i>Fusobacterium nucleatum</i>	GAA GAA ACA AAT GAC GGT AAC AAC GTC ATC CCC ACC TTC CTC CT	705 bp	(31)
<i>Micromonas micros</i>	TCG AAC GTG ATT TTT GTG GA TCC AGA GTT CCC ACC TCT	1074 bp	(29)
<i>Mogibacterium timidum</i>	AAG CTT GGA AAT GAC GC CCT TGC GCT TAG GTA A	524 bp	(12)
<i>Porphyromonas endodontalis</i>	GCT GCA GCT CAA CTG TAG TC CCG CTT CAT GTC ACC ATG TC	672 bp	(2)
<i>Porphyromonas gingivalis</i>	GCG TAT GCA ACT TGC CTT AC GTT TCA ACG GCA GGC TGA AC	518 bp	(47)
<i>Prevotella intermedia</i>	CGT GGA CCA AAG ATT CAT CGG TGG A CCG CTT TAC TCC CCA ACA AA	259 bp	(26)
<i>Prevotella nigrescens</i>	GTG TTT CAT TGA CGG CAT CCG ATA TGA AAC CA CGT CTC TGT GGG CTG CGA	828 bp	(26)
<i>Prevotella tanneriae</i>	CTT AGC TTG CTA AGT ATG CCG AG CTG ACT TAT ACT CCC G	550 bp	(50)
<i>Selenomonas sputigena</i>	AGA GTT TGA TCC TGG CTC AG TC AAT ATT CTC AAG CTC GGT T	478 bp	(36)
<i>Slackia exigua</i>	GCC AAG CGG CCT CGT CGA AG C GGC TTT AAG GGA TTC GCT CG	697 bp	(12)
<i>Tannerella forsythensis</i>	AAA ACA GGG GTT CCG CAT GG C ACC GCG GAC TTA ACA GC	426 bp	(22)
<i>Treponema amylovorum</i>	AGA GTT TGA TCC TGG CTC AG C ACG CCT TTA TTC CGT GAG	193 bp	(48)
<i>Treponema denticola</i>	TAA TAC CGA ATG TGC TCA TTT ACA T TCA AAG AAG CAT TCC CTC TTC TTC TTA	316 bp	(1)
<i>Treponema maltophilum</i>	AGA GTT TGA TCC TGG CTC AG CT ATT GTG CTT ATT CAT CAG GC	438 bp	(48)
<i>Treponema medium</i>	CAC TCA GTG CTT CAT AAG GG CG GCC TTA TCT CTA AGA CC	856 bp	(33)
<i>Treponema socranskii</i>	AGG TAG ACA GCG GGA AAG GA AA CCC AAC ACC TCA CGG CA	902 bp	(32)
<i>Treponema vincentii</i>	GTC TCA ATG GTT CAT AAG AA CAA GCC TTA TCT CTA AGA CT	856 bp	(33)

There were no significant differences in the detection frequencies of the 25 bacteria between subgingival and supragingival plaque (Fig. 1). The detection frequencies in alveolar mucosal plaque samples were generally lower than those in the respective subgingival and supragingival plaque samples (Fig. 2).

The percent agreement of detection frequencies of the 25 bacteria was also evaluated. In subjects with periodontitis, the percent agreement of subgingival vs. supragingival plaque was higher (mean 81%, range 50–100%) than that of alveolar mucosal plaque vs. subgingival plaque (mean 63%, range 17–100%) and alveolar mucosal plaque vs. supragingival plaque

(mean 60%, range 33–83%). This trend was also observed in healthy subjects (data not shown).

Discussion

In this study, the detection frequencies of 25 bacteria in subgingival, supragingival, and alveolar mucosal plaque of untreated periodontitis subjects and periodontally healthy subjects were obtained by nested PCR based on 16S rRNA genes. Since the subject's age is one of the most important risk factors of periodontitis, the periodontitis subjects were first divided into two groups according to age (41–64 years and 65–77 years). However, as the detection

frequencies of the 25 bacterial species were quite similar in subgingival plaque samples from the two groups (data not shown), the groups were combined into one in the present study.

The first 14 bacteria in Fig. 1 showed no significant differences in detection frequencies in subgingival plaque between healthy and periodontitis subjects ($P \geq 0.05$); 11 of these bacteria were detected at high frequencies ($\geq 50\%$) in both periodontitis and healthy subjects (Fig. 1). The detection rates of *C. rectus* and *E. corrodens* have been reported to be unrelated to the progression of attachment loss (28). Moreover, *C. rectus*, *E. corrodens*, *C. ochracea*, and *C. sputigena* have been frequently

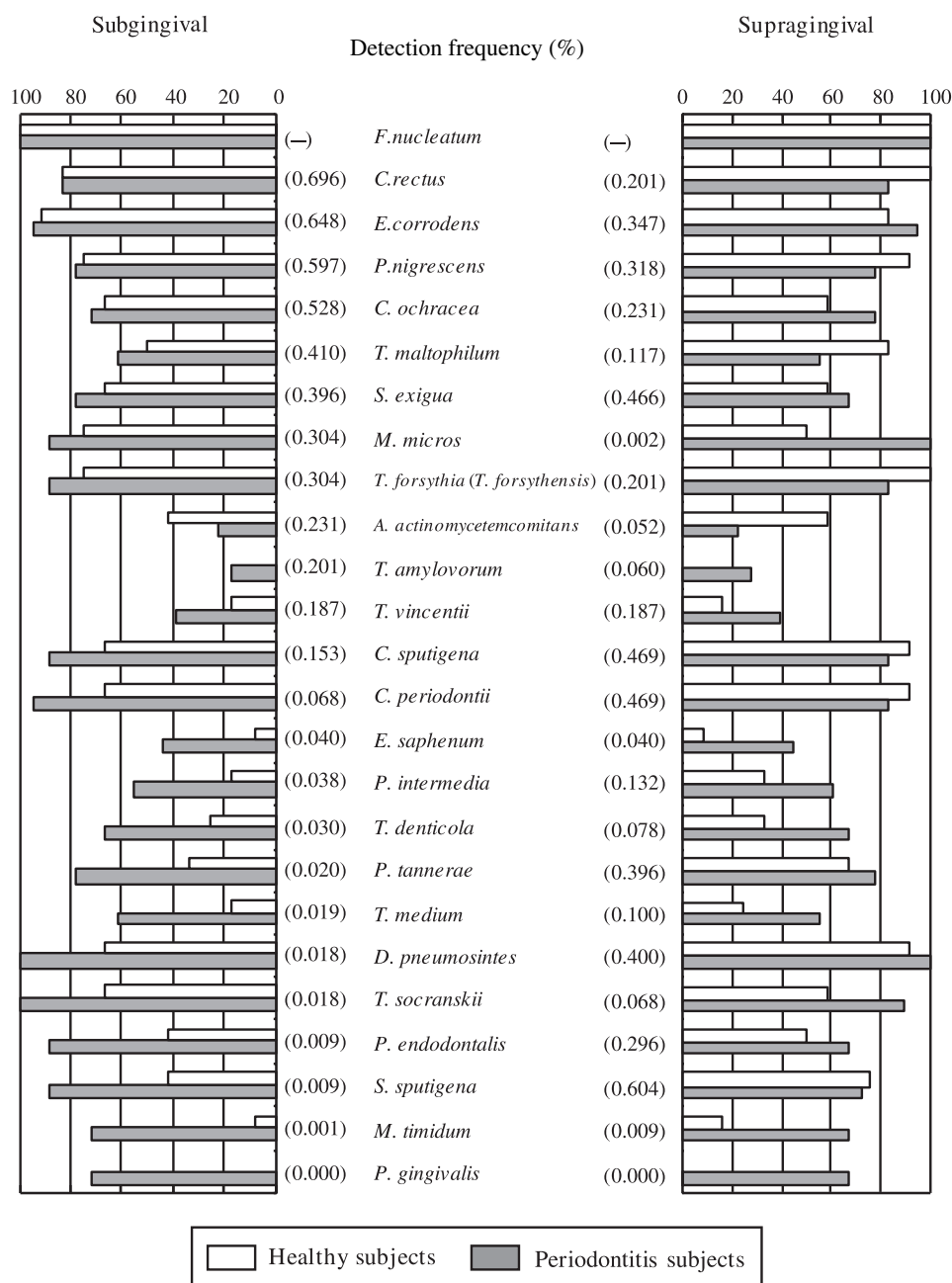


Fig. 1. Detection frequencies of target bacteria in subgingival and supragingival plaque. *P*-values of differences between healthy and periodontitis subjects are given in parentheses. Bacterial species are listed in order of *P*-values.

detected in plaque samples from healthy children (14). The results obtained in this study are therefore in accordance with those of previous studies, suggesting that these species are among the commensal bacteria of the oral cavity. *F. nucleatum* and *T. forsythia (T. forsythensis)* were also frequently detected in both healthy and periodontitis subjects in this study, suggesting that their relationship with periodontitis is uncertain. The *F. nucleatum* species consists of several subspecies (subspecies *nucleatum*, *polymorphum*,

fusiforme, and *vincentii*) (7), and the *T. forsythia (T. forsythensis)* species has been reported to have *prfH* genetic subtypes (42). Thus, the pathogenicity of *F. nucleatum* and *T. forsythia (T. forsythensis)* probably varies depending on the strain (8, 30, 42). Further study will be required to determine the subspecies and subtypes of *F. nucleatum* and *T. forsythia (T. forsythensis)* specific to periodontitis. *A. actinomycetemcomitans* was detected at the adult periodontitis sites in less than 25%, which was lower than at healthy sites in

this study (Fig. 1). This is consistent with a recent study (11), although this species has been considered to be associated with juvenile and adult periodontitis (17, 20, 52, 53). This discrepancy could be due to differing pathogenicity of the various serotypes and genotypes of *A. actinomycetemcomitans* (3, 43).

Of the remaining 11 species, the detection frequencies of nine bacteria in subgingival plaque were higher in periodontitis subjects than in healthy subjects, but this difference was not

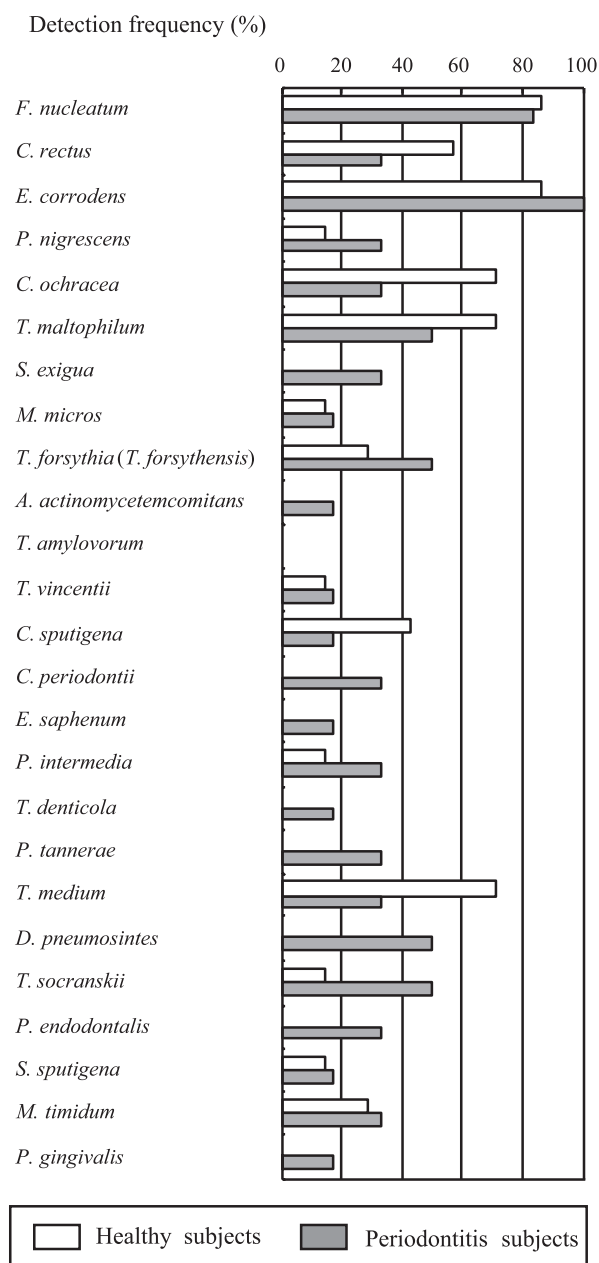


Fig. 2. Detection frequencies of target bacteria in alveolar mucosal plaque. Bacterial species are listed in the same order as in Fig. 1.

statistically significant ($0.002 \leq P < 0.05$) (Fig. 1). Two species (*M. timidum* and *P. gingivalis*) were detected significantly more frequently ($P < 0.002$) in subjects with periodontitis than in healthy subjects. *P. gingivalis* was detected only in the periodontitis subjects. This is further evidence of an association of these two species with periodontitis, as reported previously for *P. gingivalis* (3, 18, 41, 51). *M. timidum* has also been isolated from deep periodontal pockets, supporting such an association (24, 45).

The detection frequencies of the bacteria in subgingival and supragingival plaque were similar in this study. A few studies have also suggested that the microbiota of subgingival and supragingival plaque were similar (16, 24, 51). Supragingival plaque may play an important role in bacterial invasion to subgingival sites, providing a reservoir of bacteria (51).

The recently proposed concept of 'bio-film' implies that bacteria establish a kind of supportive community (5). Based on this concept, bacterial species in dental plaque

cooperate to make their environment anaerobic through oxygen consumption in their sugar and amino acid metabolic pathways (15, 21, 44) and maintain neutral pH via acid-neutralization by amino acid metabolism (39, 40), thus providing an environment where obligate anaerobic and acid-sensitive periodontopathic bacteria, such as *P. gingivalis*, are able to survive and grow. This may explain why *P. gingivalis* was detected at supragingival sites, which often become acidic and aerobic, in this study. From this point of view, the bacteria, frequently detected both in supragingival and subgingival plaque and at both healthy and periodontitis sites, are not individually pathogenic in the oral cavity, but rather may influence the initiation and progression of periodontitis when present together with periodontopathic bacteria.

The detection frequencies of bacteria in alveolar mucosa (Fig. 2) were generally lower than those in subgingival and supragingival plaque (Fig. 1), and the agreement rate of these bacteria at alveolar mucosa vs. subgingival (63%) or supragingival (60%) sites was also lower than those at subgingival vs. supragingival sites (81%). This suggests that alveolar mucosa has a microbiota composition that apparently differs from that of subgingival and supragingival plaque. This may be due to unique environmental factors of alveolar mucosa such as oxygen exposure and mobility, which result in less suitable environments for the target bacteria used in this study.

In conclusion, of 25 bacteria, 14 species showed no relationship with periodontitis, and 11 out of these 14 species were frequently detected ($\geq 50\%$) in subgingival plaque in both periodontitis and healthy subjects. Nine bacteria seemed to be related to periodontitis, although their higher detection frequencies in subgingival plaque were not statistically significant by multiple comparisons. Only two species (*M. timidum* and *P. gingivalis*) in subgingival plaque were detected significantly more frequently in subjects with periodontitis than in healthy subjects, suggesting that the two species are closely related to periodontitis. In addition, the similarity of detection frequencies of the bacteria between subgingival and supragingival plaque suggests that analysis of supragingival plaque microbiota is useful in estimating the microbial composition of subgingival plaque.

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