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Bone response to alteration of surface topography and surface composition of sandblasted and acid etched (SLA) implants

Key words: etched implants, hydrogen, pig model, SLA, surface alteration, titanium hydride

Abstract: The titanium surface obtained by sandblasting and etching (SLA) is an easily alterable surface that smears and loose its typical texture. In addition, the etching process modifies the surface composition of commercially pure titanium; the latter contains titanium and an added 20-40% of titanium hydride. Therefore, the influence of a heavy surface alteration and the influence of the composition at the SLA surface, i.e. with and without titanium hydride, were investigated in vivo. Three implant groups were inserted in the mandible of Land Race pigs and left to heal during 10 weeks in a submerged way: (1) a standard SLA control group (SLAstd) with the SLA surface containing titanium hydride; (2) a test group with the SLA surface heavily altered at the thread level (SLAalt); (3) a test group with an SLA surface devoid of titanium hydride (SLAT). Sample size was n = 8. Histomorphometry analysis did not show a statistically significant difference between the control group (SLAstd: 82.12 + 6.1%), the altered surface test group (SLAalt: 86.25 + 7.4%) and the SLA without titanium hydride test group (SLAT: 75.12 + 7.6%). The data suggest that alteration of the SLA surface, if it occurs, should not be detrimental to bone response. The soft and easy smearable SLA surface might even be an advantage when surface maintenance is required. Surface composition did not play a significant role in the bone response to the SLA surface and it can therefore be concluded that the osteophilic properties of the SLA surface are due to its surface topography and not to its specific surface composition.

The first in vivo study reporting on a textured titanium surface obtained by sandblasting and acid etching (SLA) was published in 1990 (Wilke et al. 1990). Several studies have investigated its biological properties (Buser et al. 1991; Cochran et al. 1994; Martin et al. 1995; Wong et al. 1995; Buser et al. 1998; Cochran et al. 1998; Buser et al. 1999), however, little is known about its physico-chemical characteristics. Observation has shown that the dull SLA surface is soft (Szmukler-Moncler et al. 1999), particularly when compared with a titanium-plasma sprayed (TPS) surface. Shiny spots appear at the SLA surface when damaged during the handling or packaging process, or when removed from the sterile ampoule. Scanning electron microscopy (SEM) demonstrated that these shiny spots correspond to smearing of the soft surface, with alteration of the microtopography (Fig. 1a). Subsequently, the question arose of how bone would respond to an extensive alteration of SLA-treated implants, as could happen during either implant insertion in hard bone or from undue implant manipulation.

It has also been reported that the etching process modifies the titanium surface composition of SLA-treated implants. X-ray diffraction (XRD) analysis of SLA-treated titanium samples showed the presence of

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Date: Accepted 31 August 2001

To cite this article:

Perrin D, Szmukler-Moncler S, Echikou C, Pointaire P, Bernard JP. Bone response to alteration of surface topography and surface composition of sandblasted and acid etched [SLA] implants *Clin. Oral Impl. Res*, **13**, 2002; 465–469

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ISSN 0905-7161



Fig. 1. Alteration of the SLA topography. (a) Alteration of the macro- and microtopography. The altered surface looks shiny when compared to the darkened unaltered surface (b) Micrograph of an unaltered implant belonging to the SLAstd control group.(c) Micrograph of an altered thread belonging to the SLAalt test group. The topography alterations were obtained by squeezing the whole thread perimeter with titanium tweezers.

20–40% of titanium hydride (δ -TiH2-x) in addition to titanium (Szmukler-Moncler & Simpson 1996). Taborelli et al. (1997) confirmed the presence of a high and unusual amount of hydrogen in etched titanium samples. Consequently, it was questioned if the biologic and the osteophilic properties of the SLA surface were due to its defined surface micro- and macro-topography (Martin et al. 1995; Szmukler-Moncler & Simpson 1996) or rather due to its specific surface composition, i.e. enriched with titanium hydride.

The present paper addresses the issue of bone response to a heavily altered SLA surface and to modification of the surface composition, i.e. with and without titanium hydride.



Fig. 2. X-ray diffraction spectra of a SLA-treated sample. (a) Spectrum issued from a control, untreated sample. Peaks belonging to titanium (*) and to titanium hydride (+) are seen. Some peaks belonging to the two structures overlap (* +). (b) Spectrum issued from a sample heat-treated at 200 °C for 3h. The titanium hydride peaks (+) have disappeared and only the titanium structure (*) is found.

Material and methods

Implants

ITI implants 4.1 mm in diameter and 8 mm long were sandblasted and acid etched in a hot mixture of HCl/H2SO4 (Wong et al. 1995), they were further separated in three groups, one control and two test groups. The implants of the first test group had all their threads damaged with titanium tweezers, to simulate a heavy surface alteration (SLAalt); Fig. 1 shows the aspect of the damaged SLA implants. The implants of the second test group were heat-treated at 200°C over 3h to remove the titanium hydride compound from the surface (SLAT). Fig2(a, b) shows the XRD spectra obtained at a reference SLA surface before and after heat treatment. The XRD patterns were recorded with a SIEMENS 8000 diffractometer using a CuKa source at 40kV and 30mA. Scans were conducted between 35° to $75^{\circ} 2\theta$ angle values. Before heat treatment, titanium (JPCDS 6–582) and titanium hydride (JPCDS 25-982, δ-TiH₂) were identified on the surface (Fig. 2a). Following heat treatment, the peaks belonging to the titanium hydride compound disappeared (Fig. 2b), leaving a pure titanium surface (JPCDS 6–582) without modifying the typical SLA textured topography. The implants of the third group served as a control (SLAstd) to the two test groups. After etching, this implant group was not further treated; the SLA surface was therefore enriched with titanium hydride and presented its characteristic topography (Fig. 1b). Sample size was n = 8 for each group.

Animal model

Implants were inserted in the mandible of two adult female Land Race pigs weighting 180–200 kg. This specific animal model allows for the placement of up to 8–10 implants per hemi-mandible. Animal sacrifice is not necessary because implants can be retrieved through segmental osteotomy.

The canines and premolars were extracted in both sides and the sockets were left to heal for 3 months. This provided a 90–100 mm space per hemi-mandible for implant insertion. A flap was raised and implants were placed according to the manufacturer's instructions. Implants were left to heal in the submerged way instead of transgingivally because dental hygiene cannot be performed in this animal model without anesthesia. Implants were randomly inserted in alternation, starting with SLAstd, followed by SLAalt and then by SLAT. After placement, the flaps were sutured over the implants.

After 10 weeks of healing, the animals were anesthetized. Blocks containing the implants were obtained through segmental osteotomy. They were fixed in buffered formalin and processed for histology. Two thin central slices of $30-40\,\mu\text{m}$ were obtained at each implant and stained with Paragon. Histomorphometry was performed using a light microscope coupled with a color image analyzing system (Samba, Allocate, France) at $\times 30-50$ magnification.

Statistics

In this study, the first hypothesis was that surface alteration has the capacity to decrease the bone implant contact (BIC) when compared to the control surface state. The second hypothesis was that the titanium hydride-rich surface layer plays a determinant role in the bone response to







Fig. 3. Micrograph of an implant belonging to the SLAstd control group. The marrow spaces are closed by thin bone trabecules. This suggests that the SLA surface has good osteoconductive properties. Original magnification, $\times 25$.

Fig. 4. Micrograph of an implant belonging to the SLAstd control group. Bones trabecules were found, oriented perpendicular to the threads. Note also the marrow spaces between the threads, closed by thin bone trabecules running along the SLA surface. Original magnification, \times 10.

Fig. 5. Micrograph of an implant belonging to the SLAalt group. The alteration of the SLA topography at the thread level did not disturb the bone apposition process. Original magnification, $\times 25$.

the SLA surface, i.e. the SLA surface with titanium hydride achieves a higher BIC than the SLA surface without titanium hydride. Statistical analysis was performed using the Wilcoxon signed rank test for nonparametric data. The SLAstd and SLAalt groups were compared in a test where surface alteration was the variable (respectively, nonaltered surface vs. altered surface). The SLAstd and the SLAT groups were compared in another test where surface composition was the variable (respectively, surface with titanium hydride vs. surface without titanium hydride). Statistical significance was set at 5%.

Results

All implants remained submerged. All three groups showed a similar bone response. Of note, new bone closed the marrow spaces in contact with implant surface (Fig. 3). Bone trabecules were found to be preferentially orientated at the thread level of the implants (Fig. 4).

No specific bone features could be recognized at the heavily altered threads of the SLAalt group (Fig. 5). The BIC for this test group was $86.25 \pm 7.4\%$, the BIC for the control SLAstd group was $82.12 \pm 6.1\%$. The difference between these two groups was not statistically significant (P = 0.09); surface alteration did not decrease the level of BIC. The BIC for the test SLAT group without titanium hydride was $75.12 \pm 7.6\%$; the difference with the control group was not statistically significant (P = 0.05). The titanium hydride did not play a contributing role to the level of BIC for the SLA surface.

Discussion

The present histological findings are consistent with the results of Cochran et al. (1998). The SLA surface seems to have the ability to close the marrow spaces with new bone when inserted in rather spongious bone, leading to a quasi-continuous layer of bone running along the implant surface. This property could explain the higher BIC level recorded at the SLA surface when compared to the TPS surface (Buser et al. 1991). When pooled together, the mean BIC of the three groups was 81.16%, higher than the 72.33% reported by Cochran et al. (1998) after 12 weeks of healing. In our study, bone was more spongious than in the dog experiment of Cochran et al. (1998). It is probable that the SLA surface expresses more readily its osteophilic properties in spongious bone rather than in cortical bone, as described for bioactive coatings (Szmukler-Moncler et al. 2001). Less bone apposition was noted at the implant apex only. Another consistent finding was the preferential trabecular orientation and distribution at the implant threads (Fig. 4). Gross et al. (1990) attributed this feature to rough surfaces, in contrast to machined surfaces, which lead to bone corticalization. Bone trabeculization instead of corticalization leads to a faster implant immobilization; this could explain why SLA implants can be predictably loaded as early as 6-8 weeks after surgery in the

mandible and in the maxilla (Cochran et al. 2002).

Easy alteration of the SLA surface is reported in this study. This trait is not specific to the SLA surface but is common to all etched surfaces. The etching process carves the titanium surface at a depth of $2-5\,\mu\text{m}$ (Taborelli et al. 1997) and leaves a soft and smearable surface. Although delicate, the SLA surface allows for high micromechanical anchorage of bone in the created pits (Wong et al. 1995). Curiously, this soft surface is able to achieve reverse torque resistance as high (Buser et al. 1999) or even higher than the hard TPS surface (Wilke et al. 1990).

Easy smearing of the SLA surface might be an advantage over the TPS surface when cleaning procedures are required at ITI implants, e.g. following surface exposure and plaque contamination. The TPS surface is peculiarly hard because the starting titanium hydride powder reacts with oxygen and nitrogen during the atmospheric plasma-spray process and forms hard oxynitride titanium compounds (Steinemann 1991). Its smoothing should require hard instruments. With the SLA surface, softer curetting instruments might be used, which could lead to a faster and more efficient cleaning procedure.

In the present experiment, heavy surface alteration was expressly performed. This is far from occurring under usual conditions, but may happen when implants are inserted in type I bone without pretapping. Our histological data show that it did not have any influence on bone response even at the threaded level. Surface alteration is spectacular as the darkened etched surface becomes shiny; however, the surface occupied by the smeared area is limited to approximately $50\,\mu\text{m}$ in width (Fig. Ic). Therefore, a deleterious bone reaction subsequent to any heavy SLA surface alteration is not to be expected.

Hydrogen diffusion in titanium is facilitated in the presence of native hydrogen (H^+) , when high temperatures (>80°C) and acidic environments (pH<3) are encountered (ASM Handbook of metals). All these conditions are met during the etching process (Szmukler-Moncler & Simpson 1996), therefore the titanium hydride-rich layer that is built-up during preparation of the SLA surface cannot be avoided. This means that the surface that served to establish the biological properties of the SLA surface (Wilke et al. 1990; Buser et al. 1991; Cochran et al. 1994, 1998; Martin et al. 1995) contained this titanium hydride-rich layer. The titanium hydride-rich layer could have dictated a distinct arrangement of the superficial dense titanium oxide layer (TiO₂) as has been observed for titanium alloys (Lausmaa et al. 1990) and could have created a distinct surface reactivity. According to the present BIC data, the surface composition of the SLA surface (with or without titanium hydride) did not appear to be a significant parameter dictating bone response. Therefore, it can be concluded that it is the topography of the SLA surface, with its combination of macro- and microroughness, that is responsible for its enhanced bone response when compared to other titanium surfaces (Buser et al. 1991; Cochran et al. 1998) and not its specific surface composition.

The titanium hydride and the trapped interstitial hydrogen of the SLA surface are separated from the biological environment by a dense stoichiometric layer of TiO₂ that prevents them from effusing (Taborelli et al. 1997) and interacting. Hydrogen effusion out of acid-treated surfaces has only been measured at >400°C under high vacuum conditions, when the TiO₂ layer starts to decompose (Taborelli et al. 1997). Subsequently, the titanium hydride contained in the SLAT group disappears from the surface by being thermodynamically 'pushed' toward the bulk, therefore it was no longer detectable by XRD (Fig. 2b). The only way to remove the titanium hydride completely from etched implants is to submit them to temperatures >400°C in vacuum (Taborelli et al. 1997). However, this thermal treatment decreases the mechanical properties of titanium, especially when coldworked (Steinemann 1991).

In conclusion, the present experiment has provided new information on the SLA surface implemented on ITI implants. Heavy local alteration of the topography and modification of the surface composition did not influence the bone response to the SLA surface. The soft and easily smearable surface may be advantageous when surface maintenance is required.

Acknowledgments: The staff at INRA Dijon is gratefully acknowledged for its outstanding professionalism. This study was partially supported by an AFI (Association Française d'Implantologie) grant.

Résumé

La surface de titane obtenue par sablage et mordançage (SLA) est une surface aisément altérable qui peut perdre sa texture typique. De plus, le processus de mordançage modifie la composition de surface du titane commercialement pur, ce dernier contenant du titane et 20 à 40% d'hybrides de titane. C'est pourquoi l'influence d'une altération de surface importante et l'influence de la composition au niveau de la surface SLA, c.-à-d. avec ou sans hybrides de titane ont été étudiées in vivo. Trois groupes d'implants ont été insérés dans des mandibules de porcs et laissés enfouis durant dix semaines; 1) un groupe contrôle SLA standard (SLAstd) qui renfermait de l'hybride de titane, 2) un groupe test avec une surface SLA fortement modifiée au niveau du filetage (SLAalt), 3) un groupe test avec une surface SLA sans hybride de titane (SLAT). La grandeur de l'échantillon était n=8. L'analyse histomorphométrique n'a pas montré de différence statistiquement significative entre le groupe contrôle (SLAstd : 82 + 6%), le groupe test à la surface altérée (SALalt : 86 + 7%) et le groupe test sans hybride de titane (SLAT : 75 + 8%). Les données suggèrent que l'altération de la surface SLA ne devrait pas être négative pour la réponse osseuse, si cela se produit. La surface SLA molle et facilement recouvrable peut être même un avantage lorsque la maintenance de surface est requise. La composition de surface ne jouait pas un rôle significatif dans la réponse osseuse pour la surface SLA. Les propriétés ostéophiliques de la surface SLA sont donc dûes à sa topographie de surface et non à sa composition de surface spécifique.

Zusammenfassung

Die Titanoberfläche, die man durch Sandstrahlen und Ätzen (SLA) erhält, ist eine leicht zu verändernde Oberfläche, die verschmieren kann, und so die typische Struktur verliert. Zusätzlich verändert der Ätprozess die Zusammensetzung der Oberfläche von handelsüblichem reinem Titan, so dass man dort Titan und 20 – 40% Titanhydrid vorfindet. Daher hat man die Auswirkungen einer massiven Oberflächenveränderung und den Einfluss der Zusammensetzung der SLA-Oberfläche, zum Beispiel mit und ohne Titanhvdrid in vivo untersucht. Man implantierte in den Unterkiefer eines Schweins drei verschiedene Gruppen von Implantaten und liess sie während 10 Wochen subgingivai einheilen: 1) Die Kontrollgruppe mit standard mässigen SLA-Oberflächen, die Titanhydrid enthält (SLAstd), 2) eine Testgruppe mit SLA-Oberfläche, die bei den Schraubenwindungen massiv verändert worden war (SLAalt), und 3) eine Testgruppe mit SLA-Oberläche ohne Titanhvdrid (SLAT). Die Anzahl der Testkörper war n=8. Die histomorphometrischen Analysen zeigten zwischen der Kontrollgruppe (SLAstd: 82.12 + 6.1%), der Testgruppe mit veränderter Oberfläche (SLAalt: 86.25 + 7.4%) und der Testgruppe ohne Titanhydrid (SLAT: 75.12 + 7.6%) keine statistisch signifikanten Unterschiede. Die Daten lassen vermuten, dass wenn eine Veränderung der SLA-Oberfläche eintritt, sich dies nicht unbedingt negativ auf die Knochenantwort auswirken muss. Die weiche und leicht verschmierte SLA-Oberfläche mag sogar ein Vorteil sein, wenn es um die Stabilität der Oberfläche geht. Die Zusammensetzung der Oberfläche spielte keine

entscheidende Rolle bei der Knochenantwort auf die SLA-Oberfläche. Somit kann man schliessen, dass die knochenfreundlichen Eigenschaften der SLA-Oberfläche auf ihre Topographie und nicht auf eine ganz spezifische Zusammensetzung zurückzuführen.

Resumen

La superficie de titanio obtenida por pulverización y gravada (SLA) es una superficie fácilmente alterable que se descama y pierde su típica textura. Además, el proceso de gravado modifica la composición de la superficie del titanio comercialmente puro, este último contiene titanio y una adición del 20 - 40 % de hidruro de titanio. Por lo tanto, se investigó en vivo, la influencia de una fuerte alteración de la superficie SLA, i.e. con o sin hidruro de titanio. Se insertaron tres grupos de implantes en la mandíbula de cerdos Land Race y se dejaron cicatrizar durante 10

semanas de manera sumergida, 1) un grupo de control de SLA estándar (SLAstd), que contiene hidruro de titanio, 2) un grupo de prueba con una superficie SLA fuertemente alterada a nivel de las roscas (SLAalt), 3) un grupo de prueba con una superficie SLA sin hidruro de titanio (SLAT). El tamaño de las muestras fue de n=8. El análisis histomorfométrico no mostró una diferencia estadísticamente significativa entre el grupo de control (SLAstd: 82.12 + 6.1%), el grupo con superficie alterada (SLAalt : 86.25 + 7.4%) y el grupo de prueba de SLA sin hidruro de titanio (SLAT: 75.12 + 7.6%). Los datos sugieren que la alteración de la superficie SLA no debe ser perjudicial para la respuesta ósea si ocurriese. La superficie SLA blanda v fácilmente descamable puede incluso ser una ventaja cuando se requiere un mantenimiento. La composición de la superficie no jugó un papel significativo en la respuesta ósea a la superficie SLA, por lo tanto, se pude concluir que las propiedades osteofílicas de la superficie SLA se deben a la topografía de su superficie y no a la composición de la superficie.

要旨

サンドブラストとエッチングを施したチタン表 面(SLA)は、容易に汚れて、その典型的な性状 が失われる、変化しやすい表面である。さらにエ ッチングの過程により、商用純チタンの表面組成 が変わり、チタンと約20-40%のチタン水素 化物を含むようになる。従って本研究では、SLA 表面において、顕著な表面変化と組成すなわちチ タン水素化物を含む場合、含まない場合の影響を in vivo で調べた。Land Race 豚の下顎骨に3群の インプラントを埋入して、そのまま10週間治癒 させた:すなわち1)チタン水素化物を含む標準 SLA対照群 (SLAstd)、2) ねじ山レベルで 顕著に変化させたSLA表面を有するテスト群 (SLAalt)及び3)チタン水素化物を含まない SLA表面のテスト群(SLAT)である。標本 サイズは、n=8であった。組織形態計測法によ る分析では、対照群(SLAstd: 82.12+6. 1%)、表面を変化させたテスト群(SLAalt: 86.25+7.4%)及びチタン水素化物を含 まないテスト群(SLAT:75.12+7.6%) の間に、統計学的な有意差は認められなかった。 同データは、SLA表面はもし変化が生じても、 骨の反応に悪影響を及ぼさないことを示唆してい る。柔らかく簡単に汚染されるSLA表面は、表 面の維持が必要な場合には有利でありうる。表面 組成は、SLA表面に対する骨の反応において重 要な役割を果たさなかったので、SLA表面の肯 親和性は、表面の局所形態によるものであり、特 異的な表面組成によるものではないと結論しうる。

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