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## ABSTRACT OF THE SCIENTIFIC LITERATURE



### DURATION OF RESTORATIONS IN TEETH INJURED BY TRAUMA

Unfortunately, dental trauma of the child and young adult is something that we as practicing clinicians are confronted with constantly. In dental traumatology, it is very important to understand which material is best to use and when is the right time to replace the restoration before it loses function and, consequently, leads to complications.

The purpose of this study was a long-term (7-year) clinical evaluation of resin-based composite restorations and original fragment reattachments. The sample size of this study was: (1) 60 patients aged 8 to 18 years who had 90 injured dental crowns; and (2) 20 subjects with crown injuries who served as a validity sample and were treated by different practitioners. Of the 90 selected teeth in the first group, 70 had direct composite restorations and 20 had original fragment reattachments. These teeth were divided according to traditional classifications (Aandreasen, Ellis) and also a new (Spinas-Piroddi) classification, which takes into account material type used in restorations as well as outcomes in long-term follow-up. All restorations were evaluated over a 7-year period. By 3 years postoperative, most restorations needed some form of repair, ranging from a simple polishing to complete replacement. The examiners found that a restoration can be replaced only 3 to 4 times before the tooth shows a severe reduction of its adhesive properties.

**Comments:** Tooth fracture is a fairly common event, as more sport activities are organized for today's youth. This article should first serve to heighten our awareness in promoting the fact that mouthguards are necessary, with a need to educate parents and patients about their importance. This article reaffirms that when a dental crown injury occurs, composite restorations and original fragment reattachments are the treatment of choice in patients who have not yet achieved their complete dental/skeletal growth. The authors state that resin restorations cannot be used for long-term repair and that prosthetic restoration (crown or veneer) must be used when the subject has completed his/her growth. The repeated injury of a previously traumatized tooth will certainly lessen the chances that a conservative repair using resin will last. Although the prosthetic option eventually may be the case, it would best serve pediatric clinicians to inform parents and patients of this possible outcome and only resort to that step when actually needed. **GM**

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