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Detection of periodontopathic bacteria and an oxidative stress marker in saliva from periodontitis patients

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We assessed the salivary levels of periodontopathic bacteria and 8-hydroxydeoxyguanosine (8-OHdG) in patients with periodontitis. The salivary levels of *Actinobacillus actinomycetemcomitans*, *Porphyromonas gingivalis*, and *Tannerella forsythia* (formerly *Bacteroides forsythus*) were assessed using real-time polymerase chain reaction. The 8-OHdG levels were determined using an enzyme-linked immunosorbent assay. The salivary levels of 8-OHdG, *P. gingivalis*, and *T. forsythia* in the periodontitis patients were significantly higher than those in healthy subjects. By contrast, the *A. actinomycetemcomitans* level in healthy subjects was higher than that in periodontitis patients. 8-OHdG was significantly correlated with *P. gingivalis*. Statistically significant decreases in the levels of *P. gingivalis*, probing depth, bleeding on probing, and 8-OHdG were observed after initial periodontal treatment. These results suggest that the 8-OHdG levels in saliva reflect the load of periodontal pathogens. 8-OHdG could be a useful biomarker for assessing periodontal status accurately, and for evaluating the efficacy of periodontal treatment. Y. Sawamoto¹, N. Sugano^{1,2}, H. Tanaka³, K. Ito^{1,2} ¹Department of Periodontology, Division of Advanced Dental Treatment, Dental Research Center, ²Department of Bacteriology, ³Nihon University School of Dentistry, Tokyo, Japan

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Oxidative stress is involved in many pathologic conditions, such as cancer, atherosclerosis, and inflammatory diseases (26, 35). Oxidative stress can attack nucleic acids in living cells. In the nucleus, 8-hydroxydeoxyguanosine (8-OHdG), an oxidized nucleoside of DNA, is frequently detected with DNA damage. With DNA repair, 8-OHdG is excreted in the body fluids (43). Several studies have indicated that the 8-OHdG levels in body fluids are a biomarker of oxidative stress (9). For example, elevated urinary 8-OHdG has been detected in patients with cancer, atherosclerosis, and diabetes. Previously, we found that the 8-OHdG levels in saliva from periodontitis patients were significantly higher than those of clinically healthy subjects (36). We also observed a significant decrease in salivary 8-OHdG after periodontal treatment. Oxidative stress during the destruction of periodontal tissues results from polymorphonuclear leukocyte infiltration as a key event in the host defense mechanisms against bacterial invasion (1, 4, 7, 42).

A preponderance of several oral bacterial species has been found in subjects with periodontitis. Of these, *Actinobacillus actinomycetemcomitans*, *Porphyromonas gingivalis*, and *Tannerella forsythia* (*Bacteroides forsythus*) are the most convincing etiologic agents of periodontitis (34, 37, 39, 40, 47). *A. actinomycetemcomitans* and *P. gingivalis* lead to, and increase, the oxidative stress in periodontal tissue (21, 24, 25, 31, 38). However, no study has made a direct investigation of the correlation between the 8-OHdG levels and periodontopathic bacteria.

This investigation assessed the salivary levels of 8-OHdG, *A. actinomycetemcomitans*, *P. gingivalis*, and *T. forsythia* in patients with periodontitis.

Material and methods Patients and saliva samples

The study group consisted of 29 systemically healthy subjects with periodontitis, with a mean age of 55.0 years (range 36–68 years). The clinical criteria of zperiodontitis were judged from standard measurements of clinical pocket depths.

The periodontitis patients had at least two sites with probing depths greater than 4 mm. Twenty systemically healthy subjects with clinically healthy periodontium served as controls (mean age 35.2 years, range 25-65 years). The clinical examination recorded sites with bleeding on probing (mean 44.8%, range 22.2-100%) and probing depth (mean 3.49 mm, range 2.48-6.70 mm). Clinical records at the first appointment and after an initial periodontal treatment were examined in 17 periodontitis patients (8 women and 9 men, age range 36-68 years). The 2- to 4-monthlong initial periodontal treatment consisted mainly of oral hygiene instruction and scaling and root planing. At clinical examination, paraffin wax-stimulated whole saliva was collected, and the samples were stored at -80° C until analyzed.

Determination of salivary 8-OHdG using ELISA

Saliva samples were centrifuged at $10,000 \times g$ for 10 min and the supernatant was used to determine the 8-OHdG levels with a competitive ELISA kit (8-OHdG Check, Highly Sensitive 8-OHdG Check, Japan Institute for the Control of Aging, Shizuoka, Japan). Levels ranged from 0.125 to 200 ng/ml.

Real-time polymerase chain reaction (PCR)

The samples were boiled for 10 min and then centrifuged at $10,000 \times g$ for 5 min, and 5 µl of the supernatant was used as a template for PCR. Real-time PCR was performed using an ABI PRISM 7700 Sequence Detection System (ABI, Foster City, CA). Each reaction tube contained 50 µl of reaction mixture, including 5 µl of sample, 1 × Universal PCR Master Mix (ABI), 900 nM of each primer, and a 250 nM probe.

The primer and probe sets for the three bacterial species are listed in Table 1 (22, 32, 46). To quantify total bacteria, conserved sequences in reported 16S genes were selected (22). Total bacterial rRNA was amplified in a separate reaction, at the same time, under the same conditions as those used for specific amplification of the three bacteria. The probes were labeled at the 5'-end with the reporter dye 6-carboxyfluorescein (6-FAM) and at the 3'-end with the quencher dye 6-carboxytetramethvlrhodamine (TAMRA). Data were analyzed using the SEQUENCE DETECTION SYSTEM software from ABI. The number of bacterial cells was determined using DNA from known amounts of bacterial

Table 1.	Sequences of	of oligonucleotide	primers and	probes
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Sequence $(5', 3')$		
GGATTAGATACCCTGGTAGTC		
TACCTTGTTACGACTT		
TGACGGGCGGTGTGTACAAGGC		
CAGCATCTGCGATCCCTGTA		
GCCCTTTGTCTTTCCTAGGT		
TCGAGTATTCCTCAAGCATTCTCGCACG		
TACCCATCGTCGCCTTGGT		
CGGACTAAAACCGCATACACTTG		
GCTAATGGGACGCATGCCTATCTTACAGCT		
GGGTGAGTAACGCGTATGTAACCT		
ACCCATCCGCAACCAATAAA		
CCCGCAACAGAGGGATAACCCGG		

strains *A. actinomycetemcomitans* Y4, *P. gingivalis* ATCC33277, and *T. forsythia* ATCC43037. These control bacteria were grown under appropriate culture conditions. Bacterial levels were expressed as a percentage of the total bacteria.

Statistical analyses

Differences in clinical parameters and bacterial levels between patients were analyzed using the Mann–Whitney *U*-test. The Spearman rank correlation test was used to determine possible associations between the clinical parameters and bacterial levels. *P*-values were considered significant when P < 0.05. Differences in the salivary levels of bacteria, probing depth, and bleeding on probing before and after the initial periodontal treatment were analyzed using Student's *t*-test. Statistical analyses were performed using SPSS[®] software (SPSS Inc., Chicago, IL).

Results

The salivary levels of *A. actinomycetem-comitans*, *P. gingivalis*, and *T. forsythia* were assessed using real-time PCR. *A. ac-tinomycetemcomitans* was detected in

36.6% of the periodontitis patients and 85.0% of the healthy subjects. *P. gingivalis* was detected in 84.4% and 55.0%, respectively, and *T. forsythia* in 93.1% and 55.0%, respectively (Table 2). The salivary levels of 8-OHdG, *P. gingivalis*, and *T. forsythia* in periodontitis patients were significantly higher than those in healthy subjects. By contrast, the *A. actinomycetemcomitans* level in periodontitis patients was significantly lower than that in healthy subjects.

There were significant relationships in periodontitis patients between *P. gingivalis* and 8-OHdG (r = 0.55, P < 0.01), probing depth (r = 0.49, P < 0.01), *T. forsy-thia* (r = 0.45, P < 0.05), and bleeding on probing (r = 0.41, P < 0.05). In addition, there was a significant relationship between probing depth and bleeding on probing (r = 0.70, P < 0.01) (Table 3).

Significant decreases in the *P. gingivalis* level, 8-OHdG, probing depth, and bleeding on probing were observed after periodontal treatment (Table 4).

Discussion

In periodontitis caused by infection with a periodontal pathogen, neutrophils comprise

Table 2. Detection of salivary bacterial levels in periodontitis patients and clinically healthy subjects

•	-	
Variable	Periodontitis patients	Healthy subjects
No. of subjects	29	20
No. of total bacteria/ml	$1.02 \pm 0.46 imes 10^9$	$2.16 \pm 0.14 \times 10^{8}$
8-OHdG (ng/ml)	4.36 ± 0.18	1.48 ± 0.08 **
A. actinomycetemcomitans levels (%)	0.009 ± 0.001	0.141 ± 0.014 *
A. actinomycetemcomitans-positive subjects (%)	36.6	85.0
P. gingivalis levels (%)	0.123 ± 0.008	0.012 ± 0.002 *
P. gingivalis-positive subjects (%)	84.4	55.0
T. forsythia levels (%)	0.049 ± 0.002	$0.008 \pm 0.001 \texttt{*}$
T. forsythia-positive subjects (%)	93.1	55.0

All values are expressed as the mean \pm SE.

Mann–Whitney \overline{U} -test, statistically significant difference between periodontitis patients and healthy subjects; **P < 0.01, *P < 0.05.

218 Sawamoto et al.

Table 3. Correlation between salivary bacterial levels and clinical measurements in periodontitis patients (n = 29)

Parameter	Bleeding on probing	Probing depth	T. forsythia	P. gingivalis	A. actinomycetemcomitans
8-OHdG (ng/ml)	0.32	0.21	0.36	0.55**	0.21
A. actinomycetemcomitans levels (%)	0.37	0.26	0.01	0.03	
P. gingivalis levels (%)	0.41*	0.49**	0.45*		
T. forsythia levels (%)	0.33	0.37*			
Probing depth (mm)	0.70**				

*******P* < 0.01, ******P* < 0.05.

Table 4. Changes in the clinical measurements and salivary bacterial levels in periodontitis patients (n = 17) before and after treatment

Variable	Before	After
Probing depth (mm)	3.26 ± 0.03	2.60 ± 0.03**
Range (mm)	2.48-5.66	1.77-3.80
Bleeding on probing (%)	46.2 ± 1.1	19.8 ± 0.9**
Range (%)	22.2-86.1	0-30.0
8-OHdG (ng/ml)	4.05 ± 0.17	1.75 ± 0.09**
No. of total bacterial/ml	$1.33 \pm 0.10 imes 10^9$	$1.65 \pm 0.06 \times 10^{9}$
A. actinomycetemcomitans levels (%)	0.009 ± 0.001	0.002 ± 0.000
A. actinomycetemcomitans-positive subjects (%)	35.3	5.9
P. gingivalis levels (%)	0.143 ± 0.016	0.020 ± 0.002 **
P. gingivalis-positive subjects (%)	100	70.6
T. forsythia levels (%)	0.053 ± 0.005	0.020 ± 0.003
T. forsythia-positive subjects (%)	94.1	70.6

All values are expressed as the mean \pm SE.

Student's t-test, statistically significant difference before, and after periodontal treatment; **P<0.01.

the initial inflammatory component of the response to the pathogen (1). Oxidative stress is enhanced in periodontitis (1, 4, 7, 36, 42). However, the association between oxidative stress and the infective load of periodontal pathogens remains unclear. This study examined the relationship between the levels of periodontopathic bacteria and oxidative stress. The amount of periodontal pathogens present in plaque and saliva samples has previously been studied using culture, immunoassay, DNA hybridization, and PCR (8, 10, 12, 17, 20, 23, 28, 32). However, all of these methods suffer from a lack of specificity, sensitivity, or quantity. Therefore, it is difficult to clarify the causality of specific pathogens in periodontitis. A method facilitating the precise detection of these pathogens would be of major benefit for periodontal assessment. Real-time PCR with species-specific primers is precise and sensitive, and can be used to quantify periodontal pathogens and total bacteria counts more accurately (2, 5, 18, 22, 30, 45).

Initially, we found that the salivary levels of 8-OHdG, *P. gingivalis*, and *T. forsythia* in periodontitis patients were significantly higher than those in healthy subjects. This confirms the findings of previous studies, which suggested the importance of *P. gingivalis* and *T. forsythia* as true pathogens in adult patients with periodontitis (14, 15, 22). By contrast, the *A. actinomycetemcomitans* level in patients with periodontitis was significantly lower than that in healthy subjects. Correlation analysis also showed no significant correlation between the level of A. actinomycetemcomitans and 8-OHdG or P. gingivalis or T. forsythia. Previous studies have also reported that A. actinomycetemcomitans is not associated with adult periodontitis (13, 27, 33). The distribution of A. actinomycetemcomitans serotypes may be more specific and indicative of A. actinomycetemcomitans as a high-risk pathogen. Serotype c strains are more commonly found in periodontal health (3, 48). In contrast, serotype b strains, highly leukotoxic strains, are most often associated with periodontal disease (11). However, the prevalence of serotype b in Japanese patients is low (29, 44). Further studies will be needed prove the relationship between A. actinomycetemcomitans and periodontitis.

Correlation analysis showed a significant positive correlation between the level of *P. gingivalis* and 8-OHdG in saliva from periodontitis patients. In our previous study, 8-OHdG did not correlate with clinical data, age, and smoking status (36). A significant decrease in the *P. gingivalis* level and 8-OHdG was observed after periodontal treatment. A number of studies have shown that successful treatment significantly reduces *P. gingivalis* and *T. forsythia* levels (6, 16, 19, 41). Eliminating the periodontal pathogens, and a subsequent reduction of host inflammation of the periodontium, should logically decrease 8-OHdG levels. Our results suggest that the 8-OHdG levels in saliva reflect the load of periodontal pathogens.

In conclusion, we found a relationship between periodontal pathogens and the oxidative stress marker 8-OHdG. 8-OHdG could be a useful biomarker for assessing periodontal status accurately and evaluating the efficacy of periodontal treatment. Recently, we examined 8-OHdG levels in gingival crevicular fluid of teeth with advanced periodontal destruction (mean probing depth 7.2 mm). 8-OHdG levels were detected in eight of 18 crevicular fluid samples from periodontally hopeless teeth but not in 18 crevicular fluid samples from predictable teeth with advanced periodontal destruction (Takane M et al., submitted paper). These data may indicate that periodontally involved hopeless teeth are a major source of salivary 8-OHdG. We plan to examine 8-OHdG in a longitudinal study to determine its potential as a predictor of progressing disease. Early detection and continuous monitoring of 8-OHdG may be useful in periodontal treatment to prevent periodontal disease development.

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